



ATHLETIC HANDBOOK 2023-2024



## ATHLETIC HANDBOOK 2023-2024

#### **MEMBERSHIP**

Calhoun Community College is a member in good standing of the National Junior College Athletic Association (NJCAA & NJCAAE) and the Alabama Community College Conference (ACCC). All policies and procedures of these organizations are published in an annual handbook. Calhoun Community College participates under all guidelines mandated by the National Junior College Athletic Association (NJCAA), the National Junior College Athletic Association Esports (NJCAAE) and the Alabama Community College Conference (ACCC) and Collegiate Fishing Organizations. The Calhoun Community College Athletic Department competes in the Northern Division of the ACCC as NJCAA Division I and Division II participants. Calhoun Community College and the ACCC may implement additional guidelines for student-athletes' success.

Calhoun Community College is committed to equal opportunity in employment and education. The College does not discriminate in any program or activity on the basis of race, color, religion, gender, age, national origin, disability, marital status or any other protected class.

Calhoun Community College is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate degrees. Questions about the accreditation of Calhoun Community College may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097, by calling (404) 679-4500, or by using information available on SACSCOC's website (www.sacscoc.org).

Calhoun Community College is a tobacco-free college.

#### INTRODUCTION

"Success is born out of faith, an undying passion, and a relentless drive."

Stephen Curry Professional Basketball Player

Welcome to the Calhoun Community College family. Thank you for joining a Calhoun Athletic Program.

Playing and competing for Calhoun Community College (CCC) is a privilege! CCC student-athletes are held in highest regard and are leaders at our college and in the community. Student-athletes should portray their team, the Athletic Department, the college, and themselves in a positive manner and exemplify model citizenship at the college and in the community. Lives will be enriched by Calhoun's Athletic legacy and quality education.

This Athletic Handbook was written to familiarize student-athletes and parents with policies and procedures of the Athletic Department, Calhoun Community College, and governing organizations. All student-athletes and members of the Athletic Department are expected to honor and abide by the procedures of the Athletic Handbook, College Catalog and Student Handbook. The College Catalog and Student Handbook policies, procedures and regulations supersede the Athletic Handbook.

All questions or concerns not answered by this handbook should be directed to the Athletic Director, Dr. Nancy Keenum, and/or to Dr. Patricia Wilson, Vice President of Student Services.

#### NJCAA ACADEMIC ALL-AMERICANS

Morgan Julian Berry- Women's Golf

Mark Gallups- Baseball

Isaac Kim- Men's Golf

Faith McAteer- Women's Cross Country

**Gracie Montgomery- Women's Cross Country** 

William Wyatt Tomlin- Bass Fishing

**Brenna Wakefield- Softball** 

Spencer Warren- Men's Golf

# ATHLETIC ACCOMPLISHMENTS 2022-2023

# MEN & WOMEN'S CROSS COUNTRY TEAMS

Qualified for NJCAA National Championship

#### Women's Basketball

**ACCC Semifinalist** 

#### **DEPARTMENT**

GPA: 3.15
GRADUATION RATE\* 79%

\*PENDING SUMMER SCHOOL

#### **ACADEMIC TEAMS**

14 NJCAA ALL AMERICAN 2ND TEAM 18 NJCAA ALL AMERICAN 3RD TEAM 87 ACCC COMMISSIONERS TEAM



Fall Semester			
Fall Kick-Off	M	Aug	14
Registration/Duty Days	T-F	Aug	15-18
Classes Begin	M	Aug	21
Drop/Add	M-T	Aug	21-22
Holiday – Labor Day	M	Sep	4
Outcomes and Assessment Day	F	Oct	6
Holiday - Veterans Day Observance	F	Nov	10
Duty Day (No Students)	W	Nov	22
Holiday – Thanksgiving	R	Nov	23
Holiday – Day after Thanksgiving	F	Nov	24
Final Exams	M-S	Dec	11-16
Duty Day	M	Dec	18
Fall Grade Reporting by Noon	Τ	Dec	19
Non-Instructional Duty Days	W-F	Dec	20-22
Minisession I:		Aug 21 -	- Oct 16

Oct 17 – Dec 12

#### **Spring Semester**

Minisession II:

Registration/Duty Days	M-F	Jan	2-5
Spring Kick-Off	W	Jan	4
Classes Begin	M	Jan	8
Drop/Add	M-R	Jan	8-9
Holiday - Dr. Martin Luther King Jr.	M	Jan	15
Spring Break	M-F	Mar	18-22
Spring Break/Non-Instructional Duty	Days	M-W Mar	18-20
Spring Break/College Closed	R-F	Mar	21-22
Assessment Week	M-S	Mar-Apr	27-5
Final Exams	M-S	Apr-May	30-6
Duty Day	M	May	7
Spring Grade Reporting by Noon	Τ	May	8
Graduation	F	May	9

Minisession I: Jan 8 – Mar 4 Minisession II: Mar 5 – May 2

Summer	Semester
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Faculty Duty Days	W-R	May	16-17
Registration Days and Non-Instructional Duty Days	M-F	May	10-15
Classes Begin	M	May	20
Drop/Add		May	20-21
Holiday - Memorial Day	M	May	27
Delayed Start Begins	M	June	3
Juneteenth Holiday	M	June	19
Independence Day	Τ	July	4
Final Exams	W-T	July	25-31
Duty Day	W	Aug	1
Summer Grade Reporting by Noon	R	Aug	2

Minisession I: May 20 – Jun 24 Minisession II: Jun 25 – July 29

#### The College will be closed the following ten holidays:

Monday	September 4, 2023	Labor Day
Friday	November 10, 2023	Veterans Day
Thursday	November 23, 2022	Thanksgiving Day
Friday	November 24, 2022	Day After Thanksgiving
Tuesday	December 26, 2023 C	Christmas Eve Observance
Monday	December 25, 2023	Christmas Day
Monday	January 1, 2024	New Year's Day
Monday	January 15, 2024	Martin Luther King, Jr. Day
Monday	May 27, 2024	Memorial Day
Wednesday	June 19, 2024	Juneteenth Holiday
Thursday	July 4, 2024	Independence Day

#### In addition, the College will be closed the following days:

Wednesday December 27, 2022Thursday December 28, 2022Friday December 29, 2022Thursday March 21, 2023Friday March 22, 2023

#### **GENERAL INFORMATION**

Founded: September 1947
President: Dr. Jimmy Hodges
Enrollment: Approx. 9,000

Conference: National Junior College Athletic

Association

Region XXII Division I & II

Team Colors: Royal Blue and White Nickname: Warhawks/Lady Warhawks

#### ATHLETIC STAFF

#### **Academic Advisor**

Gina Loosier

M.A., University of North Alabama

#### **Athletic Director**

Dr. Nancy Keenum

Ed.D., Nova Southeastern University

#### **Baseball Coach**

Cody Gaskill

B.S., Athens State University

#### **Cross Country Coach (M&W)**

Tiffany Bain

M.A., University of Alabama

#### **Softball Coach**

**Bart Stephenson** 

B.S., Athens State University

#### Men's and Women's Golf Coach

Richard Morgan

B.A., University of Alabama

#### **Esports Coach**

**Dalton Counter** 

B.S., Auburn University

#### Men's Basketball Coach

**Derrick Powell** 

M.A., Grand Canyon University

#### Women's Basketball Coach

Candace Byrd-Vinson

B.S., Birmingham Southern College

#### **Volleyball Coach**

Jamiee Freeman

M.A., Alabama A & M University

#### **Fishing Coach**

Doug Ezzell

B.S., Mississippi State University

#### **Athletic Secretary**

Crystal Higginbotham

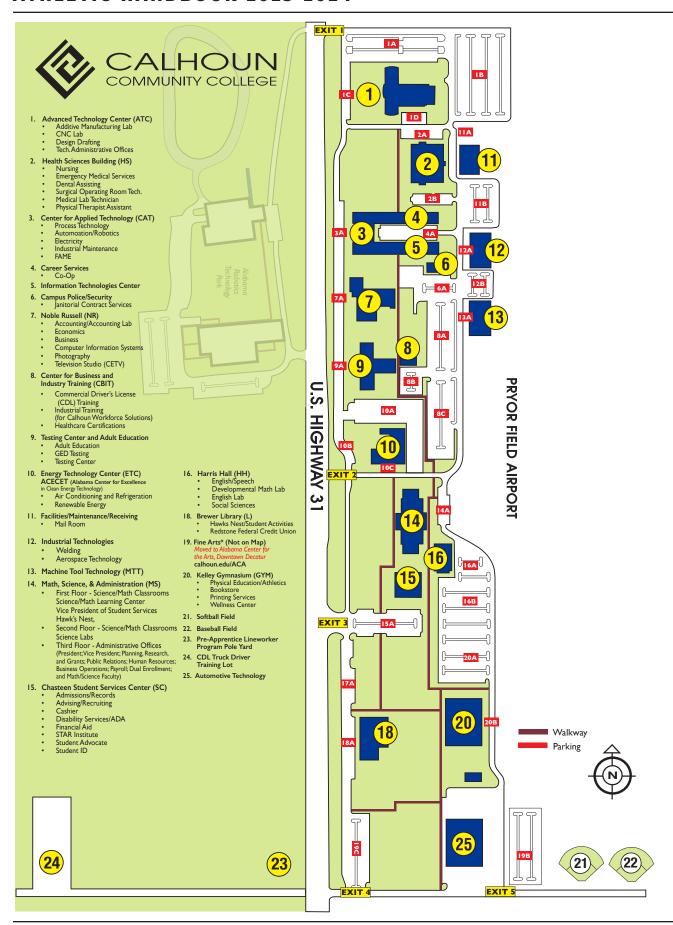
B.B.A., Athens State University

#### **Athletic Trainer**

Decatur Morgan Hospital

#### **IMPORTANT CONTACTS**

Absences/CourseworkInstructor
Academic Advising
Academic Assistance/Tutors
Academic Programs
Address Change
Adding or Dropping a Class
Admissions Office
Athletics
Athletic InsuranceGymnasium/Crystal Higginbotham
Books/SuppliesBookstore
Career Information/Job Placement
Kelli Morris
Catalogs
Clubs & Organizations Student Activities Facilitator/Raymond King
College-Related ProblemsStudent Advocate Office/
Nicole Ricketts
Counseling Services Vice President of Student Services
Disabilities Disability Services
Fees/RefundsBusiness Office
Final Exams (Reschedule) Vice President of Academic Affairs
Financial AidStudent Financial Services/Pam Thurman
GED TestingAdult Education
Grade Change/GradesInstructor
Graduation ApplicationsAdmissions
GraduationAdmissions
Lost and FoundSecurity/Campus Police Office
Math DifficultiesMath Learning Ctr.
Music (Band and/or Chorus)Music Department
Parking PermitsChasteen Student Center
Placement TestsAdvising Center
Probation and SuspensionRegistrar/Admissions
Quality Points
RegistrationGina Loosier
ScholarshipsStudent Financial Services/Pam Thurman
Scholarships (outside agencies) Business Office/Carla Larry
Selective ServiceStudent Financial Services
Social Functions
STAR Institute
Student Government AssociationStudent Government Office
Testing (proctored)Testing Center
Transcripts Admissions Office
Transfer Advising Center
Transfer Credit to Calhoun
Withdrawal (from College or certain courses) Academic Advisor/Coach
Work Study Student Financial Services (Cherri Scott)
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Cross Country



Calhoun Switchboard	
Security /Campus Police	
Emergency Calhoun Security	
Dr. Jimmy Hodges	. (256) 506-2555
rresideni jimmy.hodges@calhoun.edu	
Dr. Patricia Wilson	(256) 206 2742
Vice President of Student Services	. (230) 300-2743
patricia.wilson@calhoun.edu	
Dr. Nancy Keenum	(256) 306-2850
Athletic Director	Kelley Gym/K-101
	Cell: (256) 306-6030
nancy.keenum@calhoun.edu  Gina Loosier	, ,
Athletic Academic Advisor	. (230) 300-2701
gina.loosier@calhoun.edu	
Crystal Higginbotham	(256) 206 2050
Athletic Office Secretary	Kelley Gym/K-100
crystal.higginbotham@calhoun.edu	Kelley Gylli/K-100
	(256) 206 2057
Richard Morgan	
,	Kelley Gym/K-102 Cell: (256) 468-9945
richard.morgan@calhoun.edu	. <b>(256)</b> 306-2840
Cody Gaskill	• •
	Kelley Gym/K-105
cody.gaskill@calhoun.edu	Cell: (931) 625-3727
Bart Stephenson	Kelley Gym/K-108
,	Cell: (256) 898-4905
bart.stephenson@calhoun.edu Tiffany Bain	, ,
•	
Cross Country Coach	Kelley Gym/K-109
tiffany.bain@calhoun.edu  Doug Ezzell	<i>Cell: (256) 508-1324</i> <b>(256) 306-2859</b>
Fishing Coach	Kelley Gyml/K-102
doug.ezzell@calhoun.edu	Cell: (256) 777-4369
Jamiee Freeman	(256) 306-2691
	Kelley Gym/K-106
Volleyball Coach	Cell: (256)694-8731
jamiee.freeman@calhoun.edu  Dalton Counter	
Esports Coach	Noble Russell 115
esports Coach dalton.counter@calhoun.edu	Cell: (256) 444-5330
aunon.counter wcamoun.eau	CCII. (230) 444-3330

Derrick Powell	(256) 306-2770
Men's Basketball Coach	Kelley Gym/K-107
derrick.powell@calhoun.edu	Cell: (334) 303-3013
Candace Byrd-Vinson	(256) 306-2867
Women's Basketball Coach	Kelley Gym/K-109
candace.byrd@calhoun.edu	Cell: (256) 874-0774
Bookstore - Kelley Gym	(256) 306-2767
Business Office	(256) 306-2541
Math-Science-Administration Building	
Financial Services	(256) 306-2624
Pam Thurman, pam.thurman@calhoun.e	
STAR Institute	(256) 306-2594
Chasteen Student Center	
Wellness Center - Kelley Gym/K-126	5 (256) 306-2792
Team Physicians	(256) 350-0362
Decatur Orthopaedic Center	
Athletic Insurance (secondary)	800-445-3126
Bob McCloskey Insurance (BMI)	
Athletic Trainers	Alex Stutts
Drug Testing	(256) 350-9944
Tennessee Valley Training Center	

Alabama Community College Conference www.acccathletics.com

National Junior College Athletic Association www.njcaa.org

Dear Student-Athlete:

**LETTER from the PRESIDENT** 

#### **CALHOUN STUDENT-ATHLETES:**

Seven Percent (7%) of High School Athletes compete in collegiate athletics. Congratulations for your accomplishments for the opportunity to participate in intercollegiate athletics. Academic success and athletic competitiveness are the primary goals of our athletic staff. As a student-athlete, expectations are high and much is required in your Calhoun pursuit. We wish you the best and look forward to sharing in your success!!



Dr. Nancy Keenum Athletic Director



**Crystal Higginbotham** 



Athletic Secretary



campus, both academically and as

Welcome to Calhoun Community

College! As the College's President, I am pleased to have you as a Calhoun Warhawk. Our athletes are some of the most outstanding students on our representatives of the College within our community.

I look forward to getting to meet each of you. Please know that we are here

to assist you as you navigate your journey to academic and career success!

Enjoy your time at Calhoun and go Warhawks!!

Sincerely,

Jimmy Hodges, Ed.D.,

President



**Gina Loosier** Athletic Academic Advisor



**Bart Stephenson** 



**Tiffany Bain** 

Cross Country Coach

Softball Coach



**Candace Byrd** Women's Basketball Coach



Dear Student-Athlete:

**LETTER from the** 

**VICE-PRESIDENT of** 

Is it my pleasure to welcome you to Calhoun Community College. Calhoun

STUDENT SERVICES

has a rich tradition of academic excellence and outstanding athletic performance. Your status as a student-athlete affords you the unique opportunity to excel, both in the classroom and on the field of play. I encourage you to take full advantage of available support services such as advising and tutoring to assist you in reaching your academic goals this year. Finally, feel free to contact me if I can be of assistance.



Dr. Patricia Wilson Vice President of Student Services



Cody Gaskill

Baseball Coach

**Derrick Powell** Men's Basketball Coach



Richard Morgan Golf Coach



**Doug Ezzell** Fishing Coach



Jamiee Freeman Volleyball Coach

#### **STUDENT RECORDS and TRANSCRIPTS**

The Family Educational Rights and Privacy Act of 1974 (FERPA) sets the requirements pertaining to the privacy of student records. Calhoun Community College will follow the guidelines as outlined in the College Catalog.

#### **DUE PROCESS for Student-Athletes**

Student-athletes are guaranteed procedural due process in all cases involving formal discipline charges. The Vice President of Student Services, in her role as student advocate, will attempt to deal informally with discipline problems before the filing of formal charges. Emphasis, either informally or with a formal charge, will be placed upon achieving a satisfying resolution rather than on seeking to emphasize guilt and punishment. In the event resolution of the conflict cannot be informally mediated by the coach, the Athletic Director, or the Vice President of Student Services, formal proceedings will follow as outlined in the College Catalog.

#### **ACADEMIC COUNSELING and ADVISING**

Gina Loosier, academic athletic advisor, is available to advise student-athletes each semester for class courses and transfer requirements. Athletes will meet with Mrs. Loosier before registration each semester. An additional athletic academic advisor may be assigned.

In addition, the Career Services staff assists student-athletes and prospective student-athletes in making educational, personal, and career choices. Career planning and job placement opportunities are available to all student-athletes enrolled at Calhoun Community College. Computerized and printed information is available on salaries, employment opportunities, and educational requirements for hundreds of different careers as well as interest inventories, information on job search skills, and job placement. Student-athletes wishing to take advantage of this service should make an appointment in the Career Services office, located in building #4 on the Decatur campus, (256) 306-2602.

#### **Student-athlete RIGHTS**

Each student-athlete will be requested by his/her coach to complete an athletic information form. This form

provides information for the coach, athletic secretary, and public relations office. It provides important information in the preparation of brochures and news releases. It is important that the student-athlete read and sign the form on the back page. Due to the Privacy Act (which deals with the releasing of confidential information about students), it is required that a signed copy of the form be on file before any information may be released on an individual athlete.

#### **EQUITY in ATHLETICS DISCLOSURE ACT**

The Equity in Athletics Disclosure Act (EADA) requires coeducational institutions of higher education to prepare annually – and make available to students, potential students and the public – a report on participation rates, financial support, and other information on men's and women's intercollegiate athletic programs. This information is on file in the Vice President of Student Services office.

"The ultimate measure of a man is not where he stands in moments of COmfort and COnvenience, but where he stands at times of Challenge and controversy."

— Martin Luther King, Jr.

"The best way to predict you future is to create it."

— Abraham Lincoln

"There may be people that have more talent than you, but there's NO excuse for anyone to work harder than you do."

— **Derek Jeter**Baseball Player

#### **PROCEDURES for REGISTRATION**

- Confer with Gina Loosier, academic advisor, and your coach, each semester. Arrange an appointment during the appropriate registration date and time by calling 256-306-2736. Current academic schedules for registration are available at www.calhoun.edu/ class-schedules-and-registration-information/
- All student-athletes will learn to register online for classes after they have been advised by Gina Loosier. Follow procedures at www.calhoun.edu. Click MyCalhoun. Log in with "A" number and PIN (DOB). Student-athletes do not have schedule change access. MyCalhoun PIN (password) should remain your DOB throughout your Calhoun career.
- 3. All college fines must be paid prior to submitting an academic schedule for registration.
- 4. Student-athletes are not allowed to withdraw from a class without permission from the academic advisor and the team coach. All schedule changes will be made by Gina Loosier.

#### **COURSE PLACEMENT TESTING**

Student-athletes may be required to complete the placement examination before registration. College guidelines and exemptions are located in the college catalog at **catalog.calhoun.edu**.

The placement test is administered at the Decatur and Huntsville campuses by appointment. Call 256-306-2648 (Decatur), or 256-890-4770 (Huntsville), to schedule an appointment or you may register online at **www.cal-houn.edu/advising**.

#### **SELECTIVE SERVICE**

Act No. 91-584 passed by the Alabama Legislature requires that males 18-26 must register with the Selective Service before they may enroll with any state educational institution.

#### **PARKING and TRAFFIC REGULATIONS**

Student-athletes who are enrolled at Calhoun Community

College are required to affix a parking pass to the rearview mirror of their automobile or where visible on motorcycles, regardless of location. Athletes will receive the decals at the initial athletic meeting or you may obtain your decal in the Chasteen Student Center.

#### **GRADUATION**

Calhoun Community College awards the Associate in Arts, the Associate in Science, and the Associate in Applied Science degrees, and certificates for non-degree programs.

Apply for graduation by October 15 of your sophomore year. All athletes are expected to graduate with a degree upon completion of their eligibility. Instructions on how to apply for graduation are available at **calhoun.edu/graduation**. Students who are awarded a degree or certificate will receive a printed document for each credential earned, free of charge. Students participating in the graduation ceremony are required to purchase the graduation package (cap, gown, diploma cover, etc.) from the bookstore for approximately \$50. Currently, the graduation fee is waivered by the President of the college.

#### FINANCIAL AID

All athletic scholarship recipients must apply for Financial Aid.\* Student-athletes should communicate with personnel in the Office of Student Financial Services. Additional information may be found in the College Catalog. Other financial aid programs available at Calhoun Community College includes the following:

- 1. Pell Grants
- 2. Federal Supplemental Education Opportunity Grants (FSEOG)
- 3. Federal Work-Study
- 4. Federal Direct Student Loan
- 5. Alabama Student Assistance Grants (ASAG)
- 6. Scholarships
  - a. Academic
  - b. Senior Adult Program Scholarship
  - c. Calhoun Foundation
  - d. Fine Arts
  - e. Student Activity and Leadership
- Veterans, Service Members, and Their Dependents' Benefits
- 8. Workforce Investment Act (WIA)

Calhoun students are not allowed to receive additional in-house Calhoun scholarships combined with an athletic scholarship. Athletes may receive FSEOG, Work-Study, or funding from outside agencies in addition to an athletic scholarship. If a student-athlete receives additional scholarship funding from an outside agency, a refund check will be mailed to the student's permanent address after the 4th week of the semester.

#### **SCHOLARSHIPS**

\* All student-athletes are required to complete a Free Application for Federal Student Aid (FAFSA) each year.

### LETTERS OF INTENT/INSTITUTIONAL SCHOLARSHIPS

Athletic scholarships and manager scholarships pay the cost of books, tuition, and fees for a maximum of 73 semester hours over two(2) years, not to include remedial classes or physical education courses corresponding to the athletes intercollegiate team classes. Esports/Fishing Institutional scholarships do not include books. The Athletic Scholarship/Institutional scholarships will provide up to seven credit hours during summer school but not to exceed the yearly semester hour limit. Student-athletes are allowed one (1) online course during the summer term. The annual 35-semester hour limit will be adjusted to meet the 73-hour limit. If an athlete withdraws from a class, he/she will be required to pay for the course in the future. The athletic scholarship pays to repeat a class one time if the student fails the course.

The estimated value of an athletic scholarship each year is \$12,500 for in-state student-athletes and \$17,500 for out-of-state student-athletes. Esports Institutional scholarships are valued at \$8,750. Annual estimates are calculated for Fall, Spring, and Summer terms to include tuition, books (if appropriate), and fees.

Recipients of an athletic scholarship will be asked to sign a Scholarship Agreement Form and a National Letter of Intent (LOI). The LOI will be filed with the National Junior College Athletic Association. Esport and Fishing recipients will complete the Institutional Scholarship document. In addition, copies will be retained by the College and the scholarship recipient. All student-athletes must complete a FAFSA to receive a scholarship.

Cancellation of an athletic scholarship/institutional

scholarship is permitted:

- If the athlete becomes ineligible for participation in athletics because of academic and/or disciplinary reasons; (OR)
- 2. For misconduct (unrelated to athletic ability) found by the person or body in charge of general discipline at the institution, after following the same procedures as in other disciplinary matters, to be serious enough to warrant permanent suspension or dismissal from the athletic program; (OR)
- 3. Volunteer non-participation.
- If the athlete elects to not participate on the team, he/she forfeits their scholarship and will be responsible for all current and future tuition, books, and fees immediately.

As part of the athletic scholarship agreement, each scholarship recipient will be issued books and/or online codes from the College Bookstore each semester. It is the student-athlete's responsibility to turn in books immediately upon completion of your finals and to pick up books at the assigned time, if applicable. Book codes must be returned with the books if unopened and/or unused. Failure to do so will result in the athlete purchasing books for the next semester. These books are on loan; therefore, athletes will be responsible for any charges resulting from damage or loss. Should the athlete fail to return the books, a hold will be placed on the student's account.

Student-athletes may be asked to complete an exit evaluation/interview when they leave the Calhoun Athletic Department.

#### **ATHLETIC SCHOLARSHIP BOOKS**

- Student-athletes will pick up books from the athletic office and Decatur bookstore at the assigned date/ time. Student-athletes must have a picture ID and a copy of their schedule.
- 2. ALL books and unopened/unused codes are to be returned to the athletic office during finals week prior to departing campus for semester break.
- 3. IF A STUDENT WITHDRAWS FROM A CLASS, RETURN THE BOOK TO THE ATHLETIC OFFICE IMMEDIATELY.
- 4. Student-athletes who fail to follow all textbook procedures will have a transcript hold placed on your account until books are returned or purchased.

#### **INSURANCE COVERAGE**

Calhoun Community College provides accident insurance coverage for student-athletes, managers, and student-coaches. The accident insurance provides coverage for intercollegiate play, practice, and travel. Insurance coverage is not provided for students participating in a tryout. Any student participating in a try-out will be asked to sign a Release from Liability and Hold Harmless Agreement.

The accident policy provided by the College is secondary coverage and will be implemented over any other primary health coverage that a student-athlete or parents may have. BMI will pick up any balances, co-insurance and deductibles up to the policy limit. If there is no other valid and collectible coverage in place, BMI would be primary for accidental injuries incurred during intercollegiate play, practice or direct travel. The athletic insurance is negotiated through the ACCC conference annually.

All injuries are to be reported to the Head Coach immediately. The coach will be advised by the Athletic Trainer if medical treatment is required. All medical evaluations and physical therapy appointments are to be scheduled at a convenient time, to avoid missing class or practice. Student-athletes should contact your coach before scheduling an appointment for medical services. The student-athlete and coach are required to complete a BMI (Bob McCloskey Insurance) injury report on the day of the injury, prior to the initial doctor's visit or rehab appointment. The athlete MUST present the physician's office/rehab center/ Emergency Room with the signed injury report and a copy of the Insurance Referral form (see Appendix). A copy of the injury report form must be returned to Crystal Higginbotham in the Athletic Office within 3 days of the injury.

Calhoun Community College does not provide health insurance coverage for student-athletes. Insurance coverage for any health-related illness is the responsibility of the student-athlete.

Each individual who participates in the athletic program at Calhoun Community College must have completed their insurance information questionnaire and a copy of

their personal insurance card on file in the athletic office to receive athletic insurance coverage. All information must be completed and on file before the first athletic practice.

The athlete will submit all bills to their family health plan as primary first then submit to BMI. If there is no valid and collectible insurance coverage, BMI will be the primary insurance. All injury reports must be filed with Bob McCloskey Insurance, www.bobmccloskey.com within 90 days. A completed claim process includes: the BMI Injury Claim form (appendix, page 14), itemized physician/physical therapy/ hospital statements, and any other documents requested. All paperwork must be completed in a timely manner and submitted to BMI as requested. Claims will not be processed without all required elements.

#### **MEDICAL INFORMATION**

The National Junior College Athletic Association requires each athlete to have a physical examination before participating in any athletic practice session and/or event. All student-athletes and managers must pass a physical examination by licensed medical staff before the first official practice to be eligible for participation and athletic insurance coverage.

All student-athletes at Calhoun Community College will complete a health examination record. Student-athletes will receive the required documentation in the mail prior to arriving on campus for the fall semester. This examination record assists the physicians in performing a complete physical examination.

All students will be required to sign a drug test consent form with the ACCC and college, giving the athletic department permission to drug test the student at any time. The drug policy is created by the Alabama Community College System. Student-athletes are subject to random drug testing throughout the year. The ACCC Drug Policy is on pages 23-27.

#### **ELIGIBILITY**

There are four levels of compliance for all athletes at Calhoun Community College.

- 1. National Junior College Athletic Association (NJCAA)
- 2. National Junior College Athletic Association Esports (NJCAAE)
- 3. Collegiate Fishing Authorities
- 4. Alabama Junior & Community College Conference (ACCC)
- 5. Calhoun Community College

Institutions/Regions/Conferences may implement rules more restrictive than the governing regulations but may not implement conflicting rules.

In order to participate in a certified sport, a student-athlete must be in good academic standing; in accordance with the rules and bylaws of the NJCAA, NJCAAE, ACCC, the College Fishing Association, and Calhoun Community College. ELIGIBLITY REQUIREMENTS ARE NOT THE SAME AS REQUIREMENTS TO MAINTAIN A SCHOLARSHIP. A STUDENT-ATHLETE MAY BE ELIGIBLE TO CONTINUE PLAYING BUT NOT RECEIVE AN ATHLETIC SCHOLARSHIP AND/OR A STUDENT MAY MEET ATHLETIC SCHOLARSHIP REQUIREMENTS AND NOT BE ALLOWED TO PLAY.

Calhoun Community College has established certain eligibility regulations outlined below under ACADEMIC STANDARDS OF PROGRESS.

### REQUIREMENTS for ATHLETIC ELIGIBILITY

- The following rules shall be used to determine a student's eligibility for athletic competition in any one of the certified sports of the NJCAA.
- A. Student-athletes must be making satisfactory progress within an approved college program or course as listed in the college catalog.
- B. Student-athletes must be enrolled full-time using any combination of sessions within a term, and in classes that begin before the end of the sport season in which the student-athletes choose to participate, within 18 calendar days from the beginning of the term. Student-athletes that do not conform to this rule will be ineligible for the remainder of the term.
- C. Student-athletes must maintain enrollment in 12 or more credit hours as listed in the college catalog during each term of athletic participation. A student-athlete becomes ineligible 48 hours after dropping below 12 hours either by withdrawal of administrative withdrawal for attendance. Student-athletes who drop below 12 hours are ineligible until full-time status is regained within that term.
- D. A student-athlete will be charged with attempting a term of full-time enrollment when they remain enrolled in full-time status beyond the 18th calendar day of the term (ot to end on a weekend or Federal Holiday) OR if they have participated in a contest prior to that date. Summer and/or

- intersession (winter term) do not count as a full-time term.

  Student-athletes should be enrolled in 15-16 credit hours
  each semester for graduation requirements to coincide
- each semester for graduation requirements to coincide with 2 years eligibility.
- F. 1st: A First season participant must meet accumulation requirements OR earn 12 credits with a 2.00 GPA during previous full-time term.
- G. 2nd: A Second season participant must meet accumulation requirements OR earn 12 credits with a 2.00 GPA during previous full-time term

#### AND

Must have 24 earned credits with a 2.00 GPA.

- H. Semester Eligibility Accumulation Requirements
- Prior to 1st Full-Time Term Must meet all enrollment requirements
- Prior to 2nd Full-Time Term Need 6 accumulated credits with a 2.0 GPA
- Prior to 3rd Full-Time Term Need 24 accumulated credits with a 2.0 GPA
- Prior to 4th Full-Time Term Need 33 accumulated credits with a 2.0 GPA
- Prior to 5th Full-Time Term Need 48 accumulated credits with a 2.0 GPA
- Prior to 6th Full-Time Term Need 57 accumulated credits with a 2.0 GPA
- Prior to 7th Full-Time Term Need 57 accumulated credits with a 2.0 GPA
  - AND must have earned 12 credits with a 2.0 GPA in the previous

full-time term.

#### I. Eligibility Overview

- Winter Term and Summer Term credits can be utilized for accumulation towards eligibility.
- "Best Hours" can be utilized to meet the accumulation and GPA requirements.
- The NJCAA honors the Certified Learning Disabled Exemption.
- The 18-month Rule accommodates military and religious missions only.
- The NJCAA did not charge any student-athlete participation in the NJCAA sport during the 2020-2021 academic year at an NJCAA member institution with a season of participation.
- J. Student-athletes in their last academic term MAY participate while enrolled in the number of credit hours required to graduate. Degree requirements must be documented by the institution. One-time exception, once it is utilized the student-athlete must meet full-time requirements in 12 credits.
- K. A student-athlete who graduates with a degree from a NJCAA institution may participate in the term immediately following graduation and be enrolled in six (6) hours that must begin prior to the end of the regular season schedule. This is a one-time exception, separate from the Last Academic Full-time enrollment exception.
- L. Students must not have previously competed during two (2) seasons in a given sport at any intercollegiate level. A season of participation was not charged to any student-athlete in a NJCAA sport during the 2020-2021 academic year at an NJCAA member institution

#### M. AMATEURISM

Amateur athletes are those who engage in sports for the physical, mental, or social benefits they derive in participation and to whom athletics is an avocation and not a source for personal financial remuneration. An athlete must maintain amateur status at all times once they reach their 19th birthday or initially enroll as a full-time student in college, whichever comes first. They must maintain their amateur status until their NJCAA eligibility in a sport is exhausted.

#### N. NAME, IMAGE & LIKENESS

- The Name, Image, & Likeness Bylaw will promote and provide opportunities for student-athletes in the area of name, image, and likeness. Under the bylaw, the following acts shall not cause a student-athlete to lose his or her amateur status in the NJCAA:
- Participating in radio or television programs for the purpose of promoting an amateur athletic event.
- Receiving compensation for supervision of physical education, playground, or recreational activities.
- Receiving compensation for use of name, image, or likeness to promote any commercial product or enterprise, or public or media appearance so long as it does not conflict with the institutions existing partnerships, sponsorships, and agreements.
- A member institution allowing a student-athletic to receive compensation in compliance with their state law.

#### The following acts remain prohibited in the NJCAA:

- Institutional employees or boosters making direct payment to athletes; and
- Direct payments from the institution in exchange for athletic performance or as a recruiting inducement.
- Before any contract for compensation for the use of a student-athletes NIL is executed, and before any compensation is provided to the student-athlete in advance of a contract, the student-athlete shall disclose that contract to his or her member institution in a manner prescribed by the member institution. The institution shall review such contract to determine its compliance with this policy.
- Additional ACCC Guidelines are located in the appendix.

#### N. TRANSFER

A student-athlete who has attended another college may not be immediately eligible for participation at Calhoun Community College. All NJCAA guidelines must be met prior to establishing eligibility and signing a LOI. A Transfer Waiver, Release, and Transfer Tracking form is required for all transfer student-athletes.

#### O. HARDSHIP

A hardship is available for a student-athlete who suffers an injury, illness, or situation which results in the student-athlete's inability to complete a season and/or did not satisfy one of the eligibility rules. The student-athlete must not have participated in more than 30 percent of the college's regular season schedule. Hardship applicant must not have participated beyond the mid-point of the allowable sport schedule nor in the postseason. Postseason (regional, district or national tournament) games may not be counted as part of the regular season schedule for the purpose of acquiring a hardship. The injury/illness or situation must be season ending in nature. Entry into athletic contest of any regular scheduled contest during the collegiate year shall constitute one (1) season of participation. A Hardship request must be filed with the NJCAA in a timely manner.

#### **ACADEMIC STANDARDS OF PROGRESS**

Academic standards of progress have been developed to ensure that you will be eligible to graduate from Calhoun

- Community College.
- 1. Each team coach has responsibility for his/her team's academic progress.
- All student-athletes and managers are required to attend study hall for 2 hours a week in the STAR Institute on campus. Students may also request virtual tutoring. Two weekly tutoring appointments satisfy the study hall requirement.
- Students who have a 3.6 GPA the previous semester are not required to attend study hall. All incoming students must attend study hall.
- 4. Grade checks are distributed to your instructors by your coach each semester within one week of midterm to evaluate your progress.
- All student-athletes and managers who fall below a "C" in any course at the mid-term or have a 3.0 overall GPA at the end of the semester may be required to attend additional study hall and tutoring.
- No student-athlete will participate in tournament play if academic eligibility requirements were not met at the end of the term.
- 7. In the off-season, a student-athlete with a grade point average below 3.6 and who refuses to participate in study sessions, may forfeit his/her chances of signing a scholarship agreement for a second year.
- All students are to come prepared to the STAR Institute with books, paper, and writing instrument to study for the entire session.
- 9. The team coach and/or academic advisor will assist with arranging study hall and/or tutorial sessions.
- 10. Student-athletes who fail to attend study hall in the STAR Institute will have consequences defined by the coaching staff and Vice President of Student Services.
- The STAR Institute is located on the Decatur (Chasteen Student Center Room 230) and Huntsville (Sparkman Building Room 206) campuses. Many resources are provided, including one-on- one tutoring. Students can also attend group study sessions. STAR hours are Monday Thursday, 8:00 am 5:00 pm Virtual tutoring appointments through TutorTrac in MyCalhoun portal are available day, evenings and weekends. For more information, call (256) 306-2594.
- 11. Student-athletes are expected to address all college
- personnel (coaches, instructors, etc.) by their earned title and with respect. First names are not appropriate.
- 12. Students are not required to be enrolled or to be enrolled full-time during the fall term to be eligible to participate in baseball or softball during the spring season.

#### **SOCIAL MEDIA CODE of CONDUCT**

Calhoun Community College (CCC) supports the personal use of social media by student-athletes and student-staff. Social media refers to the use of apps such as Twitter, Instagram, LinkedIn, Flickr, Pinterest, Facebook, Snapchat and others offering an opportunity to interact socially with new people, and connect with friends and family. The Calhoun Athletic Department does not restrict use of public media outlets including social networking. However, student-athletes and student-staff should understand their actions in public media serves as a reflection of CCC, the athletics department, your coaching staff, and your teammates. One must always exhibit respectful behavior during all social media interactions and display pride and respect for the Athletic Department, the College, and Community.

Participation in athletics at Calhoun Community College is a privilege and not a right. The CCC Disciplinary Committee will investigate any concerns that are misconduct as defined by the college Student Code of Conduct in the current College Catalog. Student-athletes and student-staff must abide by the following rules related to the use of the internet and social networking sites. Student-athletes may not post any of the following online:

1) Pictures, information or other content that might cause embarrassment to themselves, fellow student-athletes, teams, coaches, the Athletics Department or the college (examples: obscene images, profanity, offensive/racially charged language, pictures with alcohol, references to drugs/sex).

- 2) Any content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory remarks regarding another college; taunting comments aimed at a student-athlete, coach, or team at another college). No incriminating photos or statements depicting violence; hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism; stalking; underage drinking; selling possessing, or using controlled substance; gambling; fighting; academic dishonesty; or any other inappropriate behaviors.
- 3) Any information that is sensitive or personal in nature or is proprietary to the Athletic Department or the college is not public information (examples: tentative or future team schedules, athletic injuries and eligibility status, travel plans/itineraries or information)
- 4) Any picture, audio or video content or any information not deemed personal property of the Student-athlete/student-staff or a violation of copyright laws. Student-athletes/student-staff may not use the logos or trademarks of Calhoun Community College or any other entities without permission. Student-athletes/student-staff are personally liable for any copyright violations they may commit.
- 5) Any comment that would constitute a violation of the ACCC, NJCAA, NJCAAE, or Collegiate Fishing Organization rules. (examples: commenting about prospective student-athletes, providing information related to sports wagering, or soliciting impermissible extra benefits).

Student-athletes/student-staff must provide their Coaches/ Athletic Director with access to their social networking sites if requested. The Athletic Department monitor's studentathletes/student-staff public social media sites in order to protect Calhoun Community College and its student-athletes.

#### Safety and Privacy

•Never post your personal information (address, phone number, DOB, whereabouts, or plans)

- Be aware of who you add as a friend to your account
- Protect yourself. Do not provide any information that someone may be able to use against you
- Maintain privacy at all times. Use caution posting photos or involving names.

STUDENT-ATHLETES AND ATHLETIC STAFF AT CALHOUN COMMUNITY COLLEGE ARE REQUIRED TO ABIDE BY RULES SET FORTH IN THIS POLICY. THE FAILURE TO DO SO MAY BE A VIOLATION OF THE STUDENT-ATHLETE/ATHLETIC STAFF CODE OF CONDUCT AND/OR THE COLLEGE STUDENT CODE OF CONDUCT. THE VIOLATION MAY RESULT IN SANCTIONS AND DISCIPLINARY ACTION BY THE ATHLETIC DEPARMENT AND THE COLLEGE.

#### ATHLETIC COMMUNICATION

The Calhoun Community College Public Relations and Digital Media (PR/DM) Office is responsible for the publicity and promotion of Calhoun's Athletic teams. The office maintains the department website (https://calhoun.edu/athletics/), serves as the liaison between the Athletic Department and the local and national media, and creates content to promote Calhoun's athletic teams and student-athletes through various media outlets (social media, broadcast television, streamed television, digital platforms, and print publications).

As a member of the Calhoun's Athletics Department, the actions of our athletics staff and student-athletes are reflective of the college, the coaching staff, and your team. All participants should conduct themselves in a positive and respectful manner in public and online, as well as refrain from any behavior that could be deemed as inappropriate. Athletic staff and students must contact Calhoun's Public Relations and Digital Media Office for approval prior to accepting or scheduling interviews with local or national media. Please note: Any request from local or national media must always be communicated to the PR/DM office at (256)306-2560 or (256) 306-2965 or via email at sherika.attipoe@calhoun.edu or wes.torain@calhoun.edu. Although athletic staff and student-athletes are not required to do any interviews, it is strongly encouraged to speak with the media for coverage of your teams, our athletic programs, as well as the college as a whole.

#### ALCOHOL/DRUGS

Intoxication from, or the use, display, or possession of alcoholic beverages or any controlled substance (drug) as outlined by the *Code of Alabama*, unless the student has a valid prescription for the use of the respective controlled substance is prohibited on campus, or at any athletic event. It is illegal for a person under the age of 21 to consume or possess alcohol in the state of Alabama. Public intoxication, on or off campus, is a violation of the Calhoun Athletic Department and will result in disciplinary action, which may include suspension and dismissal from the athletic program. Any student-athlete who is cited for a Drinking Under the Influence (DUI), charge will be suspended from athletic competition and will abide by the current ACCC drug policy. See page 25. **All student-athletes are subject to** 

random urinalysis drug testing.

#### **TOBACCO FREE POLICY**

Calhoun Community College is committed to providing a safe and healthy environment for its employees, students and visitors. The College recognizes the right of persons to make their own decisions about their personal use of tobacco products away from the College. However, in light of findings of the U.S. Surgeon General that exposure to secondhand tobacco smoke and use of tobacco products are significant health hazards, the College has established a tobacco-free environment on its campuses and in college vehicles. Consequently, the use, distribution, or sale of tobacco products, including the carrying of any lighted smoking instrument, in College buildings or in or upon other College premises or inside College-owned, rented or leased vehicles is prohibited.

For the purposes of this policy, a "tobacco product" is defined to include any lighted or unlighted cigarette (including electronic cigarettes), cigar, pipe, bidi, clove cigarette, and any other smoking product, as well as smokeless or spit tobacco, also known as dip, chew, snuff or snus, in any form.

All College employees, students, visitors and contractors are required to comply with this policy, which shall remain in force at all times. Any College employee or student found to be in violation of the tobacco-free policy will be subject to a monetary fine. Tickets will be issued by a campus police officer for violations of Calhoun's tobacco-free policy. Monetary fines will be imposed as listed below, depending on whether the offender is an employee or student.

Any visitor or contractor found to be violating this policy shall be asked to discontinue the disallowed activity, and any failure by a visitor or contractor to discontinue the disallowed activity after being requested to do so shall result in the visitor or contractor being escorted off the college premises by campus police.

#### **STUDENT FINES**

Any Calhoun student found to have violated this policy shall be subject to the following fines: 1st ticket – \$25.00 fine, 2nd ticket - \$25.00 fine.

All fines must be paid within 7 days of ticketing. Fines that are not paid within the 7 days shall automatically double in amount.

A student who has a pending fine or fines may not register for classes nor have transcripts released until all fines are paid in full. Any student wishing to appeal a fine arising from the finding of a tobacco-free violation under this policy may do so with the Vice-President for Student Services, Dr. Patricia Wilson.

#### **EMPLOYEE FINES**

Any Calhoun employee found to have violated this policy shall be subject to the following fines: 1st ticket – Warning, 2nd ticket - \$25.00 fine.

All fines must be paid within 7 days of ticketing. Fines that are not paid within the 7 days shall automatically double in amount.

Any employee wishing to appeal a fine arising from the finding of a violation of this policy may do so with the Vice President Academic Affairs.

With the exception of advertising in a newspaper, magazine, or similar publication that is not produced by Calhoun Community College, no tobacco-related advertising or sponsorship shall be permitted on College property or at college-sponsored events. No tobacco-related advertising or sponsorship shall appear in any publications produced by the College or by any club or association authorized by Calhoun Community College. For the purposes of this policy, the term "tobacco-related" applies to the use of a tobacco brand or corporate name, trademark, logo, symbol or motto, selling message, recognizable pattern of colors or any other indicia of product identification identical to or similar to, or identifiable with, those used for any brand of tobacco products.

The College President develops administrative regulations and procedures as necessary to implement this policy, including provisions for notification, signage, disciplinary consequences, complaint procedures and enforcement.

Procedures will be developed to offer or promote prevention and education initiatives that actively support non-use and address the risks of all forms of tobacco use. The College will also endeavor to have information available for its students and employees on community programs or services related to helping people stop the use of tobacco products.

#### **WEAPONS POLICY**

Calhoun Community College prohibits all firearms on campus or at athletic activities.

## MINIMUM STANDARDS FOR PARTICIPATION

Calhoun Community College offers team sports in the areas of baseball, softball, men's and women's basketball, volleyball, golf, fishing, cross country, and esports. In order to become a member of these teams, each individual must meet certain minimum standards. The coach will make the final decision as to the individuals who make the team based upon the minimum standards for participation listed below.

#### **BASEBALL/SOFTBALL**

#### **ALL PLAYERS**

- 1. Have ability to hit, throw, and catch a ball
- 2. Have the speed and guickness to run the bases
- 3. Have the ability to slide into bases
- 4. Have the ability to make guick decisions

#### **PITCHERS**

- 1. Have the control to throw strikes and control the speed of the ball
- 2. Have the ability to get batters out
- 3. Have the ability to throw different types of pitches at different speeds
- 4. Have the ability and mobility to field the position
- 5. Have the ability to make quick decisions on the mound

#### **FISHING**

- 1. Possess a boating license and the ability to transport, launch, and operate a bass boat.
- 2. Ability to cast multiple styles of reels.
- 3. Ability to tie various knots based on line type and lure.
- 4. Ability to operate trolling motor.
- 5. Have ability to make decisions and adjustments during tournament competition.

#### **VOLLEYBALL**

- 1. Ability to consistently set, pass attack and serve a volleyball.
- 2. Be able to execute ALL fundamentals of the game in tournament play.
- 3. Understand volleyball terminology
- 4. Have the ability to:

attack jump- 9'1"-9'5" block jump- 9'1"-9'5" vertical jump- 19.9"-22.6"

5. Have ability to make quick decisions.

#### **GOLF**

#### **MEN'S & WOMEN'S TEAM STANDARDS**

- Tournament competition experience is looked upon very strongly
- 2. Work ethic in classroom and on-course
- 3. Character and Attitude is of high standard
- 4. Scoring average 70-85

#### **ESPORTS**

- 1. Have the ability to make quick decisions
- 2. Have the ability to focus on a rapidly changing gaming environment.
- 3. Have serious work ethic in the classroom and in Esports.
- 4. Ability to play games competitively while maintaining a respect for all participants.
- 5. Comprehensive knowledge of the equipment that goes with participating in Esports (console/PC functions, use of mouse & keyboard/console controllers, proper uses of the equipment, etc.)

#### **CROSS COUNTRY**

#### **MEN'S & WOMEN'S TEAM STANDARDS**

- 1. Run 40-50 miles per week
- 2. Run a sub 23 (women) sub 20 (men) 5K preferred
- 3. Understand basic running terminology
- 4. Ability to make decisions and adjustments in competitive races.

#### **BASKETBALL**

- 1. Ability to consistently pass, dribble, and shoot the ball under pressure from all areas of the floor.
- 2. Consistently display on ball and help defensive principles.
- 3. Demonstrate ability to jump, rebound and perform post/guard fundamentals.
- 4. Understand basic basketball terminology and make quick decisions.
- 5. Possess agility and physical endurance to defend the entire court

ALL PLAYERS ARE EXPECTED TO HAVE A STRONG WORK ETHIC, FOLLOW INSTRUCTIONS, AND RESPECT ALL TEAMMATES, MANAGERS, AND COACHES. EXCEL ON AND OFF THE PLAYING SURFACE, BE COACHABLE, AND BE COMPETITIVE.

#### ATHLETIC CODE OF CONDUCT

#### **CONDUCT EXPECTATIONS**

The College assumes that entering student-athletes are adults who have developed mature behavior patterns, positive attitudes, and conduct above reproach. Student-athletes are treated in accord with this belief.

The athletic code of conduct has been established to inculcate discipline, teamwork, team pride, good sportsmanship, establish leadership, establish respect for rules and authority, and eliminate disruptive influences. Academic eligibility and academic standards of progress must be maintained. Failure to maintain eligibility and academic standards will result in the athlete not participating in games or practice as stipulated by the coach and the Athletic Department.

#### **PRACTICE**

- 1. Your attitude in practice is expected to be one of hustle, desire, and respect.
- 2. Promptness at all practices and team meetings is required. Continued violations may result in dismissal from the team and loss of your scholarship.
- 3. Managers are an extension of the coach. They are expected to be treated with the same respect as the coaches.

#### COMPETITION

- 1. You are representing Calhoun Community College in different communities, cities, and towns. The only impression many of these people will have of Calhoun Community College is the one they form as we pass through their city. Conduct yourself in a way that will bring honor to yourself and this institution.
- 2. Transportation will be provided for road games. All players and managers will ride in college vehicles to and from all games/tournaments/events.
- 3. Arrival and departure times will be determined by the coach. If you are late, you will be left behind.
- 4. Team travel attire or uniforms will be worn on all trips unless directed by the coach. Student-athletes may be asked to wear dress clothes on occasion.
- 5. Any athlete or manager suspended from the team will not be allowed to travel with the team or sit on the team bench.

The College reserves the right to dismiss any student-athlete or member of the Athletic Department staff whose on-or-off campus behavior is undesirable or harmful to the College. Calhoun Community College is a public educational institution of the State of Alabama and, as such, shall not permit on its

premises, or at any activity which it sponsors, the possession, use, or distribution of any alcoholic beverage or any illicit drug by any student, employee, or visitor. In the event of the confirmation of such prohibited possession, use, or distribution by a student or employee, Calhoun Community College shall, within the scope of applicable Federal and State due process requirements, take such administrative or disciplinary action as is appropriate. For a student, the disciplinary action may include, but shall not be limited to, suspension or expulsion. Athletes found in possession of alcohol or non-prescription drugs will be arrested and held until a parent(s) or guardian(s) can be notified.

For the protection and convenience of all student-athletes and the community, regulations prohibit disorderly conduct either on campus or in the classroom. Student-athletes participating in any unauthorized mass demonstration, or whose presence and/or actions constitute a general disturbance, or who fail promptly to obey any order to disperse given by any college official or by any duly constituted law enforcement officer, are subject to immediate suspension from the College. Reasonable quiet shall be maintained at all times in and around the College buildings. Possession of weapons on the campus is prohibited.

Student-athletes conducting themselves in such a manner as to disturb or disrupt a class will be told by the instructor to leave the classroom. The student-athlete may return to class as soon as he/she is capable of conducting himself/ herself as a mature adult. However, the second such offense would require the student-athlete to meet with the Vice President of Student Services.

College Policies/Regulations and the College Code of Conduct supersedes all Athletic Department Code of Conduct.

### CALHOUN COMMUNITY COLLEGE CODE OF CONDUCT

All students of Calhoun Community College shall be expected to conduct themselves in an honorable, ethical fashion. However, in the event of proven misconduct, appropriate disciplinary action will be taken. The following sections address the Student Code of Conduct, as well as the College's disciplinary procedures.

**Misconduct Defined.** A student shall be subject to disciplinary action by the College, up to and including dismissal, for misconduct on any property owned or controlled by the College, or off campus at any function which is authorized, sponsored, or conducted by the College or in parking lots adjacent to areas or buildings where College functions are being conducted. Such misconduct shall include the commission of, the attempt to commit, or the solicitation of any of the following offenses:

1. Any form of dishonesty, including cheating, plagiarism, or furnishing false information to the College. Cheating is defined, for academic purposes, to include, but not be limited to, the use of unauthorized aids (such as crib sheets or other items such as written materials; drawings; lab reports; discarded computer printouts, stored information,

or programs); unauthorized assistance on take-home exams or projects; copying, or copying from another student's work; soliciting, providing, and/or receiving any unauthorized aid or assistance (whether orally or in writing); or similar or equivalent acts contrary to the principles of academic honesty.

Plagiarism is defined to include the act of using in one's work, or as one's work, the work of another without clearly indicating that the work is someone else's and stating the source of the other's work.

- Forgery, alteration, or misuse of College documents, records or identification.
- \*Intoxication from, or the use, display, or possession of, alcoholic beverages or any controlled substance (drug), as outlined by the Code of Alabama, unless the student has a valid prescription for the use of the respective controlled substance.
- Use, possession, or distribution of firearms, ammunition, fireworks, or any type of explosive or incendiary device or material. Only duly constituted law enforcement officers may possess firearms on campus.
- 5. \*Disorderly or disruptive conduct, including rioting, inciting to riot, assembling to riot, raiding, inciting to raid, and assembling to raid college properties. This offense also includes in-class behavior, which, in the opinion of the respective instructor, unduly disrupts the order of a class.
- 6. Lewd, indecent, obscene, or unduly offensive behavior or expression. This offense includes, but is not limited to, the usage of verbal or symbolic expressions, which would tend to be reasonably interpreted as insulting to one's race, gender, religion, age, national origin, or disability.
- 7. Participation in any form of gambling.
- 8. Unauthorized entry to College facilities.
- Unauthorized possession, duplication or use of a key to College facilities, and/or interference with the use of or access to a College facility.
- 10. \*Theft of, or intentional damage to, property of the College or to the property of any member of the College community or visitor to the College.
- 11. Intentional misuse of any College fire alarm or fire-fighting equipment.
- 12. \*Actual or threatened physical abuse of any person including domestic violence, dating violence, sexual assault, or stalking (menacing), as defined under Alabama State Law, verbal abuse, threats of intimidation, harassment, and/or coercion, including hazing or any other act, which would tend to endanger the health or safety of the College

- environment or any person on campus
- 13. \*Failure to promptly comply with directions of College officials or law enforcement officers acting in the performance of their duties, furnishing false information to any College official, and/or failure to identify oneself to these persons when requested to do so.
  - 11. The wearing of attire which, in the opinion of the administration of the College, is lewd or immodest to the extent that it would tend to disrupt the educational process and/or infringe upon the rights of any other student or employee of the College.
  - 12. Violation of any College policy or regulation as published or referred to in the College Catalog, Student Handbook, or College website including, but not limited to, those governing the time, place and manner of public expression; the registration of student organizations; and use of or parking of motor vehicles on the campus.
  - 13. Violation of any Federal, State, or local law or ordinance.
  - 14. Disruption or obstruction of teaching, administration, disciplinary proceedings, other College activities, including its public service functions on or off campus, or of other authorized non-College activities when the conduct occurs on College premises.
  - 15. Theft or other abuse of computer facilities and resources, including but not limited to
  - a. Unauthorized entry into a file, to use, read, or change the contents, or by any other purpose.
    - b. Unauthorized transfer of a computer file.
  - c. Use of another individual's identification and/or password.

  - e. Use of computing facilities and resources to send obscene or abusive messages.
  - f. Use of computing facilities and resources to interfere with normal operation of the College computing system.
  - g. Use of computing facilities and resources in violation of copyright laws.
    - h. Any violation of the College Computer Use Policy.
- 16. Abuse of the Student Code of Conduct System, including but not limited to:
  - a. Failure to obey the notice from the Dean or College official to appear before a meeting or hearing as part of a

Student Conduct proceeding.

- b. Falsification, distortion or misrepresentation of information before a Student Conduct Committee.
- c. Disruption or interference with the orderly conduct of a Student Conduct Committee proceeding.
- d. Attempting to discourage an individual's proper participation in, or use of, the Student Conduct system.
- e. Attempting to influence the impartiality of a member of a Student Conduct Committee prior to, and/or during the course of the Student Conduct Committee proceeding.
- f. Harassment (verbal or physical) and/or intimidation of a member of a Student Conduct Committee prior to, during, and after a Student Conduct Code proceeding.
- g. Institution of a Student Conduct Code proceeding in bad faith.
- h. Failure to comply with the sanctions(s) imposed by the Committee under the Student Code of Conduct.

\*The commission of any of these particular offenses will subject the student to immediate, automatic disciplinary suspension or expulsion from the College, if the Vice President of Student Services has probable cause to believe that the respective student committed such an offense. In such case, the Vice President of Student Services will set a hearing for the earliest reasonable date after the alleged occurrence of the violation.

#### STUDENT RESPONSIBILITIES

- 1. You must complete all application forms accurately and submit them on time to the proper department(s).
- 2. You must provide accurate information. Misreporting information on forms may be a violation of the law and may be considered a criminal offense.
- 3. You must return all the necessary documentation, verification, corrections, and/or new information requested by the Athletic Department or other collegiate office.
- You are responsible for reading and understanding all forms that you are asked to sign and for keeping copies of them.
- 5. You must be aware of and comply with application deadlines for aid.
- 6. Work-Study recipients must not complete any work-study assignments during classes, scheduled practice, or games.

7. Work-Study recipients are responsible for having their timesheets approved and sent to the Office of Student Financial Aid on the 16th of each month unless otherwise directed.

Additional information may be obtained from Dr. Nancy Keenum, Athletic Director.

#### **CLASS ATTENDANCE IS NOT OPTIONAL**

Your education comes first, athletics second, and everything else follows in the chain. Regular class attendance is important to gain and demonstrate competency in course concepts and skills. Students are expected to accept responsibility for class attendance and to complete in-class work assignments and examinations as scheduled by the instructor. Some college curriculums require attendance for program accreditation or certification. Students should consult departmental policies or guidelines for details. Student-athlete absences for game participation must be kept to a minimum. THE STUDENT-ATHLETE IS RESPONSIBLE FOR CLASS ACTIVITIES MISSED DURING ANY ABSENCE. IT IS THE STUDENT'S RESPONSIBILITY TO CONTACT THE INSTRUCTOR REGARDING MISSED ASSIGNMENTS OR TESTS FOR GAME ABSENCES.

### CALHOUN COMMUNITY COLLEGE ATTENDANCE POLICY

College instructors are required to provide a syllabus to each student enrolled in their course. The syllabus establishes the instructor's expectations, policies, procedures, course content, course schedule, and other information defining the requirements of the course for the student. Upon receiving the syllabus, students are deemed to be on notice of its contents and are assumed to understand and abide by the expectations, policies, and procedures stated therein. Students who have questions regarding the syllabus should *FIRST* consult their instructor and, if necessary, the department chairperson before contacting the dean. Online class attendance is generally measured by the completion of assignments or tests.

If a student fails to officially withdraw from a course, this could result in a grade of F and adversely impact financial aid.

#### FINAL EXAMINATION ATTENDANCE

Attendance at final examinations is mandatory. Such examinations are administered in all academic subjects at the end of each semester in accordance with an examination schedule issued by the Dean or designee. Any student who must miss a final examination has the responsibility of notifying his/her instructor to make arrangements to take the final examination on an alternate date, if possible. This is accomplished by filling

out a form entitled "Permission to Alter Final Examination Schedule" which may be obtained in divisional/departmental offices. One copy of the form is retained by the faculty member and one copy is retained by the student. Faculty members should not change the published class examination schedule without prior approval from the Dean or designee.

A student-athlete's eligibility may be jeopardized if a student receives an incomplete (I) in a course. It is imperative that all student-athletes complete all assignments/tests missed in a timely manner.

#### WITHDRAWAL POLICY

A student-athlete's eligibility may be jeopardized if a student receives a withdrawal (W) in a course. It is imperative that all student-athletes complete all assignments/tests missed in a timely manner.

Student-athletes are not permitted to withdraw from a course without permission from Mrs. Gina Loosier, the athletic academic advisor, AND the team coach. The coach/academic advisor may require written verification/documentation from the instructor. If a student-athlete receives permission to withdraw from the course, the student-athlete may be required to complete the course the following semester if necessary to graduate. The student-athlete will be required to pay for the class in the future as a result of the withdrawal.

Gina Loosier will complete the withdrawal process for all student-athletes, once approved by the academic advisor/coach. DO NOT WITHDRAW FROM A COURSE WITHOUT A CONVERSATION WITH GINA LOOSIER AND COACH. Your team's eligibility is at stake!!

#### **NJCAA CODE OF CONDUCT**

This code of conduct applies to all regional, district and national events, as well as contests and tournaments sponsored by the National Junior College Athletic Association. Violations of the code of conduct occurring during the regularly scheduled season events shall be referred to the respective conference or region standards and ethics committee.

- A. Participants shall recognize the responsibility for proper conduct at any national tournament, event or contest sponsored by the NJCAA or its member colleges.
- B. Coaches shall recognize and assume responsibility for the actions of themselves and the team members. Each coach who has participants competing in the event shall be responsible for informing each participant about the Code of Conduct.

#### **BEHAVIOR**

Coaches, players, and institutional personnel must remember they are representatives of an institution of higher learning, its faculty, and administration and student body. As such they are expected to conduct themselves in a manner that would reflect credit on their team, institution, region and the NJCAA. Student-athletes, coaches and institutional personnel who are participating in NJCAA events are subject to all NJCAA rules, regulations and penalties as stated in the NJCAA handbook as well as local, state and federal laws.

Inappropriate and unacceptable behavior by coaches, players or institutional personnel will not be tolerated before, during, or after contests; at the hotel or in public while representing their college. This Code of Conduct does not replace Article XVIII of the NJCAA handbook. Unacceptable forms of behavior include but are not limited to: Fighting, taunting, inappropriate celebration, disrespectful attitude toward opponents, officials, tournament administrators, use of profane and vulgar language, use of tobacco and/or alcohol, disrespectful attitude toward host hotel personnel, and unlawful activities.

#### **DEROGATORY COMMENTS**

Coaches, athletes or institutional personnel shall not make derogatory public comments regarding the administration of a tournament or officiating of contests during post-game interviews or at other times; to print or broadcast media, in news releases or institutionally produced news releases or under any conditions when their comments may become public. The head coach shall be fully responsible for assuring that no public comments are made by the coaching staff, student-athletes or institutional personnel about officiating, fighting or other incidents which occur during contests.

A coach shall not address or permit anyone in the team area to address uncomplimentary remarks to any game official during the progress of a contest or engage in conduct which might incite student-athletes or spectators against officials.

#### **REPORTING**

Violations of the Code of Conduct may be reported to the Executive Director of the NJCAA or his designee. Procedures and Penalties may be found in the NJCAA Handbook. See Dr. Keenum for more information.

Esports and the Fishing team have similar guidelines and expectations from the NJCAAE and Collegiate Fishing Governing Organizations.

### **APPENDIX**

#### ATHLETIC INSURANCE INSTRUCTIONS

The Alabama Community College Conference maintains a sports accident insurance policy for all covered athletic injuries. This policy in excess of any other valid and collectible insurance – it is a secondary policy and all claims <u>must be submitted to the athlete's primary insurance first</u>. Please send this with the student-athlete any time medical expense is incurred. This will help decrease the amount of time it takes to adjudicate a claim.

- 1. An injury report must be submitted (appendix) by a Coach;
- 2. Submit medical charges to any other insurance policy the patient is covered under first (regardless of whether the patient is the primary member or a dependent);
- 3. Once the primary insurance claim is processed, submit the itemized bill and primary carrier statement to the athletic office.

BMI Benefits, LLC P.O. Box 511 Matawan, NJ 07747 1-800-445-3126 www.bobmccloskey.com

Group Name: Alabama Community College Conference School: Calhoun Community College

3. Payment will be made directly to the medical provider unless otherwise requested.

Disclaimer: Claims submitted under the Alabama Community College Conference coverage are subject to all policy limitations and exclusions. This instruction sheet is not a guarantee of payment. It is intended only to facilitate submission of claims.

#### HOW TO FILE A CLAIM:

- Complete this form within 90 days. 1.
- Attach Itemized Bills and Primary Carrier Statements
- Mail to: BMI Benefits, LLC, P.O. Box 511, Matawan, NJ 07747 800-445-3126 (P) 732-583-9610 (F)



ANY PERSON WHO KNOWINGLY AND/OR WITH INTENT TO INJURE, DEFRAUD OR DECEIVE AN INSURANCE COMPANY OR OTHER PERSONS FILES A STATEMENT OF CLAIM CONTAINING FALSE, INCOMPLETE OR MISLEADING INFORMATION, MAY BE GUILTY OF INSURANCE FRAUD AND SUBJECT TO CRIMINAL AND SUBSTANTIAL CIVIL PENALTIES.

This part must be completed and signed by an official of the policyholder or the claim cannot be processed PART 1A: POLICYHOLDER School/Organization Policy# City, State, Zip School Mailing Address Malen Injured Person's Name Birth date Female n Date of Injury Type of Sport Part of body injured Time How did Injury occur? Sport Designation: Intercollegiate Intramurals Practice Game Other At the time of the injury, was the injured involved in an activity sponsored and supervised by the policy holder? YES NO YES NC Was he/she a witness to the accident? Name of Supervisor Signature of Supervisor/Official Date Title PART 1 B: INJURED PERSON'S INFORMATION THE INJURED PERSON'S SOCIAL SECURITY NUMBER MUST BE PROVIDED AS REQUIRED BY THE CENTER FOR MEDICARE SERVICES Injured Person's Social Security Number Injured Person's Home Address (Street, City, State, Zip) Is the injured Person Employed? YES NO If yes, please fill out Section A below. NO Is the injured Person Married? YES Spouse's Name Is the Spouse Employed? YES NO If yes, please fill out Section B below. Are you covered by any other insurance policy, either as a dependent, group, individual, automobile medical or liability YE If Yes: Name of Insurance Carrier PARENT/GUARDIAN INFORMATION Father/Guardian Name Mother/Guardian Name Address (Street, City, State, Zip) Address (Street, City, State, Zip) Home Phone Home Phone Is the Father Employed? YES NO Is the Mother Employed? YES NO SECTION A (INSURED/FATHER) SECTION B (SPOUSE/MOTHER) Employer Employer Address (Street, City, State, Zip) Address (Street, City, State, Zip) **Business Phone Business Phone** Insurance Company Policy# Insurance Company Policy# MEDICAL INFORMATION AUTHORIZATION ASSIGNMENT OF BENEFITS:

You are hereby authorized to furnish at the request of and to BMI Benefits, LLC or the underwriting companies with which it works, information which you may possess; including findings and treatment rendered, X-rays and copies of all hospital and medical records, all occasioned by professional services and hospital care rendered on my behalf. The foregoing authorization is granted with the understanding that any legal rights I may ordinarily have to claim communications between us as privileged are hereby expressly and voluntarily waived. A Photostat of this authorization shall be considered as effective and valid as the original, PAYMENT WILL BE MADE TO THE PROVIDERS OF SERVICE (HOSPITAL, PHYSICIAN AND OTHERS), UNLESS A PAID RECEIPT OR STATEMENT ACCOMPANIES THE BILL AT THE TIME THE CLAIM IS SUBMITTED. New York: Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

Claimant or Authorized Person's Signature

#### **CLAIM FORM FRAUD STATEMENT**

#### FOR RESIDENTS OF ALL STATES OTHER THAN THOSE LISTED:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**ARIZONA:** For your protection, Arizona law requires the following statement to appear on this form: Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

**CALIFORNIA:** For your protection, California law requires the following statement to appear on this form: Any person who knowingly presents a false or fraudulent claim for payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

**COLORADO:** It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the department of regulatory agencies.

**FLORIDA:** WARNING - Any person who knowingly and with intent to injure, defraud or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

**NEW HAMPSHIRE:** Any person who with a purpose to injure, defraud, or deceive any insurance company, files a statement of claim containing false, incomplete, or misleading information is subject to prosecution and punishment for insurance fraud, as provided in RSA 638:20.

**NEW JERSEY:** Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

**VIRGINIA: PLEASE NOTE** that these fraud warnings **DO NOT** apply in the State of Virginia.



## CALHOUN WARHAWKS FALL 2023 BASEBALL

DATE	TEAM	LOCATION	TIME
Wednesday, September 20	ACCC Showcase: Shelton State / Snead State	Hoover, AL	4:15/6:30 PM
Friday, September 29	Southwest Tennessee Community College	Western Kentucky Bowling Green, KY	ТВА
Friday, October 6	UNA	Florence, AL	ТВА
Friday, October 20	Alabama A & M	ТВА	ТВА



## **CALHOUN WARHAWKS**FALL 2023 BASS FISHING

DATE	TOURNAMENT	HOST	COURSE	TIME
Saturday, August 26	Team Tournament	Wheeler Lake	ТВА	ТВА
Tuesday, September 26	Team Tournament	Wheeler Lake	ТВА	ТВА
Sunday, October 1	Southern Collegiate Bass	Wheeler Lake	ТВА	ТВА
Sunday, October 22	Southern Collegiate Bass	Demopolis	TBA	ТВА



## **CALHOUN WARHAWKS**FALL 2023 MEN'S GOLF

DATE	TOURNAMENT	HOST	COURSE	TIME
September 10-12	Dan York Memorial Tournament	Wallace State	Cross Creek Golf Course, Cullman, AL	ТВА
September 24-26	Chuck Kalanick Memorial Invitational	Snead State	Cherokee Ridge Country Club Union Grove, AL	ТВА
October 8-10	Wallace State Match Play Event	Wallace State	Cross Creek Golf Course, Cullman, AL	ТВА
October 29–31	MGCC Invitational	Mississippi Gulf Coast	Wyndance Golf Club Biloxi, MS	ТВА
November 5-7	JSCC Invitational	Jefferson State	Musgrove C.C. Jasper, AL	ТВА



## CALHOUN LADY WARHAWKS FALL 2023 WOMEN'S GOLF

DATE	TOURNAMENT	HOST	COURSE	TIME
September 17-19	Snead State Invitational	Snead State	Twin Bridges, Gadsden, AL	ТВА
October 15-17	Wallace State Invitational	Wallace State	Cross Creek, Cullman, AL	ТВА
October 29-31	Jeff State Invitational	Jefferson State	Musgrove, Jasper, AL	ТВА
November 12-14	Southern Union Invitational	Southern Union	Arrowhead, Montgomery, AL	ТВА



## **CALHOUN LADY WARHAWKS FALL 2023 SOFTBALL**

DATE	TEAM	LOCATION	TIME
Saturday, September 9	Meet the Warhawks Wallace Dothan	Decatur AL	12:15 PM 1:00/3:00 PM
Friday, September 15	University of Tennessee Southern	Pulaski, TN	1:00/3:00 PM
Friday, September 22	Northwest Florida	Niceville, FL	12:00/2:00 PM
Saturday, September 23	Wallace Dothan	Dothan, AL	12:00/2:00 PM
Friday, September 29	Fall Classic	Decatur, AL	ТВА
Saturday, October 7	Columbia State	Columbia, TN	1:00/3:00 PM
Saturday, October 14	UNA	Florence, AL	12:00/2:00 PM
Saturday, October 21	Lee University	Cleveland, TN	1:00/3:00 PM



## **CALHOUN WARHAWKS**FALL 2023 CROSS COUNTRY

DATE	TOURNAMENT	HOST	COURSE	TIME
Friday, September 1	Foothills XC Invitational	Jacksonville State	Choccolocco, Oxford, AL	W 5:00 PM M 5:45 PM
Friday, September 8	North AL Invitational	UNA	McFarland Park Florence, AL	W 7:45 AM M 8:30 PM
Friday, September 15	Southern Showcase	Jacksonville State	John Hunt Cross Country Park, Huntsville, AL	W 8:30 AM M 7:30 AM
Saturday, September 30	Topper Trails Classic	Blue Mountain College	Blue Mountain, MS	W 9:00 AM M 9:45 AM
Saturday, October 7	UAH Chargers XC Invitational	UAH	John Hunt Cross Country Park, Huntsville, AL	W 8:50 AM M 8:00 AM
Friday, October 13	Calhoun Warhawk Invitational	Calhoun	Oakville Indian Mounds- Danville	W 4:30 PM M 5:00 PM
Friday, October 27	ACCC/Region 22 Championships	ТВА	John Hunt Cross Country Park, Huntsville, AL	W 10:45 AM M 10:00 AM
Saturday, November 11	Nationals	ТВА	John Hunt Cross Country Park, Huntsville, AL	ТВА

### 2023-2024 Women's & Men's Basketball Schedule

DATE	TEAM	LOCATION	TIME/SCORES
Wednesday, October 18	Talladega College (closed scrimmage)	Talladega	TBA (W)
Sunday, October 22	Blue & White Scrimmage	Decatur	2:00/3:00 PM
Thursday, November 2	Snead State	Decatur	5:00/7:00 PM
Saturday, November 4	Tennessee Prep	Decatur	3:00 (M) PM
Tuesday, November 7	Wallace-Selma	TBA	TBA
Thursday, November 9	Cleveland State	Cleveland, TN	5:00/7:00 PM
Saturday, November 11	Columbia State	Decatur	3:30 (W) PM
Monday, November 13	Volunteer State	Gallatin, TN	TBA
Thursday, November 16	Wallace-Selma	TBA	TBA
Saturday, November 18	CCC of Louisiana	Decatur	3:00 (M) PM
Tuesday, November 21	JSCC	Decatur	5:00 (M) PM
Monday, November 27	Snead State	Boaz	5:00/7:00 PM
Thursday, November 30	Itawamba	Decatur	5:30/7:30 PM
Friday, December 1 Saturday, December 2	Florida State College-Jacksonville Classic vs East Georgia FSCJ	Jacksonville, FL	4:00 (W) PM 2:00 (W) PM
Tuesday, December 5	Cleveland State	Decatur	TBA
Thursday, December 7	Itawamba	Fulton, MS	TBA
Saturday, December 9	Volunteer State	Decatur	TBA
Tuesday, December 12	Motlow	Decatur	TBA (W)
Thursday, December 14	Northeast Mississippi	Decatur	5:00/7:00 PM
Tuesday, December 18	JSCC	JSCC	5:00 (M) PM
Thursday, January 4	Gadsden State	Decatur	5:30/7:30 PM
Monday, January 8	Lawson State	Birmingham	5:30/7:30 PM
Thursday, January 11	Wallace State	Hanceville	5:30/7:30 PM
Monday, January 15	Chattahoochee Valley	Decatur Decatur	5:30 (W) PM 7:30 (M) PM
Thursday, January 18	Tennessee Valley Prep	Bay Minette	5:30/7:30 PM
Saturday, January 20	Coastal South	Mobile	5:30/7:30 PM
Thursday, January 25	Bishop State	Wadley	5:30/7:30 PM
Monday, January 29	Southern Union	Tuscaloosa	5:30/7:30 PM
Monday, February 5	Shelton State	Gadsden	5:30/7:30 PM
Thursday, February 8	Gadsden State	Decatur	5:30/7:30 PM
Monday, February 12	Lawson State	Decatur	5:30/7:30 PM
Thursday, February 15	Wallace State	Phenix City, AL	TBA (W)
Monday, February 19	Chattahoochee Valley	Decatur	5:30/7:30 PM
Thursday, February 22	Coastal South	Decatur	5:30/7:30 PM
Monday, February 26	Bishop State	Decatur	5:30/7:30 PM

## Fall 2023 Volleyball Schedule

DATE	TEAM	LOCATION	TIME/SCORES
Thursday, August 10	Miles College (Scrimmage)	Fairfield	TBA
Sunday, August 13	Preseason Scrimmage	Wallace Hanceville	TBA
Tuesday, August 15	Preseason Scrimmage vs. Oakwood	Decatur	5:30
Monday, August 21	Gadsden State	Gadsden	5:00
Wednesday, August 23	Lawson State	Decatur	5:00
Friday, August 25 Saturday, August 26	Chattanooga State Tournament	Chattanooga, TN	TBA
Monday, August 28	Bevill State Snead State	Decatur	3:30 6:00
Wednesday, August 30	Itawamba CC Northeast MS	Fulton, MS Booneville, MS	1:00 6:00
Friday, September 1	Coastal South Chattanooga State	Decatur	12:00 4:00
Tuesday, September 5	Itawamba CC	Decatur	5:00
Friday, September 8 Saturday, September 9	Wallace State Tournament Alabama/Mississippi Crossover Battle	Hanceville	TBA
Tuesday, September 12	Gadsden State	Decatur	5:00
Thursday, September 14	Lawson State	Birmingham	5:00
Monday, September 18	Northeast Miss	Decatur	5:00
Friday September 22 Saturday, September 23	Wallace State Fall Bash	Hanceville	TBA
Thursday, September 28	Wallace Hanceville	Decatur	5:00
Wednesday, October 4	Enterprise	Decatur	1:00
Thursday, October 5	Southern Union	Wadley	5:30
Monday, October 9	Bevill State	Fayette	5:00
Saturday, October 14	Coastal East Coastal South	Brewton Bay Minette	1:00 6:00
Sunday, October 15	Bishop State	Mobile	12:00
Wednesday, October 18	Snead State	Boaz	6:00
Friday, October 20	Southern Union	Decatur	5:00
Sunday, October 22	Wallace State	Hanceville	12:00
October 27-28, 2023	Calhoun Tournament	Decatur	TBA
November 2-5, 2023	Region 22/ACCC Tournament	Mobile	TBA
November 16-18, 2023	National Tournament	Cedar Rapids, Iowa	TBA

#### ATHLETE SUMMER BOOKS AGREEMENT

STUDENT NAME			A#	
Address Line 1	:			
Address Line 2	(optional):			
City			State	ZIP
m de oi	nailed to me for Si epartment and th r by	ummer Semester. I unde nat I am responsible for I understand that	rstand that my books are turning in my books to th	or charge to have my books on loan from the Athletics e Athletics department on the books in person, I am letics department.
S	ignature			Date
		ATHLETIC V	WITHDRAWAL FORI	М
STUDENT NAM	1E			A#
SPORT			DATE OF WITHDR	AWAL
REASON FOR V	WITHDRAWAL _			
CLASS INFOR	MATION			
COURSE			INSTRU	CTOR
CURRENT GRA	DE	INSTRUCTOR SIGNATU	JRE	
COACH/ADVIS	OR APPROVAL			
	HDRAWAL? YES	NO	APPROVE WITHDRAW	AL2 VES NO
				SIGNATURE
** Withdrawal Poli advisor, AND the receives permission	icy: <b>Student-athlete</b> : • <b>team coach.</b> The c n to withdraw from tl	s are not permitted to withd coach/academic advisor reau	raw from a course without pe ires written verification/docun will be required to pay for the c	rmission from Ms. Gina Loosier, athletic academic entation from the instructor. If the student-athlete lass if he/she chooses to take the class at a later date.
STUDENT SIGN	NATURE			DATE

## **ACCC DRUG EDUCATION and TESTING POLICY, 2023-2024**

#### **INTRODUCTION**

#### **POLICY OVERVIEW**

The following Drug Education and Testing Policy (Policy) has been adopted by the Alabama Community College Conference (ACCC) Board of Members. The ACCC reserves the right to make changes to this Policy as needed, with the approval of the ACCC's Board of Members. This policy is intended as a minimum ACCC policy and each institution has the right to enhance it via a local College policy and procedure.

#### **PURPOSE AND MISSION**

The ACCC believes that random drug testing is appropriate to ensure that the overall purpose and mission of this Policy are accomplished. The overall mission of this Policy is to promote year-round banned substance free environment in the ACCC. With this mission in mind, the following goals have been established. The ACCC desires to:

- 1. Protect the health, safety, and welfare of our studentathletes;
- Identify student-athletes who may have concerns and/or concerning behavior surrounding the use, abuse, and/or misuse of alcohol, illicit substances, prescribed medications, and nutritional supplements;
- 3. Uphold the responsibility of the ACCC member colleges to provide educational programming that will not only inform the student-athletes about issues surrounding the use, abuse, and/or misuse of alcohol, illicit substances, prescribed medication, and nutritional supplements, but also support a positive decision-making process.
- Promote fair competition in competitive athletics by ensuring and encouraging compliance with applicable rules and regulations regarding drug abuse.

In an effort to ensure the health, welfare, and safety of the student-athlete, the intent of this Policy is to prevent substance abuse and dependence by student-athletes through the following objectives: prevention and education, testing to provide a timely diagnosis, and professional guidance, treatment, and rehabilitation.

#### PREVENTION AND EDUCATION

Participants who are educated about substance use in sport are more likely to make informed and intelligent decisions about usage. As part of the education component of this Policy, each ACCC member college will:

- 1. Provide an annual explanation of this Policy to student-athletes, prospective student-athletes, and those associated with athletic teams;
- Disseminate information regarding alcohol and other drugs, their use and abuse, and effects of such use and abuse to all student-athletes and those associated with athletic teams;
- 3. Utilize health education programs to educate studentathletes who are cited for an alcohol incident or who test positive for drugs;
- 4. Conduct a drug and alcohol education program for student-athletes at least twice a year; and
- 5. Provide student-athletes and potential student-athletes with resources that will enhance their education on drug and alcohol use and abuse, such as:
  - a.NCAA website -www.ncaa.org/health-safety;
  - b.Dietary Supplement Resource Exchange Center website www.drugfreesport.com

These educational programs will be designed to:

- 1. Review athletic department, institutional, conference and national governing body policies related to alcohol, tobacco and other drugs;
- Inform those associated with intercollegiate athletics how to recognize the warning signs and side effects of specific drugs;
- Educate the student-athlete and other appropriate personnel about the associated problems of drug and alcohol abuse, and how such use may adversely affect the student-athlete and his/her team and teammates;
- Encourage discussion about the use of drugs, dietary supplements, performance enhancing drugs and consumption of alcohol;
- 5. Identify rehabilitation programs as well as referral centers; and
- 6. Distribute educational materials to participants, including a list of banned substances and how drug usage may affect athletic performance.

Failure by a student-athlete to attend these educational sessions shall be considered a decision not to comply with this Policy and will result in the immediate suspension from all Athletic Department activities, conditioning, practices, and competitions.

### TESTING TO PROVIDE A TIMELY DIAGNOSIS

#### **CONSENT TO PARTICIPATE**

As a condition of participation in intercollegiate athletics in the ACCC, each student-athlete will be required to sign a consent form agreeing to undergo drug testing and authorizing release of the test results to the Athletic Director, Head Coach, College President, and ACCC Commissioner in accordance with this Policy. Failure to consent to or, in the case of consenting student-athlete, to comply with all requirements of this Policy will result in the athlete being ineligible for participation in sport.

Student-athletes that are under the age of majority in Alabama (18) will be required to have parental or guardian consent to participate in this Policy. Failure of the parent to sign the consent form will result in the student-athlete being ruled ineligible for participation in sport.

#### PROHIBITED DRUGS/SUBSTANCES

The drug testing process may include analysis of, but not limited to, the NCAA list of banned drug classes. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example on the NCAA list of banned-drug classes. For an ongoing updated list of the banned-drug list view the NCAA's website at **www.ncaa.org**.

Prohibited substances that ACCC schools will screen any sport for include, but are not limited to, marijuana, PCP, opiates, MDMA (Ecstasy), amphetamines, and cocaine. All student-athletes are required to keep their respective athletic director aware of any prescribed drugs and dietary supplements that he or she may be taking.

#### TYPES OF DRUG TESTING PROCEDURES

The ACCC Drug Education and Testing Policy testing component shall consist of two (2) types of drug testing. Any attempt to circumvent or tamper with drug testing collection process will result in the test being considered a positive test.

#### 1. UNANNOUNCED RANDOM TESTING

All student-athletes who have signed the ACCC drug testing consent form (Appendix A) are subject to unannounced random testing. Testing of the student-athlete will be conducted throughout the year at unannounced random intervals, utilizing an on-site testing device. Individuals conducting drug testing must be certified by a licensed drug testing distributor or lab.

Random individual and/or random team testing will be done at least twice a semester (fall and spring). FOR 2023-24 - Fall (first test deadline of September 29; second test deadline November 30) - Spring (first test deadline February 29; second test deadline April 19) NOTE: The Second test may not occur before the first deadline date. Each college will test at least ten percent of its total student-athletes at each random testing, and this testing can be conducted outside of the student-athlete's particular competitive season. For random testing, all student-athletes will be included in a pool of names from which they may be selected by a computerized method of random selection. This selection shall be done by each institution by utilizing random number selection. Each institution shall be responsible for maintaining an updated listing of student-athletes to provide an accurate random selection pool.

The unannounced random drug testing will be conducted on a zero to 24 hour notification basis, meaning that the student-athlete may be provided with zero to no more than 24 hours' notice of pending drug screen. Once notified, they are required to report for drug testing at the assigned time and place. Failure to report at the assigned time and follow appropriate procedures will result in the sanctions outlined below for a positive test.

#### 2. FOLLOW-UP TESTING

A student-athlete who has returned to participation in intercollegiate sports following a confirmed positive drug test under this policy will be subject to a follow-up test. Any and all costs associated with the assessment and any subsequent treatment or counseling resulting from a positive screen will be the responsibility of the student-athlete. Testing will be unannounced and will be required at a frequency determined by the Athletic Director or his/her designee.

#### NOTIFICATION AND REPORTING FOR COLLECTIONS

The student-athlete will be notified of and scheduled for testing by the delete Athletic Director. Failure to report at the designated time without justification and/or failure to

follow appropriate procedures will result in the sanctions outlined below for a positive test. Student-athletes shall provide picture identification when entering the drug testing station.

#### **SPECIMEN COLLECTION PROCEDURES**

All specimens will be collected following the ACCC's Specimen Collection Procedures, which can be found in Appendix B. Any attempt to circumvent or tamper with the drug testing collection process will result in the test being considered a positive test. The student-athlete that tries to circumvent or tamper with the drug testing collection process will still be required to provide a sample within their three hour time frame. An athlete that leaves the testing room without providing a testable sample will automatically receive a positive test result.

#### **REPORTING RESULTS**

All results will be made available to the Athletic Director. The Athletic Director will then notify the Head Coach. The student-athlete may present evidence of any mitigating circumstances that he/she feels may be important to the outcome of the drug test before the imposition of any intervention or required treatment or counseling program consistent with the appeals process described within the document. If the laboratory reports a specimen as substituted, manipulated or adulterated, the studentathlete will be deemed to have refused to submit to testing and treated as if the test were positive for a banned substance. Any confirmed positive drug test results are to be communicated by the Athletic Director within 24 hours to the College President and ACCC Commissioner. Individual records shall not be released to any other person, other than the student-athlete, without first obtaining a specific written authorization from the student-athlete (Appendix A)

#### MEDICAL REVIEW OF POSITIVE TEST RESULTS

All specimens identified as positive on the initial test shall be confirmed by the testing laboratory. A Medical Review Officer (MRO), who shall be a licensed physician with knowledge of substance abuse disorders, shall review and interpret positive test results obtained from the testing laboratory. The MRO shall:

- Examine alternate medical explanations for any positive test results. This action may include conducting a medical interview and review of the student-athlete's medical history, or review of any other relevant biomedical factors.
- 2. Review all medical records made available by the tested

student-athlete when a confirmed positive test could have resulted from legally prescribed medication. Before making a final decision on the results of the confirmed positive test, the MRO shall give the student-athlete an opportunity to discuss the result. The MRO will contact the student-athlete directly to discuss the results of the test or if unsuccessful in contacting the student-athlete directly, the MRO shall contact the designated representative who shall have the student-athlete contact the MRO as soon as possible.

#### **SANCTIONS**

A student-athlete who is found to have used of a prohibited substance will be sanctioned according to this Policy.

Member colleges may have rules and sanctions that are more stringent than those outlined in this Policy.

These rules, when applied, shall be recognized and supported. However, at no time, shall a team policy, rule, or sanction minimize the requirements and sanctions of this Policy.

#### **FIRST OFFENSE**

- 1. The Athletic Director will report the confirmed positive drug test finding(s) to the ACCC Commissioner and College President.
- 2. The Athletic Director orhis/her designee will schedule a confidential meeting with the student-athlete and the head coach.
- 3. The Athletic Director or his/her designee may notify the student-athlete's parent(s) or legal guardian(s) by telephone and in writing.
- 4. The student-athlete will be suspended from 25% of all regularly scheduled games and/or dates during the current regular and/or postseason season or the subsequent regular season if a confirmed positive test occurs during the off-season. If the confirmed positive test occurs at such a time that the suspension is not completed by the end of the season in which the test occurred, the suspension from competition will be carried over to the regular season of the next academic year.
- 5. While serving his/her suspension, the studentathlete will not be allowed to participate in practices and team workouts.
- 6. The student-athlete will be required to attend an alcohol/drug assessment course scheduled by the Athletic Director or his/her designee. This course will be scheduled for the student-athlete once a positive test is confirmed. This class will be at the expense of

the student-athlete. This course must be completed before student-athlete will be allowed to return to competition.

- 7. A student-athlete must receive a negative follow-up drug test before he/she will be permitted to return to participation in the athletic program. A student-athlete is financially responsible for this follow-up test.
- 8. Student-athletes who are suspended for a confirmed positive drug test and successfully complete a substance abuse program will be required to submit to follow-up drug testing for the duration of his/her time while in the athletic program.

#### **SECOND OFFENSE**

- 1. The Athletic Director or his/her designee will report the confirmed positive drug test finding(s) to the ACCC Commissioner and College President.
- The Athletic Director or his/her designee will schedule a confidential meeting with the student-athlete and head coach to review the confirmed positive drug test results.
- 3. The Athletic Director or his/her designee will notify the student-athlete's parent(s) or legal guardian(s) by telephone and in writing.
- 4. The student-athlete will be immediately dismissed from their respective athletic team and will forfeit their athletic scholarship.

### PROHIBITION FROM ENROLLING AT OTHER MEMBER COLLEGE

Students who are permanently suspended from an ACCC member college for failing to comply with this Policy will be prohibited from competing at any other ACCC member college until such student is in compliance with the drug policy.

#### **MEDICAL EXCEPTIONS**

The ACCC recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the ACCC allows exception to be made for those student-athletes with a documented medical history demonstrating the need for regular use of such a drug. In order to be considered for a medical exception, the student-athlete must present this request to the Athletic Director prior to or at the time of any drug tests.

#### **APPEAL PROCESS**

Student-athletes who test positive for a banned substance by the laboratory retained by the college may, within 72 hours following receipt of notice of the laboratory finding, contest the findings. The student-athlete must write (letter, email, etc.) his/her contest with the initial test.

Upon the student-athlete's request for additional testing of the sample, the Athletic Director or his/her designee will formally request the laboratory retained by the college to perform testing on specimen B. The student-athlete may choose to be present at the opening of specimen B at the laboratory. If the student-athlete does not wish to be present at the opening of specimen B, but desires to be represented, arrangements will be made for a surrogate to attend the opening of specimen B. The surrogate will not be involved with any other aspect of the analysis of the specimen. The student-athlete or his/her surrogate will attest to the sample number and the integrity of the security seal prior to the laboratory opening of specimen B. Specimen B findings will be final, and no further appeals may be made.

#### **ALCOHOL POLICY**

Student-athletes are required to conduct themselves in accordance with member policies, in addition to federal, state and local laws. To the latter, possession or consumption of alcoholic beverages by individuals under the age of 21 is a violation of state liquor laws (Minor in Possession/MIP). As such, the ACCC views the use of alcohol to be incompatible with the goal of athletic excellence. A student-athlete who is caught on or off campus with any type of alcohol violation (i.e., MIP, DUI/OWI, supplying a minor) will be suspended for 10% of the regular and/or postseason schedule.

### ENFORCEMENT OF ACCC DRUG EDUCATION AND TESTING POLICY

The following protocol will be utilized to ensure institutions comply with the ACCC Drug Education and Testing Policy:

### NOTIFICATION OF CONFIRMED POSITIVE DRUG TEST RESULTS

The ACCC must be notified of all confirmed positive drug test results within 24 hours of member institutions being notified of such results. Colleges failing to notify the ACCCof confirmed positive drug tests will be fined \$500 on the first occurrence, and will be ruled ineligible for postseason play in all sports on the second occurrence.

First Occurrence - \$750 Second Occurrence - \$1,500 Third Occurrence - \$3,000 Fourth Occurrence - \$4,500

#### **ENFORCEMENT BY ACCC OFFICIALS**

Upon receiving drug test results from each REQUIRED test period, ALL member colleges are REQUIRED to forward ALL results, including names, to the ACCC Commissioner, within two business days of receiving. Member colleges will be deemed in non-compliance if:

- 1. Drug test results are not submitted within the 48hour timeframe; or
- 2. After review of materials submitted, teams are found to not be in compliance with the ACCC's Drug Education and Testing Policy.

#### **SANCTION FOR NON-COMPLIANCE**

Schools not in compliance with the ACCC's Drug Education and Testing Policy will be fined on the first occurrence and will be ruled ineligible for postseason play in all sports on the second occurrence.

First Occurrence - \$750 Second Occurrence - \$1,500 Third Occurrence - \$3,000 Fourth Occurrence - \$4,500

Note: If fines are not paid in full prior to postseason competition, member colleges will not be allowed to participate in postseason tournaments.



#### NAME, IMAGE, AND LIKENESS

Student-athletes may earn compensation for the use of their Name, Image and Likeness (NIL) if the compensation is provided by a third party unaffiliated with the student-athlete's member institution and may not lose their athletic eligibility provided they follow the guidelines of the National Junior College Athletic Association (NJCAA), Alabama Community College Conference (Conference), Alabama Community College System (ACCS), and/or State of Alabama policies and procedures.

Under NJCAA guidelines, the following acts shall not cause a student-athlete to lose their amateur status:

- Participating in radio or television programs for the purpose of promoting an amateur athletic event.
- Receiving compensation for supervision of physical education, playground, or recreational activities.
- Receiving compensation for use of NIL to promote any commercial product or enterprise, or public or media appearance so long as it does not conflict with the institutions existing partnerships, sponsorships, and agreements.
- A member institution allowing a student-athlete to receive compensation in compliance with their state law.

#### Alabama Community College Conference Guidelines

A Conference member shall prohibit a student-athlete from entering into an endorsement contract with, or otherwise receiving compensation from, any of the following categories of brands or companies:

- A tobacco company or brand, including any tobacco product, alternative nicotine product, electronic nicotine delivery system, or any electronic nicotine delivery system retailer, or any specialty retailer of electronic-nicotine delivery systems or tobacco specialty store.
- Any alcohol beverage company or brand.
- Any seller or dispensary of a controlled substance, including, but not limited to, marijuana.
- Any adult entertainment business.
- Any casino or entities that sponsor or promote gambling activities.

A Conference member may prohibit a student-athlete compensation contract if such contract does not appear to be based on fair market value in the reasonable and good faith judgment of the member institution or if in the reasonable and good faith judgment of the member institution such contract would negatively impact or reflect adversely on the Conference member or its athletic programs.

A Conference member may prohibit a student-athlete from wearing any item of clothing, shoes, or other gear with the insignia of any entity while wearing athletic gear or uniforms licensed by a Conference member or otherwise competing in any athletic competition or member sponsored event.

Student-athlete may not wear any school and/or team apparel for any NIL activity, including, but not limited to, commercials, social media platforms, photos, etc.

Compensation for a student-athletes NIL may not be conditioned on athletic performance or attendance at a particular Conference member.

Compensation for the use of a student-athletes NIL shall be provided only by a third party not owned or operating under the authority of the student-athlete's member institution.

A Conference member, an entity with the purpose of supporting or benefitting the member or its intercollegiate sports, boosters, or any officer, director, or employee of the institution or entity may not compensate or cause compensation to be directed to a student-athlete or the family of a student-athlete for use of their NIL.

Before any contract for compensation for the use of a student-athletes NIL is executed, and before any compensation is provided to the student-athlete in advance of a contract, the student-athlete shall disclose that contract to his or her member institution in a manner prescribed by the member institution. The institution shall review such contract to determine its compliance with this policy.

A contract for the use of a student-athletes NIL, which is formed while the student-athlete is participating in an intercollegiate sport at a Conference member, may not extend beyond the student-athlete's participation in the sport at the institution.

A student-athlete may not receive or enter into a contract for compensation for use of his or her NIL in a way that also uses any registered or licensed marks, logos, verbiage, or designs of a Conference member, unless the Member has provided the student-athlete with written permission to do so prior to the execution of the contract. If permission is granted, the Conference member, by agreement of all parties, may be compensated for the use in a manner consistent with market rates or prior practice.

A Conference member may not prevent or unreasonably restrict a student-athlete from obtaining professional representation for the purpose of securing compensation for the use of the student-athletes NIL.

An individual representing a student-athlete for purposes of exploring or securing compensation for the student-athletes NIL shall be registered as an athlete agent with the state pursuant to Section 8-26B-4, Code of Alabama 1975, or shall be a licensed attorney and a member in good standing of the Alabama State Bar.

A student-athlete participating in intercollegiate sports at a Conference member shall provide the institution with written notice at least seven days prior to entering into a representation agreement with any individual for purposes of exploring or securing compensation for use of the student-athletes NIL.

A student-athlete's failure to disclose in advance any contract for compensation for the use of the student-athletes NIL, failure to disclose in advance any representation agreement with any individual for purposes of exploring or securing compensation for use of the student-athletes NIL, or a student-athlete entering into a contract for compensation for the use of their NIL after being advised by the student-athlete's member institution that the proposed contract for compensation was not in compliance with this policy, shall be grounds for the revocation of the student-athlete's privilege of participating in the Conference member's athletic programs.

### ■ PREPARTICIPATION PHYSICAL EVALUATION

### PHYSICAL EXAMINATION FORM

PHYSICIAN REMINDERS

Consider additional questions on more sensitive issues			
<ul> <li>Do you feel stressed out or under a let of pressure?</li> <li>Do you ever feel sad, hopeless, depressed, or anxious?</li> </ul>			
Do you feel safe at your home or residence?			
<ul> <li>Have you over tried algarettes, chevring tehacco, smulf, or dip?</li> </ul>			
<ul> <li>During the past 30 days, did you use chevring tobacco, snull, or dip?</li> </ul>			
<ul> <li>Do you drink alcohol or use any other drugs?</li> <li>Have you over taken anabolic steroids or used any other performance supplement.</li> </ul>	2		
<ul> <li>Have you ever taken any supplements to help you halp or lose weight or improve y</li> </ul>	your performance?		
<ul> <li>Do you wear a seat belt, use a helmet, and use condems?</li> </ul>			
2. Consider reviewing questions on cardiovascular symptoms (questions 5–14).			
EXAMINATION			
Helght Weight	☐ Male ☐ Female		
BP / ( / ) Pulso	Vision R 20/	L 20/ C	orrected DY DN
MEDICAL	HORMAL		MAL FINDINGS
Volcaranco			
<ul> <li>Marian stigmata (kyphoscoliosis, high-arched palate, pectus excavalum, arachnoda</li> </ul>	ictyly,	}	
erm span > helpht, hypertaxity, myopia, MVP, nortic insulficiency)			
Eyas/ears/nose/throat	į .		
Pupils equal			
• Hearing	<del></del>		
Lymph nodes Hosti*	<del></del>		
Murmurs (auscullation standing, supine, +/- Valsalva)			
Location of point of maximal impulse (PMI)			
Pulses			
Simultaneous femoral and radial pulses			
Lungs			
Abdomen			
Genilourinary (males only)*			
Skin		ł	
HSV, lesions suggestive of MRSA, linea corporis			
Heurologic*			
MUSCULOSKELETAL			
Heck Dack			
Shoulder/arm			
Elpow/foream			
Wisthand/lingors			
Wisbigh   Washington			•
Kneo			
Leg/ankle			
FooVloss			
Functional			
Duck-walk, single leg hop			
Consider ECG, echocardiogram, and referral to cardiology for abnormal cardiar history or exam. Consider GU exam if In private setting. Having third party present is recommended.			
Consider cognitivo evaluation or baseline neuropsychiatric testing if a history of eignificant concussion	n.		
Cleared for all sports without restriction			
•	on as treatment for		
$f\square$ Cleared for all sports without restriction with recommendations for further ovaluation	at or nearment for		
🗆 Hot cleared			
□ Pending further ovaluation			
☐ For any sports			
☐ For certain sports			
Reason			
Recommendations			
I have examined the above-named student and completed the preperticipation pl participate in the sport(s) as outlined above. A copy of the physical exam is on re- tions arise after the athlete has been cleared for participation, the physician may explained to the athlete (and parents/guardians).	s ed ans isne esilia van el brest	nado available in the acheel at th	n rantesi ol tho natenis. Il condi-
the seaf about the facilities			Dato
Yame of physician (prinViypo)			
Address			Phone
Signature of physician			, MD or D0
•			
© 2010 American Avademy of Family Physicians, American Academy of Padiatrics, American Avademy	vrican College of Sports Medicin	o, Anierican Medical Society for Spe	rts Medicine, American Orthopoed

Date of birth \_\_

# PREPARTICIPATION PHYSICAL EVALUATION CLEARANCE FORM

☐ Cleared for all sports without restriction		
the present in the shorts attribute restriction		
☐ Cleared for all sports willhout restriction with recommendations for f	urthor ovaluation or treatment for	
🗖 Not cleared		
☐ Pending further evaluation		
☐ For any sports		
☐ For certain sports		
Reason		
Recommendations		
		<u> </u>
		<u> </u>
	-	
and can be made available to the school at the request of t the physician may rescind the clearance until the problem (and parents/guardians).	is resolved and the potential consequen	ces are completely explained to the athlete
Namo of physician (print/type)		Date
Address		Phone
Address		Phone
AddressSignature of physician		Phone
AddressSignalure of physicianSIGNATION		Phone, MD or Do
AddressSignalure of physicianSIGNATION		Phone, MD or Do
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AddressSignature of physician  EMERGENCY INFORMATION  Allergies		Phone, MD or Do
Address		Phone, MD or Do
AddressSignature of physician  EMERGENCY INFORMATION  Altergies		Phone, MD or Do
Address		Phone, MD or DC
Allergies		Phone, MD or Do

### **B PREPARTICIPATION PHYSICAL EVALUATION**

### **HISTORY FORM**

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep this form in the chart.)

					Date of birth		
Sex	Age	Grade Sch	ool		Sport(s)		
					edicines and supplements (herbal and nutritional) that you are currently		
☐ Med	licines	☐ Yes ☐ No If yes, please ide ☐ Pollens			ergy below. □ Food □ Stinging insects		
Explain "	Yes" answers bolov	w. Circle questions you don't know the ar	swors t	0.			
OEHERA	l questions		Yes	No	MEDICAL QUESTIONS	Yes	No
	a doctor ever denled o reason?	r restricted your participation in sports for			26. Do you cough, wheeze, or have difficulty breathing during or after exercise?		
		medical conditions? If so, please Identify Anemia 🔲 Diabetes 🔲 Infections			Have you ever used an inhaler or taken asilima medicine?      Is there anyone in your family who has asilima?		
Olhe	r: you ever spent the ni				29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spiecn, or any other organ?		
	you ever had surgery		<del> </del>		30. Do you have groin pain or a painful bulge or hemia in the groin area?		
		ABOUT YOU	Yes	No	31. Have you had infectious mononucleosis (mone) within the fast month?	<u> </u>	
		or noarly passed out DUNING or			32. Do you have any rashes, pressure sores, or other skin problems?	Ì	
AFTE	A exercise?				33. Have you had a horpes or MRSA skin infection?		
6. Hava ches	r you ever had discom It during exercise?	fort, pain, tightness, or pressure in your			34. Have you ever had a head injury or concussion?		ļ
		or skip beats (irregular boats) during exercise?			35. Have you over had a hit or blow to the head that caused confusion, prelonged headache, or memory problems?		
	a doctor ever teld you k all that soply:	that you have any heart problems? If so,			36. Do you have a history of solzure disorder?		ļ
	High blood pressure	☐ A heart murmur			37. Do you have headaches with exercise?	<u> </u>	<u> </u>
	High cholesterol Kewasaki disease	Other:		1	3B. Havo you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?		
9, Has		a test for your heart? (For example, ECG/EKG,	<u> </u>		39. Have you ever been unable to move your arms or legs after being hit or falling?		
		feel more short of breath than expected	┼──	-	40. Have you ever become iff white exercising in the heat?		
	ng exercise?				41. Do you get frequent muscle cramps when exercising?		<u> </u>
	e you ever had an une		<u> </u>	<u>. </u>	42. Do you or someone in your family have sickle cell trait or disease?	<u> </u>	ļ
		hort of breath more quickly than your friends			43. Have you had any problems with your eyes or vision?		<del>                                     </del>
	ng exercise?	ABOUT YOUR FAMILY	Yes	No	44. Have you had any eye Injuries?		-
		relative died of heart problems or had an	1	<del>  "-</del>	45. Do you wear glasses or contact lenses?	<del> </del>	-
tinex	xpected or unexplaine	d sudden death before age 50 (including	1		46. Do you wear protective eyowear, such as goggles or a face shield?  47. Do you worry about your weight?	<del> </del>	┪
14, Doe:	s anyono in your famil	r accident, or sudden infant death syndrome)? ly have hypertrophic cardlomyopathy, Marfan	<del> </del>	<u> </u>	48. Are you trying to or has anyone recommended that you gain or	<del> </del>	1
Sync	Jrome, aπhythmogeni Jrome, rhart OT eigide	c right ventricular cardiomyopalhy, long QT omo, Brugada syndrome, or catecholaminergic			iose weight?  49. Are you on a special diet or do you avoid certain types of foods?		╁
	morphic ventricular te				50. Have you ever had an ealing disorder?		
		ly have a heart problem, pacemaker, or			51. Do you have any concerns that you would like to discuss with a doctor?		1
	lanted delibrillator?	thad unexplained fainting, unexplained	+-	-	FEMALES ONLY		1
l cotro	urae as naps denumbri	n9	1		52. Have you ever had a menstrual period?		
DONE A	ND JOINT QUESTION	18 · · · · · · · · · · · · · · · · · · ·	Yos	No	53. How old were you when you had your first menstrual period?		
	o you over had an inju caused you to miss a	ry to a bong, muscle, ligament, or tendon practice or a game?			54. How many periods have you had in the last 12 months?  Explain "yes" answers here	.l	
18. Hav	e you ever had any br	oken or fractured bones or dislocated Joints?			- Evitam les austrois dels		
19. Hav	o you over had an inju ctions, therapy, a brec	ry that required x-rays, MRI, CT scan, e, a cast, or crutches?					
1	o you over had a stres						
21. Hav	e you ever been told t ability or allenteaxial f	hat you have or have you had an x-ray for necl- instability? (Down syndrome or dwarfism)					
		aco, ortholics, or other assistive device?	1	1			
23. Do	you have a bone, mus	cle, or joint injury that bothers you?					
		omo painful, swellen, feel warm, or look red?		ļ <u>.</u>			
		of Juvenilo arthritis or connective tissuo disease					
	-	bost of my knowledge, my answers to					
Signature	of athleto	Signature	of parent	/guardian ,	Oate		
A2011	la umatana Aratamu	Camilly Obvoletone American Anadomy of Bailin	Wee Am	osiena Ca	ollega of Sourts Medicina, American Medical Socialy for Sourts Medicina, American	Odbas	podie

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# Calhoun Community College Activity General Release, Indemnity and Waiver of Liability

In consideration of Calhoun Community College allowing me (or my child or ward) to engage in all activities related to the event referenced below, the Undersigned, for himself/herself and his/her personal representatives, assigns, heirs and next of kin, or any of them or for and on behalf of themselves and their child or ward:

- 1. Hereby releases, waives, discharges, and indemnifies Calhoun Community College, the Alabama Community College System, the Board of Trustees of the Alabama Community College System, and their respective members, officers, employees, volunteers, and agents (hereafter, "Releasees") from and against all liability to the Undersigned, his/her personal representatives, assigns, heirs, and next of kin for all losses or damage of any kind or nature and any claim or demand therefore on account of injury to the person or injury resulting in death of the Undersigned or property damage, whether caused by the negligence of Releasees or otherwise while the Undersigned (or their child or ward) is being transported to and from or while participating in the below described event/activity.
- 2. Hereby covenants not to sue and agrees to save and hold harmless the Releasees and each of them from any and all losses, liabilities, damages, costs, actions, claims, or demands of any kind and nature whatsoever which may arise out of or relate to, directly or indirectly, the Undersigned's (or their child or ward's) participation in the below described event/activity, including but not limited to, while a passenger in, embarking or debarking any vehicle, bus, airplane, or other mode of transportation whether caused by the Releasees or otherwise.

Event/Activity:	Date:	
Location:		
Emergency Contact:	Phone:	
Relationship:		
Medications you are currently taking and Allergies		
, , , , ,	(Optional)	

The Undersigned is fully aware of the risks and hazards associated with this event/activity and hereby voluntarily elects to participate in said event with the knowledge of the danger involved. The Undersigned hereby voluntarily assumes all risk of loss, damage, injury, or death that may be sustained by the Undersigned (or their child or ward) while participating in the event/activity and while being transported to and from the event/activity.

Should the Undersigned (or their child or ward) be injured while engaging in the above described event/activity or while traveling to and from the same and the Undersigned is not capable of communicating with medical providers, the Undersigned hereby grants permission to any medical provider to render any necessary treatment to them. The Undersigned hereby agrees to be responsible for the payment for all expenses related to such medical treatment.

(CONTINUED ON NEXT PAGE)

#### ATHLETIC HANDBOOK 2023-2024

The Undersigned expressly agrees that the foregoing Waiver, Indemnity, Hold Harmless and Release Agreement is intended to be as broad and inclusive as is permitted by the law of the State of Alabama and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

THE UNDERSIGNED HAS CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTANDS ITS CONTENTS. THE UNDERSIGNED IS AWARE THAT THIS IS A RELEASE OF LIABILITY AGAINST THE RELEASEES AND SIGNS IT OF HIS/HER OWN FREE WILL.

Date:	
	Signature of Participant or Parent or Legal Guardian if Participant is a minor.
	Printed Name of Participant/ Parent or Legal Guardian
Date:	Signature of Witness
	Printed Name of Witness

"The more I work and practice, the luckier I seem to get."

— Gary Player
Golfer

"The only way to do great work is to love what you do."

— **Steve Jobs**American business magnate

"There are three things we can't have. We can't have complacency. We can't have self ishness. We can't lose our accountability."

— Nick Saban Football Coach

"If you want to develop **loyalty**, the first thing you do is demonstrate."

— Pat Summitt

Basketball Coach

"Failure doesn't mean the game is over, it means try again with experience."

— Len Schlesinger Harvard Business School

### STUDENT-ATHLETE CONSENT

**NOTICE:** AFTER READING THE 2023-2024 ATHLETIC HANDBOOK, PLEASE SIGN THIS FORM AND RETURN IT TO THE ATHLETIC OFFICE BY **FRIDAY**, **SEPTEMBER 1**, **2023**.

## YOU CANNOT PARTICIPATE IN ANY GAMES UNTIL THIS FORM IS ON FILE.

I have carefully read and fully understand the information printed in the 2023-2024 Athletic Handbook and agree to abide by all the guidelines presented by the Calhoun Community College Athletic Department. I understand if I am not involved on a sports team, I will return all equipment and attire assigned to me within one (1) week.

I agree and consent for my Coach/Athletic Director/Athletic Academic Advisor to distribute unofficial copies of my transcripts to 4-year colleges and university athletic personnel by request. I understand and agree for my Coach/Athletic Director/Athletic Academic Advisor to discuss my academic progress with my parents/guardian. I further agree that Calhoun Community College may release pertinent athletic information to the media.

# ALABAMA COMMUNITY COLLEGE CONFERENCE CONSENT TO DRUG TESTING & ACKNOWLEDGEMENT OF STUDENT-ATHLETE DRUG TESTING POLICY

I certify that I have received a copy of the Alabama Community College Conference Drug Education and Testing Policy for student-athletes, and I have read and understand the requirements of the policy and guidelines in order to participate in intercollegiate athletics, including parental notification requirements.

I understand that to participate in intercollegiate athletics (including athletic managers), I will be required to submit to mandatory drug testing. I agree to submit to specimen collections for purposes of analysis for drug use. I further agree and consent to the disclosure of the records and test results relating to this analysis to be released to the ACCC Commissioner, the College's Athletic Director, Head Coach, and college President in order that my eligibility to participate in the athletic program can be determined.

My signature below further authorizes my institution to notify my parents and/or guardians of the results of my drug test, any sanctions that may or may not be placed on me in relation to the Drug Education and Testing Policy, or other issues relating to the Drug Education and Testing Policy.

DATE: STUDENT-ATHLETE S	STUDENT-ATHLETE SIGNATURE:			
WITNESSED: Coach/Athletic Director	STUDENT/ATHLETE'S PRINTED NAME			
	PARENT/LEGAL GUARDIAN SIGNATURE (if under 18 years of age)			

### CALHOUN COMMUNITY COLLEGE

NOTES

### ATHLETIC HANDBOOK 2023-2024



calhoun.edu/athletics