



ATHLETIC HANDBOOK 2022-2023





## ATHLETIC HANDBOOK 2022-2023

#### **MEMBERSHIP**

Calhoun Community College is a member in good standing of the National Junior College Athletic Association (NJCAA & NJCAAE) and the Alabama Community College Conference (ACCC). All policies and procedures of these organizations are published in an annual handbook. Calhoun Community College participates under all guidelines mandated by the National Junior College Athletic Association (NJCAA), the National Junior College Athletic Association Esports (NJCAAE) and the Alabama Community College Conference (ACCC) and Collegiate Fishing Organizations. The Calhoun Community College Athletic Department competes in the Northern Division of the ACCC as NJCAA Division I and Division II participants. Calhoun Community College and the ACCC may implement additional guidelines for student-athletes' success.

Calhoun Community College is committed to equal opportunity in employment and education. The College does not discriminate in any program or activity on the basis of race, color, religion, gender, age, national origin, disability, marital status or any other protected class.

Calhoun Community College is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate degrees. Questions about the accreditation of Calhoun Community College may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097, by calling (404) 679-4500, or by using information available on SACSCOC's website (www.sacscoc.org).

Calhoun Community College is a tobacco-free college.

#### INTRODUCTION

"Success is born out of faith, an undying passion, and a relentless drive."

Stephen Curry Professional Basketball Player

Welcome to the Calhoun Community College family. Thank you for joining our Calhoun Athletic teams. The Calhoun collegiate experience is anchored by an athletic legacy and a rich tradition of quality education. Your life will be enriched by your presence at Calhoun.

This Athletic Handbook was written to familiarize student-athletes and their parents with the policies and procedures in the Athletic Department. This handbook is written within the guidelines of the policies and regulations of Calhoun Community College beginning on page 6 of the College Catalog and in no way supersedes any policy of the College. All student-athletes and members of the Athletic Department are expected to abide by the procedures in this handbook and exemplify model citizenship at the college and in the community. In addition to the Athletic Handbook, student-athletes must adhere to the policies, procedures and regulations outlined in the College Catalog and Student Handbook.

All questions or concerns not answered by this handbook should be directed to the Athletic Director, Dr. Nancy Keenum, and/or to Dr. Patricia Wilson, Vice President of Student Services.

#### **NJCAA ALL-AMERICANS**

2011

**Hunter Kelly - Baseball** 

2016

**Carson Jones - Baseball** 

2018 - 2019

Sam Murphy - Golf

ATHLETIC
GRADUATION
RESULTS
2022

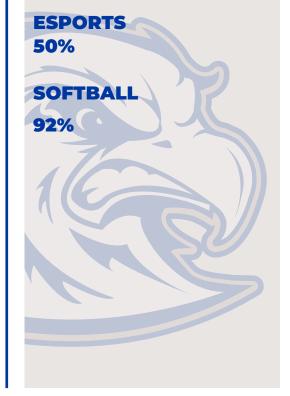
BASEBALL 80%

CROSS COUNTRY N/A

FISHING N/A

MEN'S GOLF 80%

WOMEN'S GOLF



Jun 26 – July 26

#### ATHLETIC HANDBOOK 2022-2023

Fall Semester			
Fall Kick-Off	Τ	Aug	16
Duty Days	R-T	Aug	11-16
Registration/Duty Day	M-T	Aug	15-16
Classes Begin	W	Aug	17
Drop/Add	W-M	Aug	17-22
Holiday – Labor Day	M	Sep	5
Outcomes and Assessment Day	F	Oct	7
Holiday - Veterans Day	F	Nov	11
Duty Day (No Students)	W	Nov	23
Holiday – Thanksgiving	R	Nov	24
Holiday – Day after Thanksgiving	F	Nov	25
Final Exams	W-T	Dec	7-13
Duty Day	W-R	Dec	14-15
Fall Grade Reporting by Noon	R	Dec	15
Non-Instructional Duty Days	F-R	Dec	16-22

Minisession I:	Aug 17 – Oct 11
Minisession II:	Oct 12 – Dec 8
Weekend Minisession I:	Aug 20 – Oct 1
Weekend Minisession II:	Oct 8 – Dec 3
	(No class on 11/26)

#### **Spring Semester**

Registration/Duty Days	M-F	Jan	2-6
Professional Development	W	Jan	4
Regular Session Classes Begin	M	Jan	9
Drop/Add	M-R	Jan	9-12
Holiday - Dr. Martin Luther King Jr.	M	Jan	16
Spring Break	M-F	Mar	27-31
Spring Break/Non-Instructional Duty	Days	M-W Ma	ar 27-29
Spring Break/College Closed	R-F	Mar	30-31
Assessment Week	M-S	Apr	10-15
Final Exams	M-S	May	1-6
Duty Day	M	May	8
Spring Grade Reporting by Noon	Τ	May	9
Graduation	F	May	12

Minisession I:	Jan 9 – Mar 4
Minisession II:	Mar 6 – Apr 28
Weekend Minisession I:	Jan 14 – Mar 4
Weekend Minisession II:	Mar 11 – May 6 (No class on 4/1)

#### **Summer Semester**

Minisession II:

Faculty Duty Days	W-R	May	10-11
Registration Days and Non-Instructional Duty Days	M-F	May	15-19
Classes Begin	M	May	22
Drop/Add		May	22-24
Holiday - Memorial Day	M	May	29
Delayed Start Begins	M	June	5
Juneteenth Holiday	M	June	19
Independence Day	M	July	4
Final Exams	W-T	July 27	- Aug 2
Duty Day	W	Aug	3
Summer Grade Reporting by Noon	R	Aug	4
Minisession I:		May 22 –	Jun 23

#### The College will be closed the following ten holidays:

Monday	September 5, 2022	Labor Day
Friday	November 11, 2022	Veterans Day
Thursday	November 24, 2022	Thanksgiving Day
Friday	November 25, 2022	Day After Thanksgiving
Friday	December 23, 202	Christmas Eve Observance
Monday	December 26, 2022	Christmas Day Observance
Friday	December 30, 2022	New Year's Day Observance
Monday	January 16, 2023	Martin Luther King, Jr. Day
Monday	May 29, 2023	Memorial Day
Monday	June 19	Juneteenth Holiday
Tuesday	July 4, 2023	Independence Day

#### In addition, the College will be closed the following days:

December 27, 2022
December 28, 2022
December 29, 2022
March 30, 2023
March 31, 2023
April 1, 2023

#### **GENERAL INFORMATION**

Founded: September 1947
President: Dr. Jimmy Hodges
Enrollment: Approx. 9,000

Conference: National Junior College Athletic

Association

Region XXII Division I & II

Team Colors: Royal Blue and White Nickname: Warhawks/Lady Warhawks

#### ATHLETIC STAFF

#### **Academic Advisor**

Gina Loosier

M.A., University of North Alabama

#### **Athletic Director**

Dr. Nancy Keenum

Ed.D., Nova Southeastern University

#### **Baseball Coach**

Cody Gaskill

B.S., Athens State University

#### **Cross Country Coach (M&W)**

Tiffany Bain

M.A., University of Alabama

#### **Softball Coach**

Bart Stephenson

B.S., Athens State University

#### Men's Golf Coach

Richard Morgan

B.A., University of Alabama

#### Women's Golf Coach

Shawn Pickens

B.B.A., University of West Alabama

#### **Esports Coach**

Casey Knighten

B.A., University of Alabama

#### Men's Basketball Coach

Derrick Powell

M.A., Grand Canyon University

#### Women's Basketball Coach

Candace Byrd-Vinson

B.S., Birmingham Southern College

#### **Volleyball Coach**

Jamiee Freeman

M.A., Alabama A & M University

#### **Fishing Coach**

Doug Ezzell

B.S., Mississippi State University

#### **Athletic Secretary**

Crystal Higginbotham

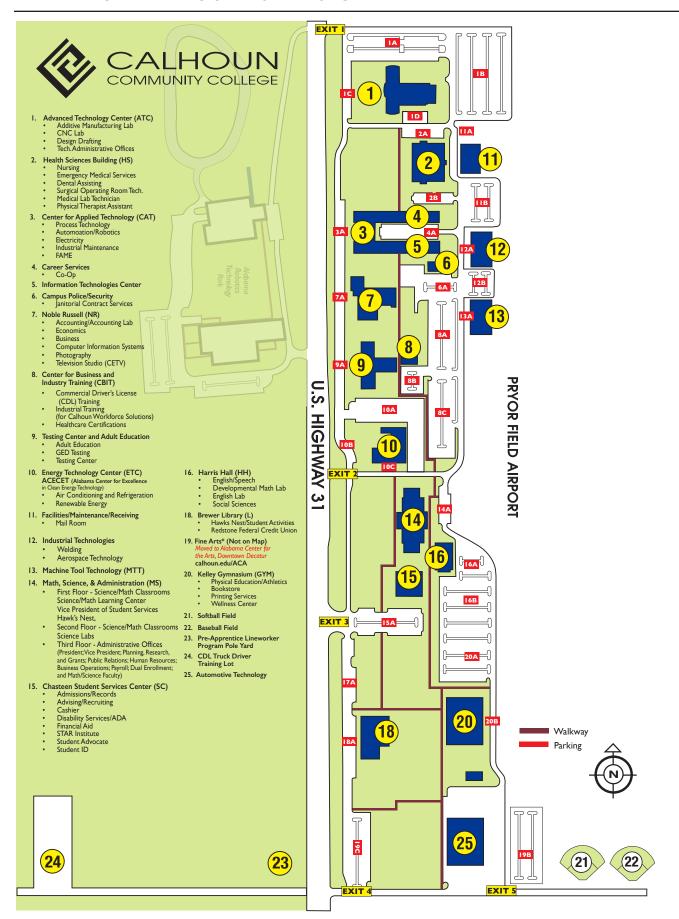
B.B.A., Athens State University

#### **Athletic Trainer**

**Encore Rehabilitation** 

#### **IMPORTANT CONTACTS**

Abaanaaa (Carriaania ili	Toothyrator
	Instructor
_	Gina Loosier
	STAR Institute
•	Advising Center
_	Admissions Office
	Gina Loosier/Coach
	Admissions Office
	Gymnasium/Dr. Nancy Keenum
	Gymnasium/Crystal Higginbotham
• •	Bookstore
Career Information/Job Placemen	t Career Services/
	Kelli Morris
Catalogs	Admissions Office
Clubs & Organizations	Student Activities Facilitator/
	Student Advocate Office/
_	Nicole Ricketts
Counseling Services	Vice President of Student Services
	Disability Services/
	Dr. Ina Wilson Smith
Fees/Refunds	Business Office
	Vice President of Academic Affairs
•	lent Financial Services/Pam Thurman
	Adult Education
	Instructor
_	Admissions
• •	Admissions
	Security/Campus Police Office
	Math Learning Ctr.
	Music Department
	Chasteen Student Center
	Advising Center
·	Registrar/Admissions
	Admissions Office
	Gina Loosier
·	lent Financial Services/Pam Thurman
	Business Office/Carla Larry
	Student Financial Services
	SGA
	Valerie Cox
	Student Government Office
Testing (proctored)	Testing Center
Transcripts	Admissions Office
	Advising Center
Transfer Credit to Calhoun	Registrar
Withdrawal (from College or certa	in courses) Academic Advisor/Coach
Work Study Stu	ident Financial Services (Cherri Scott)





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Calhoun Switchboard	
Security /Campus Police	
Emergency Calhoun Security	
Dr. Jimmy Hodges	(256) 306-2555
President	
jimmy.hodges@calhoun.edu	
	(256) 306-2743
Vice President of Student Services	
patricia.wilson@calhoun.edu	(256) 206 2050
Dr. Nancy Keenum	
Athletic Director	Kelley Gym/K-101
nancy.keenum@calhoun.edu	Cell: (256) 306-6030
Gina Loosier	(256) 306-2761
Athletic Academic Advisor	
gina.loosier@calhoun.edu	(256) 206 2050
Crystal Higginbotham	(256) 506-2858 Kelley Gym/K-100
Athletic Office Secretary crystal.hiqqinbotham@calhoun.edu	Kelley Gylli/K-100
Shawn Pickens	(256) 206 2546
Women's Golf Coach	(230) 300-2340 Kelley Gym/K-102
shawn.pickens@calhoun.edu	Cell: (256) 577-4296
Richard Morgan	. ,
Men's Golf Coach	Kelley Gym/K-102
richard.morgan@calhoun.edu	Cell: (256) 468-9945
Cody Gaskill	, ,
Baseball Coach	Kelley Gym/K-105
cody.gaskill@calhoun.edu	Cell: (931) 625-3727
Bart Stephenson	, ,
Softball Coach	Kelley Gym/K-108
bart.stephenson@calhoun.edu	Cell: (256) 898-4905
Tiffany Bain	(256) 306-2853
Cross Country Coach	Kelley Gym/K-109
tiffany.bain@calhoun.edu	Cell: (256) 508-1324
Doug Ezzell	(256) 306-2859
Fishing Coach	Kelley Gyml/K-102
doug.ezzell@calhoun.edu	Cell: (256) 777-4369
Jamiee Freeman	
Volleyball Coach	Kelley Gym/K-106
jamiee.freeman@calhoun.edu	Cell: (256)694-8731

Casey Knighten	(256) 260-4302
Esports Coach	Noble Russell 133J
casey.knighten@calhoun.edu	Cell: (256) 652-3521
Tyler Andrews	(256) 306-2776
Esports Coach	Harris Hall/H-249
tyler.andrews@calhoun.edu	
Derrick Powell	(256) 306-2770
Men's Basketball Coach	Kelley Gym/K-107
derrick.powell@calhoun.edu	Cell: (334) 303-3013
Candace Byrd-Vinson	(256) 306-2867
Women's Basketball Coach	Kelley Gym/K-109
candace.byrd@calhoun.edu	Cell: (256) 874-0774
Bookstore - Kelley Gym	(256) 306-2767
Business Office	
Math-Science-Administration Building	
Financial Services	(256) 306-2624
Pam Thurman, pam.thurman@calhoun.ed	du
STAR Institute	
Chasteen Student Center	
Wellness Center - Kelley Gym/K-126	(256) 306-2792
Team Physicians	
Decatur Orthopaedic Center	
Athletic Insurance (secondary)	800-445-3126
Bob McCloskey Insurance (BMI)	
Athletic Trainers	(256) 350-6331
Encore Rehabilitation	
Drug Testing	(256) 353-4325
Occupational Health Group	•
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### Alabama Community College Conference www.acccathletics.com

#### **CALHOUN STUDENT-ATHLETES:**

Participation in intercollegiate athletics is a privilege. Academic success is a primary goal of our athletic staff. As a student-athlete, expectations are high and much is required in your "PASSION FOR SUCCESS" (PFS) pursuit. We wish you the best and look forward to sharing in your success!!



Dr. Nancy Keenum Athletic Director



**Crystal Higginbotham Athletic Secretary** 



**Tiffany Bain** Cross Country Coach



Dear Student-Athlete:

**LETTER from the PRESIDENT** 

Welcome to Calhoun Community College! As the College's President, I am pleased to have you as a Calhoun Warhawk. Our athletes are some of the most outstanding students on our campus, both academically and as representatives of the College within our community.

I look forward to getting to meet each of you. Please know that we are here

to assist you as you navigate your journey to academic and career success!

Enjoy your time at Calhoun and go Warhawks!!



Sincerely,

President

Jimmy Hodges, Ed.D.



Gina Loosier

Athletic Academic Advisor

**Cody Gaskill** Baseball Coach



Softball Coach



**Bart Stephenson** 



**Candace Byrd** Women's Basketball Coach

**Shawn Pickens** 

Women's Golf Coach



STUDENT SERVICES

**LETTER from the** 

**VICE-PRESIDENT of** 

Dear Student-Athlete:

Is it my pleasure to welcome you to Calhoun Community College, Calhoun

has a rich tradition of academic excellence and outstanding athletic performance. Your status as a student-athlete affords you the unique opportunity to excel, both in the classroom and on the field of play. I encourage you to take full advantage of available support services such as advising and tutoring to assist you in reaching your academic goals this year. Finally, feel free to contact me if I can be of assistance.

Dr. Patricia Wilson

Vice President of Student Services

Sincerely,



**Derrick Powell** Men's Basketball Coach



**Richard Morgan** Men's Golf Coach



**Doug Ezzell** Fishing Coach



**Jamiee Freeman** Volleyball Coach



**Casey Knighten Esports Coach** 

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#### **STUDENT RECORDS and TRANSCRIPTS**

The Family Educational Rights and Privacy Act of 1974 (FERPA) sets the requirements pertaining to the privacy of student records. Calhoun Community College will follow the guidelines as outlined on pages 11-12 of the College Catalog.

#### **DUE PROCESS for Student-athleteS**

Student-athletes are guaranteed procedural due process in all cases involving formal discipline charges. The Vice President of Student Services, in her role as student advocate, will attempt to deal informally with discipline problems before the filing of formal charges. Emphasis, either informally or with a formal charge, will be placed upon achieving a satisfying resolution rather than on seeking to emphasize guilt and punishment. In the event resolution of the conflict cannot be informally mediated by the coach, the Athletic Director, or the Vice President of Student Services, formal proceedings will follow as outlined in the College Catalog.

#### **ACADEMIC COUNSELING and ADVISING**

Gina Loosier, academic athletic advisor, is available to advise student-athletes each semester as to class courses and transfer requirements. Athletes must meet with Mrs. Loosier before registration each semester. An additional athletic academic advisor may be assigned.

In addition, the Career Services staff assists student-athletes and prospective student-athletes in making educational, personal, and career choices. Career planning and job placement opportunities are available to all student-athletes enrolled at Calhoun Community College. Computerized and printed information is available on salaries, employment opportunities, and educational requirements for hundreds of different careers as well as interest inventories, information on job search skills, and job placement. Student-athletes wishing to take advantage of this service should make an appointment in the Career Services office, located in building #4 on the Decatur campus, (256) 306-2602.

#### **Student-athlete RIGHTS**

Each student-athlete will be requested by his/her coach

to complete an athletic information form. This form provides information for the coach, athletic secretary, and public relations office. It provides important information in the preparation of brochures and news releases. It is important that the student-athlete read and sign the form on the back page. Due to the Privacy Act (which deals with the releasing of confidential information about students), it is required that a signed copy of the form be on file before any information may be released on an individual athlete.

#### **EQUITY in ATHLETICS DISCLOSURE ACT**

The Equity in Athletics Disclosure Act (EADA) requires coeducational institutions of higher education to prepare annually – and make available to students, potential students and the public – a report on participation rates, financial support, and other information on men's and women's intercollegiate athletic programs. This information is on file in the Vice President of Student Services office.

"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."

— Michael Jordan

**Basketball Player** 

"There may be people that have more talent than you, but there's NO excuse for anyone to work harder than you do."

— Derek Jeter

**Baseball Player** 

#### **PROCEDURES for REGISTRATION**

- Confer with Gina Loosier, academic advisor, and your coach, each semester. Arrange an appointment during the appropriate registration date and time by calling 256-306-2736. Current academic schedules for registration are available at www.calhoun.edu/ class-schedules-and-registration-information/
- All student-athletes will be responsible to register online for classes after they have been advised by Gina Loosier. Follow procedures at www.calhoun. edu. Click MyCalhoun. Log in with "A" number and PIN (DOB). Student-athletes do not have schedule change access.
- 3. All college fines must be paid before submitting an academic schedule for registration.
- 4. Do not drop or withdraw from a class without permission from the academic advisor and your coach. All schedule changes will be made by Gina Loosier.

#### **ATHLETIC SCHOLARSHIP BOOKS**

- 1. Pick up your schedule and books from the bookstore at the assigned date/time. Student-athletes must have a picture ID and a copy of their schedule
- 2. During finals week, return ALL books to the athletic office. Return all unopened/unused codes. You must return books before departing campus for the semester break.

IF A STUDENT WITHDRAWS FROM A CLASS, THE BOOK SHOULD BE RETURNED TO THE BOOKSTORE IMMEDIATELY.

If you fail to follow all textbook procedures, you may be required to pay for your books and a transcript hold will be placed on your account.

#### **COURSE PLACEMENT TESTING**

Student-athletes may be required to complete the placement examination before registration. College

guidelines and exemptions are located in the college catalog at **catalog.calhoun.edu**.

The placement test is administered at the Decatur and Huntsville campuses by appointment. Call 256-306-2648 (Decatur), or 256-890-4770 (Huntsville), to schedule an appointment or you may register online at www.cal-houn.edu/advising.

#### **SELECTIVE SERVICE**

Act No. 91-584 passed by the Alabama Legislature requires that males 18-26 must register with the Selective Service before they may enroll with any state educational institution.

#### PARKING and TRAFFIC REGULATIONS

Student-athletes who are enrolled at Calhoun Community College are required to affix a parking pass to the rear view mirror of their automobile or where visible on motorcycles, regardless of location. Athletes will receive the decals at the initial athletic meeting or you may obtain your decal in the Chasteen Student Center.

#### **GRADUATION**

Calhoun Community College awards the Associate in Arts, the Associate in Science, and the Associate in Applied Science degrees, and certificates for non-degree programs.

Apply for graduation by October 15 of your sophomore year. All athletes are expected to graduate with a degree upon completion of their eligibility. Instructions on how to apply for graduation are available at **calhoun.edu/graduation**. Students who are awarded a degree or certificate will receive a printed document for each credential earned, free of charge. Students participating in the graduation ceremony are required to purchase the graduation package (cap, gown, diploma cover, etc.) from the bookstore for approximately \$50. Currently, the graduation fee is waivered by the President of the college.

#### **FINANCIAL AID**

All athletic scholarship recipients must apply for Financial Aid.\* Student-athletes should communicate with personnel in the Office of Student Financial Services. Additional information may be found in the College Catalog. Other financial aid programs available at Calhoun Community College includes the following:

- 1. Pell Grants
- 2. Federal Supplemental Education Opportunity Grants (FSEOG)
- 3. Federal Work-Study
- 4. Federal Direct Student Loan
- 5. Alabama Student Assistance Grants (ASAG)
- 6. Scholarships
  - a. Academic
  - b. Senior Adult Program Scholarship
  - c. Calhoun Foundation
  - d. Fine Arts
  - e. Student Activity and Leadership
- Veterans, Service Members, and Their Dependents' Benefits
- 8. Workforce Investment Act (WIA)

Calhoun students are not allowed to receive additional Calhoun scholarships combined with an athletic scholarship. Athletes may receive FSEOG or Work-Study in addition to an athletic scholarship. If a student-athlete receives additional scholarships from an outside agency that covers tuition, a refund check will be mailed to the student's permanent address after the 4th week of the semester.

#### **SCHOLARSHIPS**

\* All student-athletes are required to complete a Free Application for Federal Student Aid (FAFSA) each year.

### LETTERS OF INTENT/INSTITUTIONAL SCHOLARSHIPS

Athletic scholarships and manager scholarships will cover the cost of books, tuition, and fees for a maximum of 73 semester hours, not including remedial classes or team activity classes. Esports/Fishing Institutional scholarships do not include books. Physical education courses corresponding to the athlete's intercollegiate team will be allowed in addition to the 73 hours. The Athletic Scholarship/Institutional scholarships will provide seven credit hours during summer school but not to exceed the yearly semester hour limit. Student-athletes will be allowed one (1) online course during the summer term. The annual 35-semester hour limit will be adjusted to meet the 73 two-year limit. If an athlete

withdraws from a class, he/she will be required to pay for the course in the future. The athletic scholarship will pay to repeat a class one time if the student fails the course.

The estimated value of an athletic scholarship each year is \$12,000 for in-state student-athletes and \$17,000 for out-of-state student-athletes. Esports Institutional scholarships are valued at \$8,750. Annual estimates are calculated for Fall, Spring, and Summer terms to include tuition, books (if appropriate), and fees.

Recipients of an athletic scholarship will be asked to sign a Scholarship Agreement Form and a National Letter of Intent (LOI). The LOI will be filed with the National Junior College Athletic Association. Esport and Fishing recipients will complete the Institutional Scholarship document. In addition, copies will be retained by the College and the scholarship recipient. All student-athletes must complete a FAFSA to receive a scholarship.

Cancellation of an athletic scholarship/institutional scholarship is permitted:

- If the athlete becomes ineligible for participation in athletics because of academic and/or disciplinary reasons; (OR)
- For misconduct (unrelated to athletic ability) found by the person or body in charge of general discipline at the institution, after following the same procedures as in other disciplinary matters, to be serious enough to warrant permanent suspension or dismissal from the athletic program; (OR)
- 3. Volunteer non-participation.
- If the athlete elects to not participate on the team, he/she forfeits their scholarship and will be responsible for all current and future tuition, books, and fees immediately.

As part of the athletic scholarship agreement, each scholarship recipient will be issued books and/or online codes from the College Bookstore each semester. It is the student-athlete's responsibility to turn in books immediately upon completion of your finals and to pick up books at the assigned time, if applicable. Book codes must be returned with the books if unopened and/or unused. Failure to do so will result in the athlete purchasing books for the next semester. These books are on loan; therefore, athletes will be responsible for any charges resulting from damage or loss. Should the athlete fail to return the books, a hold will be placed on the student's account.

Student-athletes may be asked to complete an exit evaluation/interview when they leave the Calhoun Athletic Department.

#### **INSURANCE COVERAGE**

Calhoun Community College provides accident insurance coverage for student-athletes, managers, and student coaches. The accident insurance provides coverage for intercollegiate play, practice, and travel. Insurance coverage is not provided for students participating in a tryout. Any student participating in a try-out will be asked to sign a Release from Liability and Hold Harmless Agreement.

All injuries should be immediately reported to the Head Coach. The coach will speak with the Encore Athletic Trainer to determine if medical treatment is required. All medical evaluations and physical therapy appointments should be scheduled at a convenient time, as not to miss class or practice. Contact your coach before scheduling an appointment for medical services. The studentathlete and coach are required to complete a BMI (Bob McCloskey Insurance) injury report on the day of the injury, before the initial doctor's visit. The athlete MUST present the physician's office with the signed injury report and a copy of the Insurance Referral form (see Appendix). A copy of the injury report form will remain in the Athletic Office.

The accident insurance policy provided by the College is secondary coverage and will be implemented over any other coverage you or your parents may have. The athletic insurance is negotiated through the ACCC conference annually. There is a \$ 5,000.00 deductible that must be met before Calhoun's insurance is activated. The Calhoun Community College athletic insurance will not cover any co-payments required by the primary insurance until the \$5,000 deductible is met. For uninsured student-athletes, BMI will be the primary coverage and will cover intercollegiate play, practice, and travel after the \$5,000.00 deductible is met.

The college may assist student-athletes with unpaid medical expenses for an injury during a college activity. Students must complete the Uninsured Medical Costs Claim Form in the Appendix and submit all requested documents to Dr. Nancy Keenum. The primary insurance must have been exhausted before students requesting assistance. If you have questions, contact Mrs. Carla Larry at the Business Office (256) 306-2540.

Calhoun Community College does not provide health insurance coverage for student-athletes. Insurance coverage for any health-related illness is the responsibility of the student-athlete.

Each individual who participates in the athletic program at Calhoun Community College must have completed their insurance information questionnaire and a copy of their personal insurance card on file in the athletic office to receive athletic insurance coverage. All information must be completed and on file before the first athletic contest.

If an athlete has an injury during practice or a game, the athlete must present a copy of the BMI Injury Claim form (signed by the coach) to the physician or Emergency Room attendant and a copy of their insurance information on the initial visit. The claim form is to be returned to Crystal Higginbotham, the athletic secretary, the following school day.

Calhoun Community College has 90 days to file the injury report with Bob McCloskey Insurance, **www.bobmccloskey.com**. To complete the insurance claim, the student-athlete must have the BMI Injury Claim form (appendix, page 14), itemized physician/physical therapy/hospital statements, and the primary carrier statement to the Athletic Office. All paperwork must be completed in a timely manner. Claims will not be processed without all required elements.

#### **MEDICAL INFORMATION**

The National Junior College Athletic Association requires each athlete to have a physical examination before participating in any athletic practice session and/or event. All student-athletes and managers must pass a physical examination by the Calhoun physicians before the first official practice to be eligible for athletic insurance coverage.

All student-athletes at Calhoun Community College must complete an athletic health examination record. Student-athletes will receive the required documentation for the physician to complete in the mail. This examination record aids the physicians in performing a complete physical examination.

All students will be required to sign a drug test consent form with the ACCC and college, giving the athletic department staff permission to drug test the student at any time. The drug policy is created by the Alabama Community College System. Student-athletes are subject to random drug testing throughout the year. The ACCC Drug Policy is on pages 23-27.

Athletes will be advised of Covid protocols as they become available by the NJCAA, ACCC and college.

#### ATHLETIC HANDBOOK 2022-2023

#### **ELIGIBILITY**

There are four levels of compliance for all athletes at Calhoun Community College.

- 1. National Junior College Athletic Association (NJCAA)
- 2. National Junior College Athletic Association Esports (NJCAAE)
- 3. Collegiate Fishing Authorities
- Alabama Junior & Community College Conference (ACCC)
- 5. Calhoun Community College

The steps for achieving and maintaining athletic eligibility as mandated by the NJCAA, NJCAAE, ACCC, and the College Fishing Association are outlined below under REQUIREMENTS FOR ATHLETIC ELIGIBILITY.

Calhoun Community College has established certain eligibility regulations outlined below under ACADEMIC STANDARDS OF PROGRESS.

### REQUIREMENTS for ATHLETIC ELIGIBILITY

The following rules shall be used to determine a student's eligibility for athletic competition in any one of the certified sports of the NJCAA.

- A. Student-athlete must be making satisfactory progress within an approved college program or course as listed in the college catalog.
- B. Student-athletes must be enrolled full-time using any combination of sessions within a term, and in classes that begin before the end of the sport season in which the student-athletes choose to participate, within 18 calendar days from the beginning of the term. Student-athletes that do not conform to this rule will be ineligible for the remainder of the term.
- C. Student-athletes must maintain enrollment in 12 or more credit hours of college work as listed in the college catalog during each term of athletic participation. Student-athletes who drop below 12 hours are ineligible until full-time status is regained within that term.
- D. Student-athletes will be enrolled in 15-16 credit hours each semester
- E. First Season Academic Requirement: A first season participant must satisfy the academic progress eligibility requirement by meeting ALL of the requirements of at least ONE of the following rules or exceptions which apply to the student's situation:
  - Zero (0) Previous Terms of Full-Time College Enrollment: A student-athlete who is in his/her first full-time college term is deemed to have satisfied the academic progress eligibility requirement for their initial term of full-time enrollment or participation, OR
  - One Previous Term of Full-Time College Enrollment: On or before the 18th calendar day (not to end on a weekend or Federal Holiday) of the student-athletes second full-time college term must have accumulated 12 credit hours with a GPA of 1.75 or higher, OR
  - 3. Two or More Previous Terms of Full-Time College Enrollment: On or before the 18th calendar day (not to

- end on a weekend or Federal Holiday) of the third fulltime, and all subsequent terms of full-time enrollment, a student-athlete must have passed 12 credit hours with a GPA of 2.00 or higher in the previous term of fullterm enrollment.
- 4. Best Hours Accumulation Rule: On or before the 18th calendar day (not to end on a weekend or a Federal Holiday) of the term the student-athlete wishes to participate in, a student-athlete must have accumulated passing credit hours with an associated GPA of 2.00 or higher in a number equal or greater than the student-athlete's terms of full-time enrollment multiplied by twelve
- 5. Total Hours Accumulation Rule: On or before the 18th calendar day (not to end on a weekend or a Federal Holiday) of the term the student-athlete wishes to participate in, a student-athlete-must have accumulated passing credit hours with a GPA of 2.00 or higher in a number equal or greater than:
  - a. 36 total semester hours for a fall season or 48 total semester hours for a spring season, OR.
  - A student-athlete may only use this rule once per sport within the same semester. Once this rule is exhausted, the student-athlete must meet the requirements to maintain eligibility.
- F. Second Season Academic Requirements: Prior to a studentathlete's participation in a second season of a sport he/she must meet the appropriate academic requirements of a first season participant AND
  - 1. Have accumulated 24 earned/passing semester hours with a GPA of 2.00 or higher, OR
  - 2. Have accumulated 36 quarter hours with a GPA of 2.00 or higher.
  - 3. If the student-athlete has been enrolled in two quarter terms or less, the second season requirement becomes 28 quarter hours with a 2.00 GPA or higher.
- G. The NJCAA did not charge any student-athlete participation in the NJCAA sport during the 2020-2021 academic year at an NJCAA member institution with a season of participation.
- H. Student-athletes in their last academic term MAY participate while enrolled in a minimum of six (6) credit hours. All six (6) credit hours must begin before the end of the published regular season schedule of the student-athletes' chosen sport. The institution must document that the student who has not graduated is carrying the courses necessary to complete the degree requirements, as determined by the institution. Once this one-time allowance is exhausted, the student-athlete must meet the full-time requirement of 12 or more credits.
- I. Students not enrolled during the term when the season begins remain ineligible throughout the season schedule unless they enroll on the first possible enrollment date following
  - 1. Their release from Active Armed Services of the United States with a discharge other than dishonorable.
  - 2. Their return from a religious mission.
  - 3. Their graduation from a high school or receipt of an equivalency diploma.
  - 4. Their transfer from an NJCAA member college which dropped a sport after the school year begins.
  - 5. A student attending a multi-campus college may, if at a campus of his/her enrollment a sport is not offered, participate in that sport at any campus within the system that offers the sport.
- . Students must not have previously competed during two (2) seasons in a given sport at any intercollegiate level.

For 2021-2022, the NJCAA is allowing a student who was enrolled in Spring2020 and/or Spring2021 as a sport participant is allowed a third year of eligibility. The student must meet all current eligibility requirements.

- K. Students that satisfy one of the five exceptions in "I" become eligible after the previous term has ended upon registration as a full-time student for the new term. (Students must be added to the eligibility form before participating.)
- L. AMATEURISM

Amateur athletes are those who engage in sports for the physical, mental, or social benefits they derive in participation and to whom athletics is an avocation and not a source for personal financial remuneration. An athlete must maintain amateur status at all times once they reach their 19th birthday or initially enroll as a full-time student in college, whichever comes first. They must maintain their amateur status until their NJCAA eligibility in a sport is exhausted.

M. Name, Image & Likeness Bylaw

The Name, Image, & Likeness Bylaw will promote and provide opportunities for student-athletes in the area of name, image, and likeness. Under the bylaw, the following acts shall not cause a student-athlete to lose his or her amateur status in the NJCAA:

- Participating in radio or television programs for the purpose of promoting an amateur athletic event.
- Receiving compensation for supervision of physical education, playground, or recreational activities.
- Receiving compensation for use of name, image, or likeness to promote any commercial product or enterprise, or public or media appearance so long as it does not conflict with the institutions existing partnerships, sponsorships, and agreements.
- A member institution allowing a student-athletic to receive compensation in compliance with their state law.
   The following acts remain prohibited in the NICAA:
- Institutional employees or boosters making direct payment to athletes; and
- Direct payments from the institution in exchange for athletic performance or as a recruiting inducement.
- Additional ACCC Guidelines are located in the appendix.
- N. TRANSFER

A student-athlete who has attended another college may not be immediately eligible for participation at Calhoun Community College. All NJCAA guidelines must be met prior to establishing eligibility. A Transfer Waiver, Release, and Transfer Tracking form is required for all transfer student-athletes.

O. HARDSHIP

A hardship is available for a student-athlete who suffers an injury, illness, or situation which results in the studentathlete's inability to complete a season and/or did not satisfy one of the eligibility rules. The student-athlete must not have participated in more than 30 percent of the college's regular season schedule. Hardship applicant must not have participated beyond the mid-point of the allowable sport schedule nor in the postseason. Postseason (regional, district or national tournament) games may not be counted as part of the regular season schedule for the purpose of acquiring a hardship. The injury/illness or situation must be season ending in nature. Entry into an athletic contest of any regular scheduled contest during the collegiate year shall constitute one (1) season of participation. A Hardship request must be filed with the NJCAA in a timely manner.

#### **ACADEMIC STANDARDS OF PROGRESS**

Academic standards of progress have been developed to ensure that you will be eligible to graduate from Calhoun Community College.

- Each team coach has responsibility for his/her team's academic progress.
- All student-athletes and managers will be required to attend study hall for 2 hours a week in the STAR Institute on campus. Students may also request virtual tutoring. Two weekly tutoring appointments satisfy the study hall requirement.
- Grade checks will be distributed to your instructors by your coach each semester within one week of midterm to evaluate your progress.
- All student-athletes and managers who fall below a "C" in any course at the mid-term may be required to attend additional study hall and tutoring.
- 5. All student-athletes and managers who fail to have a 3.0 overall grade point average at the end of the semester may be required to attend an additional weekly study session the entire subsequent semester.
- No student-athlete will participate in tournament play if academic eligibility requirements were not met at the end of the term.
- In the off-season, a student-athlete with a grade point average below 3.0 and who refuses to participate in study sessions, may forfeit his/her chances of signing a scholarship agreement for a second year.
- 8. All students must come prepared to the STAR Institute with books, paper, and writing instrument to study for the entire session.
- 9. The team coach and/or academic advisor will be involved with arranging study hall and/or tutorial sessions.
- 10. Students are not required to be enrolled during the fall term to be eligible to participate in baseball or softball during the spring season.
- 11. Student-athletes who fail to attend study hall in the STAR Institute will have consequences defined by the coaching staff and Vice President of Student Services.
- 12. Students who have a 3.6 GPA the previous semester are not required to attend study hall. All incoming students must attend study hall.

The STAR Institute is located on the Decatur (Chasteen Student Center – Room 230) and Huntsville (Sparkman Building – Room 206) campuses. Many resources are provided, including one-on- one tutoring. Students can also attend group study sessions. STAR hours are Monday - Thursday, 8:00 am – 5:00 pm Virtual tutoring appointments through TutorTrac in MyCalhoun portal are available day, evenings and weekends. For more information, call (256) 306-2594.

- 13. Student-athletes are expected to address all college personnel (coaches, instructors, etc) by their earned title and with respect. First names are not appropriate.
- 14. All Athletic Department personnel and student –athletes will be required to abide by Covid guidelines of the NJCAA, ACCC, and Calhoun Community College.

#### **SOCIAL MEDIA CODE of CONDUCT**

Social Media is considered as any form of internet forums, blogs, podcasts, photographs, videos, and social bookmarking that can be found on public websites such as Twitter, Facebook, Instagram or Tumblr. As the user of such platforms, student-athletes are expected to conduct themselves with integrity and responsibility as members of their respective team. As a student-athlete, one must exhibit respectful behavior during all social media interactions, as well as display pride and respect for the college and community.

Any content that is shared must follow all acceptable social behaviors as addressed in the Student-athlete Code of Conduct Handbook. Any malicious use of social media platforms will not be tolerated. Violations of this policy will be subject to investigation and could further result in disciplinary action.

Such behavior includes:

- 1. Offensive language or remarks regarding fellow athletes, students, coaches, administrators, faculty and staff of Calhoun Community College or any other college or university.
- 2. Demeaning statements or threats that could potentially endanger the safety of another person.
- 3. Incriminating photos or statements regarding illegal criminal behavior, underage drinking, use of illegal drugs, sexual harassment or violence.
- 4. Indicating knowledge of any acts listed above.

#### ALCOHOL/DRUGS

Intoxication from, or the use, display, or possession of alcoholic beverages or any controlled substance (drug) as outlined by the *Code of Alabama*, unless the student has a valid prescription for the use of the respective controlled substance is prohibited on campus, or at any athletic event. It is illegal for a person under the age of 21 to consume or possess alcohol in the state of Alabama. Public intoxication, on or off campus, is a violation of the Calhoun Athletic Department and will result in disciplinary action, which may include suspension and dismissal from the athletic program. Any student-athlete who is cited for a Drinking Under the Influence (DUI), charge will be suspended from athletic competition and will abide by the current ACCC drug policy. See page 25. All student-athletes are subject to random urinalysis drug testing.

#### **TOBACCO FREE POLICY**

Calhoun Community College is committed to providing a safe and healthy environment for its employees, students

and visitors. The College recognizes the right of persons to make their own decisions about their personal use of tobacco products away from the College. However, in light of findings of the U.S. Surgeon General that exposure to secondhand tobacco smoke and use of tobacco products are significant health hazards, the College has established a tobacco-free environment on its campuses and in college vehicles. Consequently, the use, distribution, or sale of tobacco products, including the carrying of any lighted smoking instrument, in College buildings or in or upon other College premises or inside College-owned, rented or leased vehicles is prohibited.

For the purposes of this policy, a "tobacco product" is defined to include any lighted or unlighted cigarette (including electronic cigarettes), cigar, pipe, bidi, clove cigarette, and any other smoking product, as well as smokeless or spit tobacco, also known as dip, chew, snuff or snus, in any form.

All College employees, students, visitors and contractors are required to comply with this policy, which shall remain in force at all times. Any College employee or student found to be in violation of the tobacco-free policy will be subject to a monetary fine. Tickets will be issued by a campus police officer for violations of Calhoun's tobacco-free policy. Monetary fines will be imposed as listed below, depending on whether the offender is an employee or student.

Any visitor or contractor found to be violating this policy shall be asked to discontinue the disallowed activity, and any failure by a visitor or contractor to discontinue the disallowed activity after being requested to do so shall result in the visitor or contractor being escorted off the college premises by campus police.

#### **STUDENT FINES**

Any Calhoun student found to have violated this policy shall be subject to the following fines: 1st ticket – \$25.00 fine, 2nd ticket - \$25.00 fine.

All fines must be paid within 7 days of ticketing. Fines that are not paid within the 7 days shall automatically double in amount.

A student who has a pending fine or fines may not register for classes nor have transcripts released until all fines are paid in full.

Any student wishing to appeal a fine arising from the finding of a tobacco-free violation under this policy may do so with the Vice-President for Student Services, Dr. Patricia Wilson.

#### **EMPLOYEE FINES**

Any Calhoun employee found to have violated this policy shall be subject to the following fines: 1st ticket – Warning, 2nd ticket - \$25.00 fine.

All fines must be paid within 7 days of ticketing. Fines that are not paid within the 7 days shall automatically double in amount.

Any employee wishing to appeal a fine arising from the finding of a violation of this policy may do so with the Vice President Academic Affairs.

With the exception of advertising in a newspaper, magazine, or similar publication that is not produced by Calhoun Community College, no tobacco-related advertising or sponsorship shall be permitted on College property or at college-sponsored events. No tobacco-related advertising or sponsorship shall appear in any publications produced by the College or by any club or association authorized by Calhoun Community College. For the purposes of this policy, the term "tobacco-related" applies to the use of a tobacco brand or corporate name, trademark, logo, symbol or motto, selling message, recognizable pattern of colors or any other indicia of product identification identical to or similar to, or identifiable with, those used for any brand of tobacco products or company which manufactures tobacco products.

The College President develops administrative regulations and procedures as necessary to implement this policy, including provisions for notification, signage, disciplinary consequences, complaint procedures and enforcement.

Procedures will be developed to offer or promote prevention and education initiatives that actively support non-use and address the risks of all forms of tobacco use. The College will also endeavor to have information available for its students and employees on community programs or services related to helping people stop the use of tobacco products.

#### **WEAPONS POLICY**

Calhoun Community College prohibits all firearms on campus or at athletic activities.

## "Champions keep playing until they get it right."

— Billie Jean King Tennis Player

"I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life a champion'."

— Muhammad Ali
Boxer

"There are three things we can't have. We can't have have complacency. We can't have self ishness. We can't lose our accountability.

- Nick Saban
Football Coach

"My parents taught me a long time ago that you win in life with people, and that's important, because if you hang with winners, you stand a great chance of being a winner."

— Pat Summitt
Basketball Coach

## MINIMUM STANDARDS FOR PARTICIPATION

Calhoun Community College offers team sports in the areas of baseball, softball, men's and women's basketball, volleyball, golf, fishing, cross country, and esports. In order to become a member of these teams, each individual must meet certain minimum standards. The coach will make the final decision as to the individuals who make the team based upon the minimum standards for participation listed below.

#### **BASEBALL/SOFTBALL**

#### **ALL PLAYERS**

- 1. Have ability to hit, throw, and catch a ball
- 2. Have the speed and quickness to run the bases
- 3. Have the ability to slide into bases
- 4. Have the ability to make quick decisions

#### **PITCHERS**

- 1. Have the control to throw strikes and control the speed of the ball
- 2. Have the ability to get batters out
- 3. Have the ability to throw different types of pitches at different speeds
- 4. Have the ability and mobility to field the position
- 5. Have the ability to make quick decisions on the mound

#### **FISHING**

- 1. Possess a boating license and the ability to transport, launch, and operate a bass boat.
- 2. Ability to cast multiple styles of reels.
- 3. Ability to tie various knots based on line type and lure.
- 4. Ability to operate trolling motor.
- 5. Have ability to make decisions and adjustments during tournament competition.

#### **VOLLEYBALL**

- 1. Ability to consistently set, pass attack and serve a volleyball.
- 2. Be able to execute ALL fundamentals of the game in tournament play.
- 3. Understand volleyball terminology
- 4. Have the ability to:

attack jump- 9'1"-9'5" block jump- 9'1"-9'5" vertical jump- 19.9"-22.6"

5. Have ability to make quick decisions.

#### **GOLF**

#### **MEN'S & WOMEN'S TEAM STANDARDS**

- Tournament competition experience is looked upon very strongly
- 2. Work ethic in classroom and on-course
- 3. Character and Attitude is of high standard
- 4. Scoring average 70-85

#### **ESPORTS**

- 1. Have the ability to make quick decisions
- 2. Have the ability to focus on a rapidly changing gaming environment.
- 3. Have serious work ethic in the classroom and in Esports.
- 4. Ability to play games competitively while maintaining a respect for all participants.
- 5. Comprehensive knowledge of the equipment that goes with participating in Esports (console/PC functions, use of mouse & keyboard/console controllers, proper uses of the equipment, etc.)

#### **CROSS COUNTRY**

#### **MEN'S & WOMEN'S TEAM STANDARDS**

- 1. Run 40-50 miles per week
- 2. Run a sub 23 (women) sub 20 (men) 5K preferred
- 3. Understand basic running terminology
- 4. Ability to make decisions and adjustments in competitive races.

#### **BASKETBALL**

- 1. Ability to consistently pass, dribble, and shoot the ball under pressure from all areas of the floor.
- 2. Consistently display on ball and help defensive principles.
- 3. Demonstrate ability to jump, rebound and perform post/guard fundamentals.
- 4. Understand basic basketball terminology and make quick decisions.
- 5. Possess agility and physical endurance to defend the entire court

ALL PLAYERS ARE EXPECTED TO HAVE A STRONG WORK ETHIC, FOLLOW INSTRUCTIONS, AND RESPECT ALL TEAMMATES, MANAGERS, AND COACHES. EXCEL ON AND OFF THE PLAYING SURFACE, BE COACHABLE, AND BE COMPETITIVE.

#### ATHLETIC CODE OF CONDUCT

#### **CONDUCT EXPECTATIONS**

The College assumes that entering student-athletes are adults who have developed mature behavior patterns, positive attitudes, and conduct above reproach. Student-athletes are treated in accord with this belief.

The College reserves the right to dismiss any studentathlete or member of the Athletic Department staff whose on-or-off campus behavior is considered undesirable or harmful to the College. Calhoun Community College is a public educational institution of the State of Alabama and, as such, shall not permit on its premises, or at any activity which it sponsors, the possession, use, or distribution of any alcoholic beverage or any illicit drug by any student, employee, or visitor. In the event of the confirmation of such prohibited possession, use, or distribution by a student or employee, Calhoun Community College shall, within the scope of applicable Federal and State due process requirements, take such administrative or disciplinary action as is appropriate. For a student, the disciplinary action may include, but shall not be limited to, suspension or expulsion. Athletes found in possession of alcohol or non-prescription drugs will be arrested and held until a parent(s) or quardian(s) can be notified.

For the protection and convenience of all student-athletes and the community, regulations prohibit disorderly conduct either on campus or in the classroom. Student-athletes participating in any unauthorized mass demonstration, or whose presence and/or actions constitute a general disturbance, or who fail promptly to obey any order to disperse given by any college official or by any duly constituted law enforcement officer, are subject to immediate suspension from the College. Reasonable quiet shall be maintained at all times in and around the College buildings. Possession of weapons on the campus is prohibited.

Student-athletes conducting themselves in such a manner as to disturb or disrupt a class will be told by the instructor to leave the classroom. The student-athlete may return to class as soon as he/she is capable of conducting himself/ herself as a mature adult. However, the second such offense would require the student-athlete to meet with the Vice President of Student Services.

The College Policies and Regulations are located in the current College Catalog and Student Handbook beginning on page 250 with pertinent information for all students:

#### TOPIC PAGE(S)

#### CODE OF CONDUCT 250-253

**Misconduct defined.** A student shall be subject to disciplinary action by the college for any form of dishonesty, including cheating, plagiarism, or furnishing false information to the college.

DISCIPLINARY ACTION	253-257
INTELLECTUAL PROPERTY FOR STUDENTS	257
COMPUTER USE POLICY	257-259
STUDENT COMPLAINT PROCESS	259-260
STUDENT GRIEVANCE PROCEDURES	260-278

#### **STUDENT RESPONSIBILITIES**

- 1. You must complete all application forms accurately and submit them on time to the proper department(s).
- 2. You must provide accurate information. Misreporting information on forms may be a violation of the law and may be considered a criminal offense.
- You must return all the necessary documentation, verification, corrections, and/or new information requested by the Athletic Department or other collegiate office.
- You are responsible for reading and understanding all forms that you are asked to sign and for keeping copies of them.
- 5. You must be aware of and comply with application deadlines for aid.
- 6. Work-Study recipients must not complete any workstudy assignments during classes, scheduled practice, or games.
- 7. Work-Study recipients are responsible for having their timesheets approved and sent to the Office of Student Financial Aid on the 16th of each month unless otherwise directed.

Additional information may be obtained from Dr. Nancy Keenum, Athletic Director.

#### **CLASS ATTENDANCE IS NOT OPTIONAL**

Your education comes first, athletics second, and everything else follows in the chain. Regular class attendance is important to gain and demonstrate competency in course concepts and skills. Students are expected to accept responsibility for class attendance and to complete in-class work assignments and examinations as scheduled by the instructor. Some college curriculums require attendance for program accreditation or certification. Students should consult departmental policies or guidelines for details. Student-athlete absences for game participation must be kept to a minimum. THE STUDENT-ATHLETE IS RESPONSIBLE FOR CLASS ACTIVITIES MISSED DURING ANY ABSENCE. IT IS THE STUDENT'S RESPONSIBILITY TO CONTACT THE INSTRUCTOR REGARDING MISSED ASSIGNMENTS OR TESTS FOR GAME ABSENCES.

### CALHOUN COMMUNITY COLLEGE ATTENDANCE POLICY

College instructors are required to provide a syllabus to each student enrolled in their course. The syllabus establishes the instructor's expectations, policies, procedures, course content, course schedule, and other information defining the requirements of the course for the student. Upon receiving the syllabus, students are deemed to be on notice of its contents and are assumed to understand and abide by the expectations, policies, and procedures stated therein. Students who have questions regarding the syllabus should *FIRST* consult their instructor and, if necessary, the department chairperson before contacting the dean. Online class attendance is generally measured by the completion of assignments or tests.

If a student fails to officially withdraw from a course, this could result in a grade of F and adversely impact financial aid.

#### FINAL EXAMINATION ATTENDANCE

Attendance at final examinations is mandatory. Such examinations are administered in all academic subjects at the end of each semester in accordance with an examination schedule issued by the Dean or designee. Any student who must miss a final examination has the responsibility of notifying his/her instructor to make arrangements to take the final examination on an alternate date, if possible. This is accomplished by filling out a form entitled "Permission to Alter Final Examination Schedule" which may be obtained in divisional/departmental offices. One copy of the form is retained by the faculty member and one copy is retained by the student. Faculty members should not change the published class examination schedule without prior approval from the Dean or designee.

A student-athlete's eligibility may be jeopardized if a student receives an incomplete (I) in a course. It is imperative that all student-athletes complete all assignments/tests missed in a timely manner.

#### WITHDRAWAL POLICY

A student-athlete's eligibility may be jeopardized if a student receives a withdrawal (W) in a course. It is imperative that all student-athletes complete all assignments/tests missed in a timely manner.

Student-athletes are not permitted to withdraw from a course without permission from Mrs. Gina Loosier, the athletic academic advisor, AND the team coach. The coach/academic advisor may require written verification/documentation from the instructor. If a student-athlete receives permission to withdraw from the course, the student-athlete may be required to complete the course the following semester if necessary to graduate. The student-athlete will be required to pay for the class in the future as a result of the withdrawal.

Gina Loosier will complete the withdrawal process for all student-athletes, once approved by the academic advisor/coach. DO NOT WITHDRAW FROM A COURSE WITHOUT A CONVERSATION WITH GINA LOOSIER AND COACH. Your team's eligibility is at stake!!

#### **CALHOUN CODE OF CONDUCT**

An athletic code of conduct has been established to inculcate discipline, teamwork, team pride, good sportsmanship, establish leadership, establish respect for rules and authority, and eliminate disruptive influences. Academic eligibility and academic standards of progress must be maintained. Failure to maintain eligibility and academic standards will result in the athlete not participating in games or practice as stipulated by the coach and the Athletic Department.

#### **PRACTICE**

- 1. Your attitude in practice is expected to be one of hustle, desire, and respect.
- Promptness at all practices and team meetings is required. Continued violations may result in dismissal from the team and loss of your scholarship.
- 3. Managers are an extension of the coach. They are expected to be treated with the same respect as the coaches.

#### COMPETITION

- 1. You are representing Calhoun Community College in different communities, cities, and towns. The only impression many of these people will have of Calhoun Community College is the one they form as we pass through their city. Conduct yourself in a way that will bring honor to yourself and this institution.
- 2. Transportation will be provided for road games. All players and managers will ride in college vehicles to and from all games/tournaments/events.
- 3. Arrival and departure times will be determined by the coach. If you are late, you will be left behind.
- 4. Team travel attire or uniforms will be worn on all trips unless directed by the coach. Student-athletes may be asked to wear dress clothes on occasion.
- 5. Any athlete or manager suspended from the team will not be allowed to travel with the team or sit on the team bench.

#### **NJCAA CODE OF CONDUCT**

This code of conduct applies to all regional, district and national events, as well as contests and tournaments sponsored by the National Junior College Athletic Association. Violations of the code of conduct occurring during the regularly scheduled season events shall be referred to the respective conference or region standards and ethics committee.

- A. Participants shall recognize the responsibility for proper conduct at any national tournament, event or contest sponsored by the NJCAA or its member colleges.
- B. Coaches shall recognize and assume responsibility for the actions of themselves and the team members. Each coach who has participants competing in the event shall be responsible for informing each participant about the Code of Conduct.

#### **BEHAVIOR**

Coaches, players, and institutional personnel must remember they are representatives of an institution of higher learning, its faculty, and administration and student body. As such they are expected to conduct themselves in a manner that would reflect credit on their team, institution, region and the NJCAA. Student-athletes, coaches and institutional personnel who are participating

in NJCAA events are subject to all NJCAA rules, regulations and penalties as stated in the NJCAA handbook as well as local, state and federal laws.

Inappropriate and unacceptable behavior by coaches, players or institutional personnel will not be tolerated before, during, or after contests; at the hotel or in public while representing their college. This Code of Conduct does not replace Article XVIII of the NJCAA handbook. Unacceptable forms of behavior include but are not limited to: Fighting, taunting, inappropriate celebration, disrespectful attitude toward opponents, officials, tournament administrators, use of profane and vulgar language, use of tobacco and/or alcohol, disrespectful attitude toward host hotel personnel, and unlawful activities.

#### **DEROGATORY COMMENTS**

Coaches, athletes or institutional personnel shall not make derogatory public comments regarding the administration of a tournament or officiating of contests during post-game interviews or at other times; to print or broadcast media, in news releases or institutionally produced news releases or under any conditions when their comments may become public. The head coach shall be fully responsible for assuring that no public comments are made by the coaching staff, student-athletes or institutional personnel about officiating, fighting or other incidents which occur during contests.

A coach shall not address or permit anyone in the team area to address uncomplimentary remarks to any game official during the progress of a contest or engage in conduct which might incite student-athletes or spectators against officials.

#### REPORTING

Violations of the Code of Conduct may be reported to the Executive Director of the NJCAA or his designee. Procedures and Penalties may be found in the NJCAA Handbook. See Dr. Keenum for more information.

Esports and the Fishing team have similar guidelines and expectations from the NJCAAE and Collegiate Fishing Governing Organizations.



#### ATHLETIC INSURANCE INSTRUCTIONS

The Alabama Community College Conference maintains a sports accident insurance policy for all covered athletic injuries. This policy in excess of any other valid and collectible insurance – it is a secondary policy and all claims <u>must be submitted to the athlete's primary insurance first</u>. Please send this with the student-athlete any time medical expense is incurred. This will help decrease the amount of time it takes to adjudicate a claim.

- 1. An injury report must be submitted (appendix) by a Coach;
- 2. Submit medical charges to any other insurance policy the patient is covered under first (regardless of whether the patient is the primary member or a dependent);
- 3. Once the primary insurance claim is processed, submit the itemized bill and primary carrier statement to the athletic office.

BMI Benefits, LLC P.O. Box 511 Matawan, NJ 07747 1-800-445-3126 www.bobmccloskey.com

Group Name: Alabama Community College Conference School: Calhoun Community College

3. Payment will be made directly to the medical provider unless otherwise requested.

Disclaimer: Claims submitted under the Alabama Community College Conference coverage are subject to all policy limitations and exclusions. This instruction sheet is not a guarantee of payment. It is intended only to facilitate submission of claims.

#### HOW TO FILE A CLAIM:

- 1. Complete this form within 90 days.
- Attach Itemized Bills and Primary Carrier Statements

  Mail to: BMI Benefits, LLC, P.O. Box 511, Matawan, NJ 07747 800-445-3126 (P) 732-583-9610 (F)



ANY PERSON WHO KNOWINGLY AND/OR WITH INTENT TO INJURE, DEFRAUD OR DECEIVE AN INSURANCE COMPANY OR OTHER PERSONS FILES A STATEMENT OF CLAIM CONTAINING FALSE, INCOMPLETE OR MISLEADING INFORMATION, MAY BE GUILTY OF INSURANCE FRAUD AND SUBJECT TO CRIMINAL AND SUBSTANTIAL CIVIL PENALTIES.

This part must b	e completed and signed by an offi	cial of the policyholder or t	the claim cannot be processed
	PART 1A:	POLICYHOLDER	
School/Organization	Policy		
School Mailing Address	City, S	tate, Zip	
Injured Person's Name	Birth date	Male 🗆	Female D
Date of Injury Time	Type of Sport	Part of body injured	
How did Injury occur?	_		
Sport Designation: Intercollegiate Intercollegiate	ramurals Practice Gan	ne Other	
At the time of the injury, was the injured involv	ed in an activity sponsored and superv	ised by the policy holder?	YES NO NO
Name of Supervisor	Was he/she		YES NO
Signature of Supervisor/Official	Title		Date
THE INJURED PERSON'S SOCIAL Injured Person's Social Security Number		PERSON'S INFORMATIO PROVIDED AS REQUIRE	ON ED BY THE CENTER FOR MEDICARE SERVICES
Injured Person's Home Address (Street, City,	State, Zip)		
Is the injured Person Employed? YES N	o If yes, please fill out Section	A below.	
Is the injured Person Married? YES N	O Spouse's Name		
Is the Spouse Employed? YES N	O If yes, please fill out Section	B below.	
Are you covered by any other insurance policy If Yes: Name of Insurance Carrier	, either as a dependent, group, individ		oility YE NO
	PARENT/GUAF	DIAN INFORMATION	
Father/Guardian Name		r/Guardian Name	
Address (Street, City, State, Zip)	Addre	ss (Street, City, State, Zip)	
Home Phone	Home	Phone	
Is the Father Employed? YES NO	Is the	Mother Employed? YES a	NO o
SECTION A (INSURED/FATHER)	SEC	TION B (SPOUSE/MOTH	ER)
Employer	Emplo	pyer	
Address (Street, City, State, Zip)	Addre	ss (Street, City, State, Zip)	
Business Phone	Busin	ess Phone	
Insurance Company F	Policy# Insura	nce Company	Policy#
findings and treatment rendered, X-rays and co foregoing authorization is granted with the under voluntarily waived. A Photostat of this authorization (HOSPITAL, PHYSICIAN AND OTHERS), UNL	pies of all hospital and medical record erstanding that any legal rights I may o ation shall be considered as effective a LESS A PAID RECEIPT OR STATEME	underwriting companies with s, all occasioned by profession dinarily have to claim commu nd valid as the original, PAYN NT ACCOMPANIES THE BIL	which it works, information which you may possess; including nal services and hospital care rendered on my behalf. The nications between us as privileged are hereby expressly and IENT WILL BE MADE TO THE PROVIDERS OF SERVICE

Claimant or Authorized Person's Signature

conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

#### **CLAIM FORM FRAUD STATEMENT**

#### FOR RESIDENTS OF ALL STATES OTHER THAN THOSE LISTED:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**ARIZONA:** For your protection, Arizona law requires the following statement to appear on this form: Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

**CALIFORNIA:** For your protection, California law requires the following statement to appear on this form: Any person who knowingly presents a false or fraudulent claim for payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

**COLORADO:** It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the department of regulatory agencies.

**FLORIDA:** WARNING - Any person who knowingly and with intent to injure, defraud or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

**NEW HAMPSHIRE:** Any person who with a purpose to injure, defraud, or deceive any insurance company, files a statement of claim containing false, incomplete, or misleading information is subject to prosecution and punishment for insurance fraud, as provided in RSA 638:20.

**NEW JERSEY:** Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

VIRGINIA: PLEASE NOTE that these fraud warnings DO NOT apply in the State of Virginia.

#### **STATEMENT OF NO OTHER INSURANCE**

I, NAME OF INSURED policy, through myself or my paren	, declare that I was not cov	, ,
Should any insurance become effective forward all eligible bills to the new to all other insurances and will pay	ctive during my treatment, I v	will notify BMI Benefits and enefits coverage is in excess
I understand that if any of these sta		
Insured Signature (or Parent Signat	ture if insured is a minor)	Date

#### **FRAUD WARNING:**

ANY PERSON WHO KNOWINGLY AND/OR WITH INTENT TO INJURE, DEFRAUD, OR DECEIVE AN INSURANCE COMPANY OR OTHER PERSONS, FILES A STATEMENT OF CLAIM CONTAINING FALSE, INCOMPLETE, OR MISLEADING INFORMATION MAY BE GUILTY OF INSURANCE FRAUD AND SUBJECT TO CRIMINAL AND SUBSTANTIAL CIVIL PENALTIES.



P.O. Box 2216 | Decatur, Alabama 35609-2216 | 256-306-2500 | www.calhoun.edu

### CLAIM FOR UNINSURED MEDICAL COSTS OR PERSONAL PROPERTY DAMAGE ON INSTITUTION PROPERTY

1. Name of	Claimant:					
2. Mailing A	ddress of Claimant:					
3. Home Tel	ephone Number:					
4. Business	Telephone Number:					
5. Date of A	ccident or Injury:					
6. Where did	d injury or damage occur?					
	t of facts (attach accident/incide					
8. Is this cla	im made for:					
a.	Uninsured medical expenses?	Yes	No			
	Was this an on-the-job injury? Amount: \$					
	Do you have insurance?					
	All medical expenses must be s to support the amount claimed showing the expenses that have	, such as item	ized bills and	insurance con	npany statem	ent(s)

#### CALHOUN COMMUNITY COLLEGE

b.	Permanent disability? Yes No	
	Amount: \$	
	Describe:	
	Attach detailed statement by doctor or vocational expert describing ex	
C.	Damage to personal property? Yes No	
	Amount: \$	
	Attach bills, receipts, etc. to substantiate amount claimed. If automobi	le, attach two estimates of repair costs.
	Describe property: (year/make/model of vehicle, watch, eyegla	sses, clothing, etc.)
	Do you have insurance that would cover all or part of the damage?	Yes No
	Amount of coverage: \$ Deductible: \$	<del></del>
	Have you filed for coverage to which you are entitled under your p	olicy? Yes No
d.	Miscellaneous/Other expenses? Yes No	
	Explain:	
	Attach documentation to substantiate.	
	Attach documentation to substantiate.	
TOTAL AMO	UNT CLAIMED (Combine A/B/C/D): \$	
•	his claim has been assigned by me and no amount has been paid to jury complained of herein except as set out as follows: (list amount	
<b>.</b>		
Signature	of Claimant	Date



## **CALHOUN WARHAWKS**FALL 2022 BASEBALL

DATE	TEAM	LOCATION	TIME
Thursday, September 13	ACCC Showcase	Hoover, AL	11:00/1:00 pm
Friday, September 16	Tennessee Wesleyan University	Athens, TN	ТВА
Friday, September 30	ACCC Showcase AUM – Montgomery, AL	Chattahoochee Valley Central Alabama	12:00 Noon 2:30 pm



## **CALHOUN WARHAWKS**FALL 2022 MEN'S GOLF

DATE	TOURNAMENT	HOST	COURSE	TIME
September 11-13	Dan York Memorial Tournament	Wallace State	Cross Creek Golf Course, Cullman, AL	ТВА
September 25-27	Chuck Kalanick Memorial Invitational	Snead State	Twin Bridges, Gadsden, AL	ТВА
October 23-25	Wallace State Match Play Event	Wallace State	Cross Creek Golf Course, Cullman, AL	ТВА
November 6–8	Jeff State Invitational	Jefferson State	Musgrove Country Club  – Jasper	ТВА



# CALHOUN LADY WARHAWKS FALL 2022 WOMEN'S GOLF

DATE	TOURNAMENT	HOST	COURSE	TIME
September 11-13	Snead State Invitational	Snead State	Twin Bridges, Gadsden, AL	TBA
September 25-27	Wallace State Invitational	Wallace State	Cross Creek, Cullman, AL	ТВА
October 30-Nov 1	Jeff State Invitational	Jefferson State	Musgrove, Jasper, AL	ТВА
November 13-15	Southern Union Fall Classic	Southern Union	Arrowhead, Montgomery, AL	ТВА



## CALHOUN LADY WARHAWKS FALL 2022 SOFTBALL

DATE	TEAM	LOCATION	TIME
Tuesday, September 6	University of Southern Tennessee	Pulaski, TN	3:00/5:00 pm
Thursday, September 22	Stillman College	Tuscaloosa, AL	12:00/2:00 pm
Friday, September 23	Columbia State CC	Columbia, TN	ТВА
Saturday, September 24	Coastal Alabama North CC	Monroeville, AL	1:00/3:00 PM
Friday, September 30	Calhoun Fall Fest	Decatur, AL	ТВА
Saturday, October 1	Calhoun Fall Fest	Decatur, AL	ТВА
Saturday, October 8	Tera Ross Invitational	Oxford, AL	ТВА



## **CALHOUN WARHAWKS FALL 2022 BASS FISHING**

DATE	TOURNAMENT	HOST	COURSE	TIME
October 8 – 9	ACA Collegiate Bass Open	Lake Dardanelle	Russellville, Arkansas	TBA
October 23	Southern Collegiate Bass Open Series	Lake Martin	Alexander City, AL	ТВА
November 23	Southern Collegiate Bass Open Series	Lake Guntersville	Guntersville, AL	ТВА



## **CALHOUN WARHAWKS FALL 2022 CROSS COUNTRY**

DATE	TOURNAMENT	HOST	COURSE	TIME
Friday, September 2	Firehawk Invitational	UT-Southern	Milky Way Farms Pulaski, TN	W 5:45 PM M 5:00 PM
Saturday, September 10	North AL Invitational	UNA	McFarland Park Florence, AL	W 7:45 AM M 8:30 PM
Friday, September 16	North AL Showcase	Montevallo	John Hunt Cross Country Park	W 8:15 AM M 7:30 AM
Saturday, October 1	Topper Trails Classic	Blue Mountain College	Blue Mountain, MS	W 10:00 AM M TBD
Friday, October 7	Calhoun Warhawk Invitational	Calhoun	Oakville Indian Mounds Park	W 4:45 PM M 4:00 PM
Friday, October 14	UAB Invitational	UAB	Montevallo	ТВА
Friday, October 28	ACCC/Region 22 Championships	ТВА	Choccolocco Park Oxford, AL	ТВА
Saturday, November 12	Nationals	ТВА	Tallahassee, FL	ТВА

#### ATHLETIC HANDBOOK 2022-2023

### 2022-2023 Women's & Men's Basketball Schedule

DATE	TEAM	LOCATION	TIME/SCORES
Sunday, October 2	JUCO Jam-University of West Georgia	Carrolton, GA	TBA (M)
Saturday, October 22	ABA North Alabama Wardawgs	Decatur	3:00 (M) (Scrimmage)
Friday, October 28	UT Southern JV	Decatur	6:00 (W) (Scrimmage)
Tuesday, November 1	Motlow	Decatur	5:30 (W) 7:30 (M)
Thursday, November 3	CCC of Louisiana	Decatur	2:00 (M)
Monday, November 7	Georgia Highlands College	Rome, GA	7:00 EST (M)
Thursday, November 3	Meridian Community College	Meridian, MS	5:30 (W)
Thursday, November 10	Itawamba Community College	Fulton, MS	5:30 (W)
Saturday, November 12	Tennessee Valley Prep (tentatively)	Decatur	3:00 (M)
Monday, November 14	Meridian Community College	Decatur	6:00 (W)
Monday, November 14	Georgia Highlands College	Decatur	7:30 (M)
Thursday, November 17	LB Wallace	Andalusia	5:30 (W) 7:30 (M)
Monday, November 21	Coastal South	Decatur	5:30 (W) 7:30 (M)
Tuesday, November 29	Enterprise	Enterprise	5:30 (W) 7:30 (M)
Friday, December 2	Bishop State	Decatur	5:30 (W) 7:30 (M)
Tuesday, December 6	Itawamba Community College	Decatur	6:00 (W)
Friday, December 9	Motlow	Tullahoma, TN	5:30 (W) 7:30 (M)
Monday, December 12	Northeast Mississippi	Booneville, MS	5:30 (W) 7:30 (M)
Wednesday, December 14	Huntingdon JV	Montgomery	TBA (W/M)
Tuesday, January 3	Pearl River Community College	Poplarville, MS	6:00 (W)
Monday, January 9	Bevill State	Decatur	6:00 (M)
Thursday, January 12	Southern Union	Wadley	5:30 (W) 7:30 (M)
Monday, January 16	Marion Military Institute	Marion	6:00 (M)
Wednesday, January 18	Gadsden State	Decatur	5:30 (W) 7:30 (M)
Friday, January 20	Chattahoochee Valley CC	Decatur	5:30 (W) 7:30 (M)
Monday, January 23	Shelton State	Tuscaloosa	5:30 (W) 7:30 (M)
Thursday, January 26	Lawson State	Birmingham	5:30 (W) 7:30 (M)
Monday, January 30	Snead State	Decatur	5:30 (W) 7:30 (M)
Wednesday, February 1	Wallace State	Decatur	5:30 (W) 7:30 (M)
Friday, February 3	Coastal North	Decatur	5:30 (W) 7:30 (M)
Monday, February 6	Bevill State	Jasper	6:00 (M)
Thursday, February 9	Southern Union	Decatur	5:30 (W) 7:30 (M)
Monday, February 13	Gadsden State	Gadsden	5:30 (W) 7:30 (M)
Wednesday, February 15	Shelton State	Decatur	5:30 (W) 7:30 (M)
Friday, February 17	Wallace-Selma	Selma	5:30 (W) 7:30 (M)
Monday, February 20	Lawson State	Decatur	5:30 (W) 7:30 (M)
Thursday, February 23	Snead State	Boaz	5:30 (W) 7:30 (M)
Tuesday, February 28	Wallace-Hanceville	Hanceville	5:30 (W) 7:30 (M)
March 7-11	ACCC Tournament		TBA

## Fall 2022 Volleyball Schedule

DATE	TEAM	LOCATION	TIME/SCORES
Monday, August 29	Snead State	Decatur	6:00
Tuesday, August 30	Wallace-Selma	Selma	1:00
Friday, September 2	Coastal Alabama South	Decatur	12:00
Friday, September 9	LB Wallace	Decatur	11:00
Monday, September 12	Bevill State	Fayette	3:00
Sunday, September 18	Coastal East Bishop State	Decatur	1:00 5:00
Wednesday, September 21	Gadsden State	Gadsden	5:00
Friday, September 23	Lawson State	Birmingham	5:00
Tuesday, September 27	Bevill State	Decatur	3:00
Thursday, September 29	Wallace Hanceville	Decatur	5:00
Tuesday, October 4	Enterprise Wallace-Selma	Decatur	3:00 6:00
Friday, October 7	Enterprise LB Wallace	Enterprise Andalusia	12:00 4:00
Saturday, October 8	Southern Union CC	Wadley	12:00
Tuesday, October 11	Southern Union CC	Decatur	3:00
Saturday, October 15	Coastal East Coastal South	Brewton Bay Minette	1:00 6:00
Sunday, October 16	Bishop State	Mobile	12:00
Tuesday, October 18	Lawson State	Decatur	5:00
Thursday, October 20	Snead State	Boaz	6:00
Sunday, October 23	Wallace-Hanceville	Hanceville	12:00
Wednesday, October 26	Gadsden State	Decatur	5:00
Friday, November 4 Saturday, November 5	Conference Tournament	ТВА	TBA

#### ATHLETE SUMMER BOOKS AGREEMENT

Address Line 1:	STUDENT NAME				A#	A#		
I understand that as an Athlete, I am responsible for a \$7.00 shipping charge to have my books mailed to me for Summer Semester. I understand that my books are on loan from the Athletics department and that I am responsible for turning in my books to the Athletics department on or by, I understand that if I am not able to return the books in person, I am responsible for any shipping costs to mail my books back to the Athletics department.  Signature Date  ATHLETIC WITHDRAWAL FORM  STUDENT NAME A#	Address Line 1:							
I understand that as an Athlete, I am responsible for a \$7.00 shipping charge to have my books mailed to me for Summer Semester. I understand that my books are on loan from the Athletics department and that I am responsible for turning in my books to the Athletics department on or by, I understand that if I om not able to return the books in person, I am responsible for any shipping costs to mail my books back to the Athletics department.  Signature Date  ATHLETIC WITHDRAWAL FORM  STUDENT NAME A#	Address Line 2 (o	otional):						
mailed to me for Summer Semester. I understand that my books are on loan from the Athletics department and that I am responsible for turning in my books to the Athletics department on or by	City			State		_ ZIP		
ATHLETIC WITHDRAWAL FORM  STUDENT NAME	maile depa or by	ed to me for S rtment and th	iummer Semester. I unde hat I am responsible for I understand tha	erstand that my books an turning in my books to at if I am not able to retui	re on loan f the Athletic rn the book	rom the Athletics s department on s in person, I am		
SPORT	Sign	ature			_ Date			
REASON FOR WITHDRAWAL  CLASS INFORMATION  COURSEINSTRUCTOR SIGNATURE  COACH/ADVISOR APPROVAL  APPROVE WITHDRAWAL? YES NO APPROVE WITHDRAWAL? YES NO  COACH'S SIGNATURE ATHLETIC ADVISOR'S SIGNATURE  ** Withdrawal Policy: Student-athletes are not permitted to withdraw from a course without permission from Ms. Gina Loosier, athletic academ advisor, AND the team coach. The coach/academic advisor requires written verification/documentation from the instructor. If the student-athlete every required to pay for the class if he/she chooses to take the class at a later dat Calhoun athletic scholarships do no pay to repeat a class from a previous withdrawal.			ATHLETIC	WITHDRAWAL FOR	RM			
CLASS INFORMATION  COURSEINSTRUCTORINSTRUCTOR	STUDENT NAME _				A#			
CLASS INFORMATION  COURSE	SPORT			DATE OF WITHD	RAWAL			
COACH/ADVISOR APPROVAL  APPROVE WITHDRAWAL? YES NO APPROVE WITHDRAWAL? YES NO  COACH'S SIGNATURE ATHLETIC ADVISOR'S SIGNATURE  ** Withdrawal Policy: Student-athletes are not permitted to withdraw from a course without permission from Ms. Gina Loosier, athletic academ advisor, AND the team coach. The coach/academic advisor requires written verification/documentation from the instructor. If the student-athlet receives permission to withdraw from the course, the student-athlete will be required to pay for the class if he/she chooses to take the class at a later data Calhoun athletic scholarships do no pay to repeat a class from a previous withdrawal.	REASON FOR WIT	HDRAWAL						
COACH/ADVISOR APPROVAL  APPROVE WITHDRAWAL? YES NO APPROVE WITHDRAWAL? YES NO  COACH'S SIGNATURE ATHLETIC ADVISOR'S SIGNATURE  ** Withdrawal Policy: Student-athletes are not permitted to withdraw from a course without permission from Ms. Gina Loosier, athletic academ advisor, AND the team coach. The coach/academic advisor requires written verification/documentation from the instructor. If the student-athlete permission to withdraw from the course, the student-athlete will be required to pay for the class if he/she chooses to take the class at a later date Calhoun athletic scholarships do no pay to repeat a class from a previous withdrawal.	CLASS INFORMA	ΓΙΟΝ						
COACH/ADVISOR APPROVAL  APPROVE WITHDRAWAL? YES NO  APPROVE WITHDRAWAL? YES NO  COACH'S SIGNATURE ATHLETIC ADVISOR'S SIGNATURE  *** Withdrawal Policy: Student-athletes are not permitted to withdraw from a course without permission from Ms. Gina Loosier, athletic academ advisor, AND the team coach. The coach/academic advisor requires written verification/documentation from the instructor. If the student-athlet receives permission to withdraw from the course, the student-athlete will be required to pay for the class if he/she chooses to take the class at a later dat Calhoun athletic scholarships do no pay to repeat a class from a previous withdrawal.	COURSE			INSTF	RUCTOR _			
APPROVE WITHDRAWAL? YES NO  APPROVE WITHDRAWAL? YES NO  ATHLETIC ADVISOR'S SIGNATURE  ** Withdrawal Policy: Student-athletes are not permitted to withdraw from a course without permission from Ms. Gina Loosier, athletic academ advisor, AND the team coach. The coach/academic advisor requires written verification/documentation from the instructor. If the student-athlet receives permission to withdraw from the course, the student-athlete will be required to pay for the class if he/she chooses to take the class at a later date Calhoun athletic scholarships do no pay to repeat a class from a previous withdrawal.	CURRENT GRADE		_ INSTRUCTOR SIGNAT	URE				
** Withdrawal Policy: Student-athletes are not permitted to withdraw from a course without permission from Ms. Gina Loosier, athletic academ advisor, AND the team coach. The coach/academic advisor requires written verification/documentation from the instructor. If the student-athlet receives permission to withdraw from the course, the student-athlete will be required to pay for the class if he/she chooses to take the class at a later date Calhoun athletic scholarships do no pay to repeat a class from a previous withdrawal.	COACH/ADVISOR	APPROVAL						
** Withdrawal Policy: Student-athletes are not permitted to withdraw from a course without permission from Ms. Gina Loosier, athletic academ advisor, AND the team coach. The coach/academic advisor requires written verification/documentation from the instructor. If the student-athlet receives permission to withdraw from the course, the student-athlete will be required to pay for the class if he/she chooses to take the class at a later data Calhoun athletic scholarships do no pay to repeat a class from a previous withdrawal.	APPROVE WITHD	RAWAL? YES	NO	APPROVE WITHDRAN	WAL? YES	NO		
advisor, AND the team coach. The coach/academic advisor requires written verification/documentation from the instructor. If the student-athlet receives permission to withdraw from the course, the student-athlete will be required to pay for the class if he/she chooses to take the class at a later data Calhoun athletic scholarships do no pay to repeat a class from a previous withdrawal.	COACH'S SIGNATU	JRE		ATHLETIC ADVISOR'S	SIGNATU	RE		
STUDENT SIGNATUREDATE	advisor, AND the tea	<b>m coach.</b> The ownithdraw from to	coach/academic advisor requ he course, the student-athlete	uires written verification/doct will be required to pay for the	umentation fr	rom the instructor. If the student-athlete		
	STUDENT SIGNAT	URE				DATE		

## ACCC DRUG EDUCATION and TESTING POLICY, 2022-2023

#### **INTRODUCTION**

#### **POLICY OVERVIEW**

The following Drug Education and Testing Policy (Policy) has been adopted by the Alabama Community College Conference (ACCC) Board of Members. The ACCC reserves the right to make changes to this Policy as needed, with the approval of the ACCC's Board of Members. This policy is intended as a minimum ACCC policy and each institution has the right to enhance it via a local College policy and procedure.

#### **PURPOSE AND MISSION**

The ACCC believes that random drug testing is appropriate to ensure that the overall purpose and mission of this Policy are accomplished. The overall mission of this Policy is to promote year-round banned substance free environment in the ACCC. With this mission in mind, the following goals have been established. The ACCC desires to:

- 1. Protect the health, safety, and welfare of our studentathletes;
- Identify student-athletes who may have concerns and/or concerning behavior surrounding the use, abuse, and/or misuse of alcohol, illicit substances, prescribed medications, and nutritional supplements;
- 3. Uphold the responsibility of the ACCC member colleges to provide educational programming that will not only inform the student-athletes about issues surrounding the use, abuse, and/or misuse of alcohol, illicit substances, prescribed medication, and nutritional supplements, but also support a positive decision-making process.
- 4. Promote fair competition in competitive athletics by ensuring and encouraging compliance with applicable rules and regulations regarding drug abuse.

In an effort to ensure the health, welfare, and safety of the student-athlete, the intent of this Policy is to prevent substance abuse and dependence by student-athletes through the following objectives: prevention and education, testing to provide a timely diagnosis, and professional guidance, treatment, and rehabilitation.

#### **PREVENTION AND EDUCATION**

Participants who are educated about substance use in sport are more likely to make informed and intelligent decisions about usage. As part of the education component of this Policy, each ACCC member college will:

- 1. Provide an annual explanation of this Policy to student-athletes, prospective student-athletes, and those associated with athletic teams;
- Disseminate information regarding alcohol and other drugs, their use and abuse, and effects of such use and abuse to all student-athletes and those associated with athletic teams;
- Utilize health education programs to educate studentathletes who are cited for an alcohol incident or who test positive for drugs;
- Conduct a drug and alcohol education program for student-athletes at least twice a year; and
- 5. Provide student-athletes and potential student-athletes with resources that will enhance their education on drug and alcohol use and abuse, such as:
  - a.NCAA website -www.ncaa.org/health-safety;
  - b.Dietary Supplement Resource Exchange Center website www.drugfreesport.com

These educational programs will be designed to:

- 1. Review athletic department, institutional, conference and national governing body policies related to alcohol, tobacco and other drugs;
- Inform those associated with intercollegiate athletics how to recognize the warning signs and side effects of specific drugs;
- 3. Educate the student-athlete and other appropriate personnel about the associated problems of drug and alcohol abuse, and how such use may adversely affect the student-athlete and his/her team and teammates:
- Encourage discussion about the use of drugs, dietary supplements, performance enhancing drugs and consumption of alcohol;
- 5. Identify rehabilitation programs as well as referral centers; and
- 6. Distribute educational materials to participants, including a list of banned substances and how drug usage may affect athletic performance.

Failure by a student-athlete to attend these educational sessions shall be considered a decision not to comply with this Policy and will result in the immediate suspension from all Athletic Department activities, conditioning, practices, and competitions.

### TESTING TO PROVIDE A TIMELY DIAGNOSIS

#### **CONSENT TO PARTICIPATE**

As a condition of participation in intercollegiate athletics in the ACCC, each student-athlete will be required to sign a consent form agreeing to undergo drug testing and authorizing release of the test results to the Athletic Director, Head Coach, College President, and ACCC Commissioner in accordance with this Policy. Failure to consent to or, in the case of consenting student-athlete, to comply with all requirements of this Policy will result in the athlete being ineligible for participation in sport.

Student-athletes that are under the age of majority in Alabama (18) will be required to have parental or guardian consent to participate in this Policy. Failure of the parent to sign the consent form will result in the student-athlete being ruled ineligible for participation in sport.

#### **PROHIBITED DRUGS/SUBSTANCES**

The drug testing process may include analysis of, but not limited to, the NCAA list of banned drug classes. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example on the NCAA list of banned-drug classes. For an ongoing updated list of the banned-drug list view the NCAA's website at **www.ncaa.org**.

Prohibited substances that ACCC schools will screen any sport for include, but are not limited to, marijuana, PCP, opiates, MDMA (Ecstasy), amphetamines, and cocaine. All student-athletes are required to keep their respective athletic director aware of any prescribed drugs and dietary supplements that he or she may be taking.

#### TYPES OF DRUG TESTING PROCEDURES

The ACCC Drug Education and Testing Policy testing component shall consist of two (2) types of drug testing. Any attempt to circumvent or tamper with drug testing collection process will result in the test being considered a positive test.

#### 1. UNANNOUNCED RANDOM TESTING

All student-athletes who have signed the ACCC drug testing consent form (Appendix A) are subject to unannounced random testing. Testing of the student-athlete will be conducted throughout the year at unannounced random intervals, utilizing an on-site testing device. Individuals conducting drug testing must be certified by a licensed drug testing distributor or lab.

Random individual and/or random team testing will be done at least twice a semester (fall and spring). FOR 2022-23 - Fall (first test deadline of September 30; second test deadline November 30) - Spring (first test deadline February 28; second test deadline April 21) NOTE: The Second test may not occur before the first deadline date. Each college will test at least ten percent of its total student-athletes at each random testing, and this testing can be conducted outside of the student-athlete's particular competitive season. For random testing, all student-athletes will be included in a pool of names from which they may be selected by a computerized method of random selection. This selection shall be done by each institution by utilizing random number selection. Each institution shall be responsible for maintaining an updated listing of student-athletes to provide an accurate random selection pool.

The unannounced random drug testing will be conducted on a zero to 24 hour notification basis, meaning that the student-athlete may be provided with zero to no more than 24 hours' notice of pending drug screen. Once notified, they are required to report for drug testing at the assigned time and place. Failure to report at the assigned time and follow appropriate procedures will result in the sanctions outlined below for a positive test.

#### 2. FOLLOW-UP TESTING

A student-athlete who has returned to participation in intercollegiate sports following a confirmed positive drug test under this policy will be subject to a follow-up test. Any and all costs associated with the assessment and any subsequent treatment or counseling resulting from a positive screen will be the responsibility of the student-athlete. Testing will be unannounced and will be required at a frequency determined by the Athletic Director or his/her designee.

#### NOTIFICATION AND REPORTING FOR COLLECTIONS

The student-athlete will be notified of and scheduled for testing by the delete Athletic Director. Failure to report at the designated time without justification and/or failure to

follow appropriate procedures will result in the sanctions outlined below for a positive test. Student-athletes shall provide picture identification when entering the drug testing station.

#### **SPECIMEN COLLECTION PROCEDURES**

All specimens will be collected following the ACCC's Specimen Collection Procedures, which can be found in Appendix B. Any attempt to circumvent or tamper with the drug testing collection process will result in the test being considered a positive test. The student-athlete that tries to circumvent or tamper with the drug testing collection process will still be required to provide a sample within their three hour time frame. An athlete that leaves the testing room without providing a testable sample will automatically receive a positive test result.

#### **REPORTING RESULTS**

All results will be made available to the Athletic Director. The Athletic Director will then notify the Head Coach. The student-athlete may present evidence of any mitigating circumstances that he/she feels may be important to the outcome of the drug test before the imposition of any intervention or required treatment or counseling program consistent with the appeals process described within the document. If the laboratory reports a specimen as substituted, manipulated or adulterated, the studentathlete will be deemed to have refused to submit to testing and treated as if the test were positive for a banned substance. Any confirmed positive drug test results are to be communicated by the Athletic Director within 24 hours to the College President and ACCC Commissioner. Individual records shall not be released to any other person, other than the student-athlete, without first obtaining a specific written authorization from the student-athlete (Appendix A)

#### MEDICAL REVIEW OF POSITIVE TEST RESULTS

All specimens identified as positive on the initial test shall be confirmed by the testing laboratory. A Medical Review Officer (MRO), who shall be a licensed physician with knowledge of substance abuse disorders, shall review and interpret positive test results obtained from the testing laboratory. The MRO shall:

- Examine alternate medical explanations for any positive test results. This action may include conducting a medical interview and review of the student-athlete's medical history, or review of any other relevant biomedical factors.
- 2. Review all medical records made available by the tested

student-athlete when a confirmed positive test could have resulted from legally prescribed medication. Before making a final decision on the results of the confirmed positive test, the MRO shall give the student-athlete an opportunity to discuss the result. The MRO will contact the student-athlete directly to discuss the results of the test or if unsuccessful in contacting the student-athlete directly, the MRO shall contact the designated representative who shall have the student-athlete contact the MRO as soon as possible.

#### **SANCTIONS**

A student-athlete who is found to have used of a prohibited substance will be sanctioned according to this Policy.

### Member colleges may have rules and sanctions that are more stringent than those outlined in this Policy.

These rules, when applied, shall be recognized and supported. However, at no time, shall a team policy, rule, or sanction minimize the requirements and sanctions of this Policy.

#### **FIRST OFFENSE**

- 1. The Athletic Director will report the confirmed positive drug test finding(s) to the ACCC Commissioner and College President.
- 2. The Athletic Director orhis/her designee will schedule a confidential meeting with the student-athlete and the head coach.
- 3. The Athletic Director or his/her designee may notify the student-athlete's parent(s) or legal guardian(s) by telephone and in writing.
- 4. The student-athlete will be suspended from 25% of all regularly scheduled games and/or dates during the current regular and/or postseason season or the subsequent regular season if a confirmed positive test occurs during the off-season. If the confirmed positive test occurs at such a time that the suspension is not completed by the end of the season in which the test occurred, the suspension from competition will be carried over to the regular season of the next academic year.
- 5. While serving his/her suspension, the studentathlete will not be allowed to participate in practices and team workouts.
- 6. The student-athlete will be required to attend an alcohol/drug assessment course scheduled by the Athletic Director or his/her designee. This course will be scheduled for the student-athlete once a positive test is confirmed. This class will be at the expense of

the student-athlete. This course must be completed before student-athlete will be allowed to return to competition.

- 7. A student-athlete must receive a negative follow-up drug test before he/she will be permitted to return to participation in the athletic program. A student-athlete is financially responsible for this follow-up test.
- 8. Student-athletes who are suspended for a confirmed positive drug test and successfully complete a substance abuse program will be required to submit to follow-up drug testing for the duration of his/her time while in the athletic program.

#### **SECOND OFFENSE**

- 1. The Athletic Director or his/her designee will report the confirmed positive drug test finding(s) to the ACCC Commissioner and College President.
- 2. The Athletic Director or his/her designee will schedule a confidential meeting with the student-athlete and head coach to review the confirmed positive drug test results.
- 3. The Athletic Director or his/her designee will notify the student-athlete's parent(s) or legal guardian(s) by telephone and in writing.
- 4. The student-athlete will be immediately dismissed from their respective athletic team and will forfeit their athletic scholarship.

### PROHIBITION FROM ENROLLING AT OTHER MEMBER COLLEGE

Students who are permanently suspended from an ACCC member college for failing to comply with this Policy will be prohibited from competing at any other ACCC member college until such student is in compliance with the drug policy.

### **MEDICAL EXCEPTIONS**

The ACCC recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the ACCC allows exception to be made for those student-athletes with a documented medical history demonstrating the need for regular use of such a drug. In order to be considered for a medical exception, the student-athlete must present this request to the Athletic Director prior to or at the time of any drug tests.

### **APPEAL PROCESS**

Student-athletes who test positive for a banned substance by the laboratory retained by the college may, within 72 hours following receipt of notice of the laboratory finding, contest the findings. The student-athlete must write (letter, email, etc.) his/her contest with the initial test.

Upon the student-athlete's request for additional testing of the sample, the Athletic Director or his/her designee will formally request the laboratory retained by the college to perform testing on specimen B. The student-athlete may choose to be present at the opening of specimen B at the laboratory. If the student-athlete does not wish to be present at the opening of specimen B, but desires to be represented, arrangements will be made for a surrogate to attend the opening of specimen B. The surrogate will not be involved with any other aspect of the analysis of the specimen. The student-athlete or his/her surrogate will attest to the sample number and the integrity of the security seal prior to the laboratory opening of specimen B. Specimen B findings will be final, and no further appeals may be made.

#### **ALCOHOL POLICY**

Student-athletes are required to conduct themselves in accordance with member policies, in addition to federal, state and local laws. To the latter, possession or consumption of alcoholic beverages by individuals under the age of 21 is a violation of state liquor laws (Minor in Possession/MIP). As such, the ACCC views the use of alcohol to be incompatible with the goal of athletic excellence. A student-athlete who is caught on or off campus with any type of alcohol violation (i.e., MIP, DUI/OWI, supplying a minor) will be suspended for 10% of the regular and/or postseason schedule.

# ENFORCEMENT OF ACCC DRUG EDUCATION AND TESTING POLICY

The following protocol will be utilized to ensure institutions comply with the ACCC Drug Education and Testing Policy:

### NOTIFICATION OF CONFIRMED POSITIVE DRUG TEST RESULTS

The ACCC must be notified of all confirmed positive drug test results within 24 hours of member institutions being notified of such results. Colleges failing to notify the ACCCof confirmed positive drug tests will be fined \$500 on the first occurrence, and will be ruled ineligible for postseason play in all sports on the second occurrence.

First Occurrence - \$750 Second Occurrence - \$1,500 Third Occurrence - \$3,000 Fourth Occurrence - \$4,500

#### **RANDOM AUDITS BY ACCC OFFICIALS**

The ACCC will randomly audit 25% of the teams during the athletic year. Upon receiving drug test results from each REQUIRED test period, ALL member colleges are REQUIRED to forward ALL results, including names, to the ACCC Commissioner, within two business days of receiving. Institutions will be deemed in non-compliance if:

- 1. Drug test results are not submitted within the 48hour timeframe; or
- 2. After review of materials submitted, teams are found to not be in compliance with the ACCC's Drug Education and Testing Policy.

### **SANCTION FOR NON-COMPLIANCE**

Schools not in compliance with the ACCC's Drug Education and Testing Policy will be fined on the first occurrence and will be ruled ineligible for postseason play in all sports on the second occurrence.

First Occurrence - \$750 Second Occurrence - \$1,500 Third Occurrence - \$3,000 Fourth Occurrence - \$4,500

If member institutions have teams that do not qualify in the current year for postseason play, those teams will be ineligible the following year.



### NAME, IMAGE, AND LIKENESS

Student-athletes may earn compensation for the use of their Name, Image and Likeness (NIL) if the compensation is provided by a third party unaffiliated with the student-athlete's member institution and may not lose their athletic eligibility provided they follow the guidelines of the National Junior College Athletic Association (NJCAA), Alabama Community College Conference (Conference), Alabama Community College System (ACCS), and/or State of Alabama policies and procedures.

Under NJCAA guidelines, the following acts shall not cause a student-athlete to lose their amateur status:

- Participating in radio or television programs for the purpose of promoting an amateur athletic event.
- Receiving compensation for supervision of physical education, playground, or recreational activities.
- Receiving compensation for use of NIL to promote any commercial product or enterprise, or public or media appearance so long as it does not conflict with the institutions existing partnerships, sponsorships, and agreements.
- A member institution allowing a student-athlete to receive compensation in compliance with their state law.

### Alabama Community College Conference Guidelines

A Conference member shall prohibit a student-athlete from entering into an endorsement contract with, or otherwise receiving compensation from, any of the following categories of brands or companies:

- A tobacco company or brand, including any tobacco product, alternative nicotine product, electronic nicotine delivery system, or any electronic nicotine delivery system retailer, or any specialty retailer of electronic-nicotine delivery systems or tobacco specialty store.
- Any alcohol beverage company or brand.
- Any seller or dispensary of a controlled substance, including, but not limited to, marijuana.
- Any adult entertainment business.
- Any casino or entities that sponsor or promote gambling activities.

A Conference member may prohibit a student-athlete compensation contract if such contract does not appear to be based on fair market value in the reasonable and good faith judgment of the member institution or if in the reasonable and good faith judgment of the member institution such contract would negatively impact or reflect adversely on the Conference member or its athletic programs.

A Conference member may prohibit a student-athlete from wearing any item of clothing, shoes, or other gear with the insignia of any entity while wearing athletic gear or uniforms licensed by a Conference member or otherwise competing in any athletic competition or member sponsored event.

Student-athlete may not wear any school and/or team apparel for any NIL activity, including, but not limited to, commercials, social media platforms, photos, etc.

Compensation for a student-athletes NIL may not be conditioned on athletic performance or attendance at a particular Conference member.

Compensation for the use of a student-athletes NIL shall be provided only by a third party not owned or operating under the authority of the student-athlete's member institution.

A Conference member, an entity with the purpose of supporting or benefitting the member or its intercollegiate sports, boosters, or any officer, director, or employee of the institution or entity may not compensate or cause compensation to be directed to a student-athlete or the family of a student-athlete for use of their NIL.

Before any contract for compensation for the use of a student-athletes NIL is executed, and before any compensation is provided to the student-athlete in advance of a contract, the student-athlete shall disclose that contract to his or her member institution in a manner prescribed by the member institution. The institution shall review such contract to determine its compliance with this policy.

A contract for the use of a student-athletes NIL, which is formed while the student-athlete is participating in an intercollegiate sport at a Conference member, may not extend beyond the student-athlete's participation in the sport at the institution.

A student-athlete may not receive or enter into a contract for compensation for use of his or her NIL in a way that also uses any registered or licensed marks, logos, verbiage, or designs of a Conference member, unless the Member has provided the student-athlete with written permission to do so prior to the execution of the contract. If permission is granted, the Conference member, by agreement of all parties, may be compensated for the use in a manner consistent with market rates or prior practice.

A Conference member may not prevent or unreasonably restrict a student-athlete from obtaining professional representation for the purpose of securing compensation for the use of the student-athletes NIL.

An individual representing a student-athlete for purposes of exploring or securing compensation for the student-athletes NIL shall be registered as an athlete agent with the state pursuant to Section 8-26B-4, Code of Alabama 1975, or shall be a licensed attorney and a member in good standing of the Alabama State Bar.

A student-athlete participating in intercollegiate sports at a Conference member shall provide the institution with written notice at least seven days prior to entering into a representation agreement with any individual for purposes of exploring or securing compensation for use of the student-athletes NIL.

A student-athlete's failure to disclose in advance any contract for compensation for the use of the student-athletes NIL, failure to disclose in advance any representation agreement with any individual for purposes of exploring or securing compensation for use of the student-athletes NIL, or a student-athlete entering into a contract for compensation for the use of their NIL after being advised by the student-athlete's member institution that the proposed contract for compensation was not in compliance with this policy, shall be grounds for the revocation of the student-athlete's privilege of participating in the Conference member's athletic programs.

### ■ PREPARTICIPATION PHYSICAL EVALUATION

### PHYSICAL EXAMINATION FORM

Name		Date of birth
PHYSIGNAL REMITIDERS  1. Consider additional questions on more sensitive issues  • Do you feet stressed out or under a let of pressure?  • Do you ever feet sad, loopeloss, depressed, or anxious?  • Do you feet safe at your home or residence?  • Have you ever field cigarollog, citewing tebacco, snulf, or dip?  • During the past 30 days, did you use chewing tebacco, snulf, or dip?  • Do you drink elochol or use any other drugs?  • Have you ever taken enabelic steroids or used any other performance supplement?  • Have you ever taken enabelic steroids or used any other performance supplement?  • Do you were taken enabelic steroids or used any other performance supplement?  • Do you were a seat belt, use a helmet, and use condoms?  2. Consider reviewing questions on cardiovascular symptoms (questions 5–14),	manco?	
EXAMINATION		
Height Weight   Malo	☐ Female	
BP / ( / ) Pulso Vision	R 20/ L 20.  HORMAL	Corrected I Y I N ADMORMAL FINDINGS
MEDICAL  Appearance  • Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, arm epan > helpht, hypertaxity, myopia, MVP, aostic Insulficiency)  Eyes/ears/nosc/throat	полиял	Automatic Landings
eyseceremisorineat Pupils equal Hearing		
Lymph nodes	<u> </u>	
Host*  • Murmurs (ausculation standing, supine, +/- Valsatva)  • Location of print of maximal impulse (PMI)		
Pulses  • Simultaneous femoral and radiat pulses		
Lungs		
Abdomen		
Geniteurinary (males only)* Skin • HSV, testans suggestive of MRSA, tinea corporis		
tleurologic €		
MUSCULOSKELETAL		
Nock Dack		
Shoulder/arm		
Elbow/forearm		
Wiss/hand/lingora		
I Hp/thigh		
Knea	-	
Leg/ankle FeoVtess		
Functional  • Ouck-walk, single leg hop		
*Consider ECG, echocardiogram, and referral to cardiology for abnormal cardiac history or exam. *Consider GU exam if in private scibing. Having third party present is recommended. *Consider cognitive evaluation or baseline newepoychilating testing if a history of significant concussion.		
Cleared for all sports without restriction		
Cleared for all sports without rostriction with recommendations for further ovaluation or treatment.	nent for	
□ Not cleared		
Pending further evaluation		
□ For any sports □ For certain sports		
Reason		
Recommendations		
I have examined the obsec-named student and completed the preparticipation physical ex- participate in the sport(e) as cullined above. A copy of the physical examts on record in my tions arise after the athlete has been cleared for participation, the physician may rescind to explained to the athlete (and parents/guardians).	lisus ohem ad ana ing asilia u	lable to the school at the repused of the parents. It could-
Name of physician (prinVlypo)		Date
Address		
Signature of physicien		, MD or B0

# PREPARTICIPATION PHYSICAL EVALUATION CLEARANCE FORM

Name	Sex 🗆 M 🗅 F Age	Date of birth
☐ Cleared for all sports without restriction		
☐ Cleared for all sports willhout restriction with recommer	ridations for further evaluation or treatment for	
□ Not cleared		
☐ Pending further evaluation		
☐ For any sports		
☐ For certain sports		
Reason		
Recommendations		
		·
-	-	
and can be made available to the school at the re	nate in the sport(s) as outlined above. A copy of the equest of the parents. If conditions arise after the e problem is resolved and the potential consequen	athlete has been cleared for participation,
Name of physician (print/type)		Date
Address		Phone
	•	
EMERGENCY INFORMATION		
Allergies		
	•	
Other Information		

### **PREPARTICIPATION PHYSICAL EVALUATION**

### **HISTORY FORM**

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep this form in the chart.)

Date of Exem					
			Dale of birth		
Sex Age Grade So	hoot _		Sport(s)		
Medicines and Allergies: Please list all of the prescription and over	or-the-co	unter m	edicines and supplements (herbal and nutritional) that you are currently t	aking	
Do you have any allerglos? ☐ Yes ☐ No If yes, please ld☐ Medicines ☐ Pollens	entify sp	ecille all	ergy below.  □ Food □ Stinging Insects		
explain "Yes" answers bolow. Circle questions you don't know the a	nswors	lo.			
OENERAL QUESTIONS	Yes	No	MEDICAL QUESTIONS	Yes	No
<ol> <li>Has a doctor over denied or restricted your participation in sports for any reason?</li> </ol>			26. Do you cough, wheeze, or have difficulty breathing during or after exercise?	· · · -	
2. Do you have any ongoing medical conditions? If so, please identify below:   Asthma  Anemia  Diabetes  Infections			27. Hava you ever used an inhaler or taken asthma medicine?  28. Is there anyone in your family who has asthma?		
Other:  3. Have you over spent the night in the hospital?			29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?		
Have you ever had surgery?  4. Have you ever had surgery?	-	<del> </del>	30. Do you have groin pain or a painful bulge or hemia in the groin area?		
4. HAVE YOU EVEL HEE STICHS ABOUT YOU	Yes	No	31. Have you had infectious mononucleosis (mono) within the fast month?		
6. Have you over passed out or nearly passed out DUNING or	1.00		32. Do you have any rashes, pressure seres, or other skin problems?		
AFTEÑ exercise?		<u> </u>	33. Have you had a horpes or MRSA skin infection?		
<ol><li>Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?</li></ol>			34. Have you over had a head injury or concussion?  35. Have you over had a hit or blow to the head that caused confusion,		_
7. Does your heart ever race or skip beats (irregular beats) during exercise	?		prelonged headache, or memory problems?		
8. Has a doctor ever told you that you have any heart problems? If so,	l	•	36. Do you have a history of selzure disorder?		
check all that apply:    High blood pressure		1	37. Do you have headaches with exercise?		<u> </u>
☐ High cholesterol ☐ A heart infection ☐ Keyvasaki disease Other:	ŀ	1	3B. Havo you ever had numbnoss, tingling, or weaknoss in your arms or legs after being hit or falling?		
Has a doctor over ordered a test for your heart? (For example, ECG/EKG echocardiogram)	ļ		39. Have you ever been unable to move your arms or legs after tieling hit or falling?		
10. Do you got lightheaded or feel more short of breath than expected		T	40. Have you ever become iff white exercising in the heat?		
during exercise?	-	<del> </del>	41. Do you get frequent muscle cramps when exercising?  42. Do you or someone in your family have sickle cell trait or disease?		<del> </del>
11. Have you ever had an unexplained selzure?  12. Do you got more tired or short of breath more quickly than your friends		-	42. Do you or someone in your raining have stoke cell trait of diseasor  43. Have you had any problems with your eyes or vision?		<del> </del> -
dayud exelcises.			44. Have you had any problems that you dybs of vision		<del> </del>
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No	45. Do you wear glasses or contact lenses?		-
13. Has any family member or relative died of heart problems or had an			46. Do you wear protective eyowear, such as goggles or a face shield?		
unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome):	.		47. Do you worry about your weight?		
14. Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT			48. Are you trying to or has anyono recommended that you gain or fose weight?		
syndrome, short QT syndrome, Brugada syndrome, or catecholaminergi polymorphic ventricular tachycardia?	c	1	49. Are you on a special diet or do you avoid certain types of foods?	ļ	
palymorphic ventricular techycardiar  15. Does enyone in your family have a heart problem, pacemaker, or			50. Have you ever trad an eating disorder?	ļ	-
implanted delibrillator?		<u> </u>	51. Do you have any concerns that you would like to discuss with a doctor?	<del> </del>	-
16. Has anyone in your family thad unexplained fainting, unexplained			FEMALES OHLY 52. Haye you ever had a menstrual period?	<b> </b>	-
seizures, or near drowning? DDNE AND JOINT QUESTIONS	Yos	No	52. Have you ever now a meastrual period?  53. How old were you when you had your first menstrual period?	<del> </del>	<u> </u>
17. Have you over had an injury to a bong, muscle, ligament, or tendon	105	1111	54. How many periods have you had in the last 12 months?		
that caused you to miss a practice or a game?			Explain "yes" answers here		
18. Have you ever had any broken or fractured bones or distocated joints?					
19. Havo you over had an injury that required x-rays, MRI, CT scan, injections, therapy, a braco, a cast, or crutches?				<del></del>	
20. Havo you over had a stress fracture?					
21. Have you ever been teld that you have or have you had an x-ray for ne Instability or allenteaxial instability? (Down syndrome or dwarfism)	K .				
22. Do you regularly use a brace, criticales, or other assistive device?	_	-			
23. Do you have a bone, muscle, or joint injury that bothers you?					
24. Do any of your joints become painful, swellen, feel warm, or look red?		<del> </del>			
25. Do you have any history of juvenile enthritis or connective tissue disease					
I hereby state that, to the bost of my knowledge, my answers					
Signature of athleteSignatu	in of bosen	Manatalan .	Date		
@2010 American Anadamy of Camily Objectedance American Anadamy of Bod	atrice Am	orienn Co	Mena of Soorts Medicing, American Medical Socialy for Soorts Medicing, American	Odboos	edic



### Appendix B COVID-19 Pre-Physical Form

Name:	Date:		
Best phone number to contact:	e-mail:		
Yes No	Have you travelled outside of Alabama within the last 14 days?		
Locations:			
Yes No	Temperature > 100.4 Recorded Temperature		
Yes No	Have you had contact* with a person with a confirmed case of COVID-19?		
Yes No	Have you had contact* with a person with a suspected case of COVID-19?		
	*Contact is defined as less than 6 feet separation for more than 15 minutes without adequate personal protective equipment.		
Yes No	Have you had a fever within the last 14 days?		
Yes No	Have you had a forceful dry cough or productive cough within the last 14 days?		
Yes No	Have you had difficulty breathing or shortness of breath within the last 14 days?		
Yes No	Have you had chills or repeated shaking with chill within the last 14 days?		
Yes No	Have you had new unexplained muscle pain within the last 14 days?		
Yes No	Have you had new or atypical headache for you within the last 14 days?		
Yes No	Have you had nausea, vomiting or diarrhea within the last 14 days?		
Yes No	Have you had a sore throat within the last 14 days?		
Yes No	Have you been tested for COVID-19 in the last 2 weeks?		
Yes No	Have you had a recent sudden loss of taste or smell?		
Additional Notes:			
Advice given: To physicial	n for evaluation Conservative treatment, low suspicion for COVID		
Minimal Symptoms, testi	ng not indicated per ADPH guidelines. Conservative treatment		

# Calhoun Community College Activity General Release, Indemnity and Waiver of Liability

In consideration of Calhoun Community College (CCC) allowing me to participate in extracurricular activities while a student at CCC in the 2022-2023 academic year, the undersigned, for himself/herself and his/her personal representatives, assigns, heirs and next of kin, or any of them:

- 1. Hereby releases, waives, discharges, and indemnifies Calhoun Community College, the Alabama Community College System and the Board of Trustees of the Alabama Community College System and their respective members, officers, employees, volunteers and agents (hereafter, "Releasees") from and against all liability to the Undersigned, his/her personal representatives, assigns, heirs and next of kin for all losses or damage of any kind or nature and any claim or demand therefore on account of injury to the person or injury resulting in the death of the Undersigned or property damage, whether caused by the negligence of Releasees or otherwise, while the Undersigned is being transported to and from or while participating in extracurricular activities while a student at CCC in the 2022-2023 academic year.
- 2. Hereby covenants not to sue and agrees to Save and Hold Harmless the Releasees and each of them from any and all losses, liabilities, damages, costs, actions, claims or demands of any kind and nature whatsoever which may arise out of or relate to, directly or indirectly, the Undersigned's participation in or while being transported to or from such extracurricular activities, including but not limited to, embarking and disembarking any vehicle, bus, airplane or other modes of transportation whether caused by the Releasees or otherwise.

Emergency Contact:	Phone:	
Medications you are currently taking and Allergic		
, , , , ,	(Optional)	

The Undersigned is fully aware of the risks and hazards associated with the extracurricular activities in which he/she intends to participate and hereby voluntarily elects to participate in such activities with the knowledge of the danger involved. The Undersigned hereby voluntarily assumes all risk of loss, damage, injury, or death that may be sustained by the Undersigned while participating in extracurricular activities and while being transported to and from such extracurricular activities.

Should the Undersigned be injured while engaging in such extracurricular activities or while traveling to and from the same and the Undersigned is not capable of communicating with medical providers, the Undersigned hereby grants permission to any medical provider to render any necessary treatment to them. The Undersigned hereby agrees to be responsible for the payment of all expenses related to such medical treatment.

The Undersigned expressly agrees that the foregoing, General Release, Indemnity and Waiver of Liability Agreement is intended to be as broad and inclusive as is permitted by the law of the State of Alabama and that if any portion thereof is held invalid, it is agreed that the balance shall notwithstanding, continue in full legal force and effect.

### CALHOUN COMMUNITY COLLEGE

THE UNDERSIGNED HAS CAREFEULLY READ THIS AGREEMENT AND FULLY UNDERSTANDS ITS CONTENTS. THE UNDERSIGNED IS AWARE THAT THIS IS A RELEASE OF LIABILITY AGAINST THE RELEASEES AND SIGNS IT OF HIS/HER OWN FREE WILL.

Date:	
	Signature of Participant or Parent or Legal Guardian if Participant is a minor.
	Printed Name of Participant/ Parent or Legal Guardian
Date:	Signature of Witness
	Printed Name of Witness

# Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19 Participation in Athletics or other Extracurricular Activities

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. *COVID-19 is extremely contagious* and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

**Calhoun Community College** has put in place preventative measures to reduce the spread of COVID-19; however, the College **cannot guarantee** that you will not become infected with COVID-19. Further, **participating in athletics or other extracurricular activities** <u>could</u> <u>increase</u> your risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by participating in athletics or other extracurricular activities and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the College may result from the actions, omissions, or negligence of myself and others, including, but not limited to, College employees, other students, vendors or affiliates and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my participating in athletics or other extracurricular activities ("Claims"). On my behalf, I hereby release, covenant not to sue, discharge, and hold harmless the College, the Alabama Community College System, the Alabama Community College System Board of Trustees, the Alabama Community College Conference, and their respective officers, employees, agents, members and representatives (hereinafter "Released Parties"), of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Released Parties, whether a COVID-19 infection occurs before, during, or after participation in athletics or other extracurricular activities.

Signature of Participant	Date
Print Name of Participant	
Signature of Parent/Guardian	Date
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Print Name of Parent/Guardian (if Student Under 19	

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### STUDENT-ATHLETE CONSENT

**NOTICE:** AFTER READING THE 2022-2023 ATHLETIC HANDBOOK, PLEASE SIGN THIS FORM AND RETURN IT TO THE ATHLETIC OFFICE BY **FRIDAY**, **SEPTEMBER 2**, **2022**.

## YOU CANNOT PARTICIPATE IN ANY GAMES UNTIL THIS FORM IS ON FILE.

I have carefully read and fully understand the information printed in the 2022-2023 Athletic Handbook and agree to abide by all the guidelines presented by the Calhoun Community College Athletic Department. I understand if I am not involved on a sports team, I will return all equipment and attire assigned to me within one (1) week.

I agree and consent for my Coach/Athletic Director/Athletic Academic Advisor to distribute unofficial copies of my transcripts to 4-year colleges and university athletic personnel by request. I understand and agree for my Coach/Athletic Director/Athletic Academic Advisor to discuss my academic progress with my parents/guardian. I further agree that Calhoun Community College may release pertinent athletic information to the media.

# ALABAMA COMMUNITY COLLEGE CONFERENCE CONSENT TO DRUG TESTING & ACKNOWLEDGEMENT OF STUDENT-ATHLETE DRUG TESTING POLICY

I certify that I have received a copy of the Alabama Community College Conference Drug Education and Testing Policy for student-athletes, and I have read and understand the requirements of the policy and guidelines in order to participate in intercollegiate athletics, including parental notification requirements.

I understand that to participate in intercollegiate athletics (including athletic managers), I will be required to submit to mandatory drug testing. I agree to submit to specimen collections for purposes of analysis for drug use. I further agree and consent to the disclosure of the records and test results relating to this analysis to be released to the ACCC Commissioner, the College's Athletic Director, Head Coach, and college President in order that my eligibility to participate in the athletic program can be determined.

My signature below further authorizes my institution to notify my parents and/or guardians of the results of my drug test, any sanctions that may or may not be placed on me in relation to the Drug Education and Testing Policy, or other issues relating to the Drug Education and Testing Policy.

DATE: STUDENT-ATHLETE S	IGNATURE:
WITNESSED: Coach/Athletic Director	STUDENT/ATHLETE'S PRINTED NAME
	PARENT/LEGAL GUARDIAN SIGNATURE (if under 18 years of age)

### CALHOUN COMMUNITY COLLEGE

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### ATHLETIC HANDBOOK 2022-2023

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calhoun.edu/athletics